

# The Confessor's Tongue for May 1, A. D. 2022

Palm Thomas Sunday, Anti-Pacha

In honor of St. Maximus the Confessor, whose tongue and right hand were cut off in an attempt by compromising authorities to silence his uncompromising confession of Christ's full humanity & divinity.

## Thomas Sunday and Antipascha

This Sunday commemorates the appearance of the Lord to the Apostles after His resurrection and the touching of His wounds by the Apostle Thomas. The circumstances of these events are sung in all the stikhera and troparia of the canon on Apostle Thomas Sunday and in the stikhera of the other days of this week. The appearance of the risen Lord to the Apostle Thomas and all the eleven is selected for the first Sunday after the Paschal Sunday because the circumstances of this appearance serve as the indisputable proof of the resurrection of the Lord from the tomb, "as from the chamber, with His immaculate flesh". It assures not only believers and the amazed of the joy of all the followers of the Lord, but even the infidel pagans and the enemies of Christ the Savior - the Judeans. It assures that by the power of His Divinity Jesus Christ is risen again from the tomb, that after the resurrection He did not have an imaginary or illusory flesh in which form the bodiless spirits or inhabitants of heaven are vested when they sometimes appear to us or to the holy brethren, but the real immaculate flesh which He has assumed from the womb of the All-holy Theotokos, with which He was nailed to the cross and on which there remained wounds even after the resurrection.

The eighth day after Pascha as the ending of the celebration of Bright Week was a special celebration since ancient times, as if it replaced the very same Day of Pascha and was called Antipascha, which means 'instead of Pascha.' From this day the cycle of Sundays and weeks of the entire year begins. On this day the commemoration of the resurrection of Christ is updated for the first time. This Sunday of the Antipascha was called the New Sunday, i.e. the first day of renewal or simply renewal. The more proper name is the real day, the eighth day after Pascha, that on this eighth day the Lord Himself willed the renewal of the joy of His resurrection with a new appearance to the Holy Apostles.

St. Gregory the Theologian says in his Homily on this Sunday, "With the ancient and good purpose, it is to honor the day of renewal as established law, or better to say, to honor the new benefactions with the day of renewal. But was not the day of renewal also the first Resurrection Day, followed by the blessed and radiant night? Why you give this name to the present day? That was the day of salvation, but this day is the commemoration of salvation. That day differentiates the burial and the resurrection in itself, but this day is purely of the new birth. It is the first day among those following it and eighth among those coming before it".

Commemorating this day of "renewal" the Holy Church inspires in us the necessity for our beneficial spiritual renewal. "The real renewal", the same Holy

Father teaches, "we now celebrate, is the going from death to life. And so we put off ourselves the old man and renewed ourselves; that we too might walk in newness of life (Rom. 6:4)". "The old has passed away, behold, the new has come" (2 Cor. 5:17).

## On the Artos

The blessing of the Artos is one of the special paschal rites, "in honor and glory and memory of the glorious resurrection" of our Lord Jesus Christ. The Artos is understood to be a Prosphora with an image on it of the cross crowned with thorns or with the image of the resurrection of Christ as signs of victory of Christ over death. The word "Artos" is Greek; translated, it means "bread"—leavened bread.

The historical origin of the Artos is as follows: the Apostles, who were accustomed to partake a meal together with the resurrected Lord (Acts 10:41), after His ascension to heaven, remembering His covenantal words: "I am with you always" (Mt. 28:20), felt the invisible presence of the Lord through living faith in their assemblies, but could not see Him with carnal eyes. The natural expression of this burning faith of the disciples to their Teacher and their desire to have a constant reminder of His abiding with them, was that at a meal they left an unoccupied place for Jesus Christ to recline with them, but placed on the table before that place some bread as if for Him, and each time after the end of the meal, lifting up thanksgiving to God, lifted this bread, saying: "Christ is Risen.

When the disciples of Jesus Christ went away to various countries for the proclamation of the Gospel, they whenever possible tried to observe this custom: each of the Holy Apostles in whatever country founded a new society of followers of Christ and when beginning a meal left a place and a fragment of bread in honor of the Savior, and after the end of the meal together with them glorified the risen Lord, raising up the fragment of bread placed in memory of Him.

What is accepted by the first students of the Gospel from the lips of the Apostles and was done by them daily, that is what the fathers of the Church of the following centuries have applied to the feast of the Resurrection of Christ in order to keep forever the apostolic tradition in the Church. In this way this custom was really kept in the Church and through a number of centuries reached our time. As the Apostles during their assemblies have placed the particle of bread in the place appointed for the Savior reminded them of the risen Christ, so, intentionally the Holy Church even at the present time places an Artos on Holy Pascha in the temple in full view of the faithful to serve as their same reminder of the invisible presence of the risen Lord with us. Thus, preparing the Artos, the Holy Church imitates the

Apostles and by these blessed loaves remembers the appearances of the risen Lord to the Apostles.

