



# THE PSALTER

ST SERAPHIM ORTHODOX CATHEDRAL  
DALLAS, TEXAS

ORTHODOX CHURCH IN AMERICA



# THE PSALTER

## DRAFT

This book is still in development and contains draft material which may be incomplete and/or may contain errors. Some portions of the book are still to be completed, and some material incorporated into this draft may be removed to another book. Please do not distribute this draft further.

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N.B. The nine odes of the canon will be included in a future draft, along with the “kathisma prayers” typically found in Slavonic editions of the psalter (of which a sample has been included).



# ORDER OF THE PSALTER

*From the Sunday of St Thomas through 21 September, and from 20 December through 14 January, and during the two weeks preceding the Great Fast:*

	Matins	Vespers
Sunday	2, 3	—
Monday	4, 5	6
Tuesday	7, 8	9
Wednesday	10, 11	12
Thursday	13, 14	15
Friday	19, 20	18
Saturday	16, 17	1

*From 22 September through 19 December, and from 15 January through the Saturday before the Sunday of the Prodigal Son:*

	Matins	Vespers
Sunday	2, 3	—
Monday	4, 5, 6	18
Tuesday	7, 8, 9	18
Wednesday	10, 11, 12	18
Thursday	13, 14, 15	18
Friday	19, 20	18
Saturday	16, 17	1

*In the Holy and Great Fast (excepting the fifth week):*

	Matins	1st	3rd	6th	9th	Vespers
Sunday	2, 3 [17]	—	—	—	—	—
Monday	4, 5, 6	—	7	8	9	18
Tuesday	10, 11, 12	13	14	15	16	18
Wednesday	19, 20, 1	2	3	4	5	18
Thursday	6, 7, 8	9	10	11	12	18
Friday	13, 14, 15	—	19	20	—	18
Saturday	16, 17	—	—	—	—	1

*During the fifth week of the Fast:*

	Matins	1st	3rd	6th	9th	Vespers
Sunday	2, 3 [17]	—	—	—	—	—
Monday	4, 5, 6	—	7	8	9	10
Tuesday	11, 12, 13	14	15	16	18	19
Wednesday	20, 1, 2	3	4	5	6	7
Thursday	8	—	9	10	11	12
Friday	13, 14, 15	—	19	20	—	18
Saturday	16, 17	—	—	—	—	1

*When the Feast of the Annunciation falls on Thursday in the fifth week of the Fast, and the Great Canon is sung on Tuesday of that week:*

	Matins	1st	3rd	6th	9th	Vespers
Sunday	2, 3 [17]	—	—	—	—	—
Monday	4, 5, 6	7	8	9	10	11
Tuesday	12	—	13	14	15	16
Wednesday	19, 20, 1	2	3	4	5	—
Thursday	6, 7, 8	9	10	11	12	—
Friday	13, 14, 15	—	19	20	—	18
Saturday	16, 17	—	—	—	—	1

*During Holy Week:*

	Matins	1st	3rd	6th	9th	Vespers
Sunday	2, 3	—	—	—	—	—
Monday	4, 5, 6	—	7	8	—	18
Tuesday	9, 10, 11	—	12	13	—	18
Wednesday	14, 15, 16	—	19	20	—	18

*Note that the Psalter is not read from Holy Thursday until the Saturday of Bright Week, excepting Matins on Great Saturday, when the 17th Kathisma is read. At Midnight Office for weekdays, the 17th Kathisma is read, while the 9th Kathisma is read on Saturday. No kathisma is read for Midnight Office on Sunday.*



# LET IT BE UNDERSTOOD

## HOW THE PSALTER OUGHT TO BE SUNG BY ITSELF

*If there is a priest, he says:*

**B**LESSED is our God, always, now and ever, and unto ages of ages.

*But if not, we say with contrition:*

**T**HROUGH the prayers of our holy fathers, O Lord Jesus Christ our God, have mercy on us.

*And then:*

Glory to thee, our God, glory to thee.

**O** HEAVENLY King, Comforter, Spirit of Truth, who art everywhere present and fillest all things, Treasury of good things, and Giver of life, come and abide in us, and cleanse us from every stain, and save our souls, O Good One.

Holy God, Holy Mighty, Holy Immortal, have mercy on us.  
*(thrice)*

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

**A**LL-HOLY Trinity, have mercy on us. Lord, cleanse us from our sins. Master, pardon our transgressions. Holy One, look upon and heal our infirmities for thy name's sake.