At the same time the Artos reminds us that Jesus Christ by His death on the cross also has become for us the rising of the truly living bread. Such is the meaning of the Artos and is revealed in the prayer of its blessing (see below). Besides, in this prayer the priest, calling down the blessing of God on the blessed Artos, asks the Lord to heal any infirmity and illness and to grant healing to all who eat of the Artos. According to the Supplemental Book of Needs in monasteries the sanctification of the Artos is done on the first day of Holy Pascha and is done as follows: "The Artos, which is bread usually with a cross on it prepared for this, is brought to the priest in the sanctuary. After the Prayer before the Ambo and the ending of the Divine Liturgy, the Deacon says: "Let us pray to the Lord", and the clerics: "Lord, have mercy" and the priest reads this prayer over it:

"O All-powerful God and Almighty Lord, Who by Thy servant Moses during the Exodus of the Israelites from Egypt, and the liberation of Thy people from the bitter slavery of Pharaoh, didst command that a lamb be slain, prefiguring the Lamb, Thy beloved Son our Lord Jesus Christ, who voluntarily was slain on the cross for us, taking away the sins of the whole world, do Thou now also, we humbly pray Thee, look down upon this bread and bless and sanctify it. For we Thy servants, in honor and glory and in commemoration of the glorious Resurrection of Thy Son, our Lord Jesus Christ, by Whom we also have received remission, freedom and release from bondage of the eternal slavery of the enemy and from the indissoluble bonds of Hades, do now offer this before Thy Majesty on this bright, all-glorious and saving day of Pascha. Grant that we who offer this and kiss it and eat of it become partakers of Thy heavenly blessing, and by Thy power burn away from us every sickness and infirmity, granting health to all. For Thou art the source of blessings, and the Bestower of healing, and unto Thee we send up glory, to the Unoriginate Father, with Thine Only-begotten Son, and Thine All-holy, Good and Life-creating Spirit, now and ever, and unto ages of ages".  
Choir: "Amen".

"Immediately the priest sprinkles the Artos with Holy Water (of Theophany) saying: "This Artos is blessed and sanctified by the sprinkling of this Holy Water, in the name of the Father, and of the Son, and of the Holy Spirit, Amen", three times. And after this he goes out and places it on the Analogion, and the people, as they receive the Antidoron, kiss the Artos". On the day of Pascha and during all Bright Week the Artos with an image of the Resurrection of the Lord is placed on an Analogion purposely arranged either in the sanctuary or in the temple. In monasteries after the Liturgy there is a procession to the refectory with the icon of the Resurrection of Christ, with the Artos, with a lampada or two, with the ringing of all

bells simultaneously, and with the singing of "Christ is Risen!". After the meal there is a lifting up of the Artos. At the raising of the Artos, the cellarer says: "Christ is Risen!" once; and all respond: "Indeed, He is Risen". Then, having signed the Artos cross-wisely, he says: "Let us worship His three-day resurrection", and places the Artos on the Panagiaron (a special vessel). Then everyone kisses the Artos, singing the ninth ode of the canon of Pascha: "Shine, shine". After kissing the Artos sing the Hypakoe and the Kontakion of Pascha, then comes the Dismissal, and the Artos is then returned to the temple, according to the former order, and is placed in its proper place in the temple (for details see "The Order of the Blessing of the Artos on the day of Holy Pascha in the Ustav and the Pentecostarion). In parish churches during the cross processions done during Holy Pascha (see about them below), the Artos is carried around the temple. Both on the first day of Pascha and during all Bright Week the Artos with the image of the Resurrection of the Lord is placed on the Analogion in the temple.

The Artos is appointed to be blessed again at the end of the Bright Saturday Liturgy and then broken and distributed to the faithful. This blessing and distribution may be delayed until Thomas Sunday, which is our practice.

#### **From Fr. John (Krestiankin, +2006)**

*Fr. John was an elder at the Pskov Caves Monastery (Pechory) during Communism. You can read more about him in the book Everyday Saints. He will be canonized one day. Here is a selection of his counsel from his letters.*

You can and need to fulfill God's will in every matter, in any occupation, in any place. It is not a matter of what we do, but how we relate to our work, and what is most important to us. *p. 107*

Do not take offense at your mother. Taking offense is demonic; you should rather feel sorry for her that she does not understand something which is quite essential. *p. 40*

The main thing is to live for God, for His sake, and do everything to the glory of God. *P. 38*

Read a chapter of the Gospels and two of the Epistles every day, give your life over to the Lord without murmuring, and willingly bend your neck beneath your life's cross. May the Lord give you strength! *p. 37*

There are two paths to salvation: family life and monasticism. Look into your heart and ask it where it wants to serve God. May God give you wisdom! *p. 33*

#### **Upcoming Events 2022**

8 May: 7:00 p.m. Choir Concert Fundraiser at St. Sava, Allen.

30 May: Noon, Memorial Day Picnic

**GLORY BE TO GOD IN ALL THINGS!**