Lord, have mercy. *(thrice)*

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

**O**UR Father, who art in heaven, hallowed be thy name. Thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from the evil one.

*The priest:* For thine is the kingdom....

*The reader:* Amen.

*But if there is no priest, we say:*

Through the prayers of our holy fathers, O Lord Jesus Christ our God, have mercy on us.

*And these troparia, Tone 6:*

**H**AVE mercy on us, O Lord, have mercy on us, for devoid of all defense, we sinners offer unto thee as Master this prayer: Have mercy on us.

Glory to the Father, and to the Son, and to the Holy Spirit.

**T**HE honorable celebration of thy prophet, O Lord, hath shown the church to be heaven, as with men exult the angels. By his prayers, O Christ God, direct our lives in peace, that we may sing to thee: Alleluia.

Both now and ever, and unto ages of ages. Amen.

**G**REAT is the multitude of my transgressions, O Theotokos: unto thy purity I have recourse, seeking salvation;

visit my soul in mine infirmity, and pray thy Son our God to grant me the remission of mine evil deeds, O thou who alone art blessed.

Lord, have mercy. *(forty times)*

*And prostrations, as many as you may.*

*Then this prayer to the holy and life-creating Trinity:*

**O** ALL-HOLY Triune God and maker of the whole world, attend to my heart and guide it to begin with understanding and finish with good works these God-inspired psalms, that the Holy Spirit did place on the lips of David, which I the unworthy one now desire to recite. But aware of mine ignorance, I fall down in prayer before thee, and ask of thee help: O Lord, direct my mind and strengthen my heart, that I may not be vexed by the words of my mouth, but rather rejoice in the wisdom of the words, and be prepared to do good works, which I study, and say: Enlightened through good works, at thy Judgment may I become a partaker at thy right hand with all thine elect. And now, O Master, bless, that having sighed from the heart, I may sing with my tongue these words:

**C**OME, let us worship God our King. Come, let us worship and fall down before Christ, our King and our God. Come, let us worship and fall down before Christ himself, our King and our God.

*Then wait a little, until all the senses are quieted. Then begin without haste, without sloth, with compunction and a broken heart, to say Blessed is the man... quietly and intelligently, attentively, and without rushing, so that the mind understands the words.*

*At the end of the first and second stasis in each kathisma, we say:*

Glory to the Father, and to the Son, and to the Holy Spirit,  
now and ever, and unto ages of ages. Amen.

Alleluia, Alleluia, Alleluia, Glory to thee, O God. *(thrice)*

Lord, have mercy. *(thrice)*

Glory to the Father, and to the Son, and to the Holy Spirit,  
now and ever, and unto ages of ages. Amen.

*But at the end of the third stasis (of the kathisma), only this:*

Glory to the Father, and to the Son, and to the Holy Spirit,  
now and ever, and unto ages of ages. Amen.

Alleluia, Alleluia, Alleluia, Glory to thee, O God. *(thrice)*

*And when the Psalter is sung by itself, we say the prayers after each kathisma, beginning with the Trisagion prayers (see pp. 1–2): Holy God... Glory... now and ever... All-holy Trinity... Lord, have mercy *(thrice)*, Glory... now and ever... Our Father... and the exclamation.*

# FIRST KATHISMA

## PSALM 1

*A psalm of David, without superscription  
among the Hebrews*

**B**LESSED is the man who hath not walked in the counsel of the impious, and hath not stood in the way of sinners, and hath not sat in the seat of the pestilent. But his will is in the law of the Lord, and on his law shall he meditate day and night. And he shall be like a tree that is planted by streams of waters, which shall yield its fruit in its season, and its leaf shall not fall, and all that he doeth shall prosper. Not so the impious, not so: but rather as the chaff which the wind driveth away from the face of the earth. Therefore the impious shall not rise in judgment, nor sinners in the council of the righteous. For the Lord knoweth the way of the righteous, and the way of the impious shall perish.

## PSALM 2

*A psalm of David*

**W**HY did the nations rage, and the people meditate vain things? The kings of the earth presented themselves, the princes gathered together against the Lord and against his Christ, saying, Let us break their bonds asunder, and cast off their yoke from us. He that dwelleth in the heavens shall laugh at them, and the Lord shall mock them. Then shall He speak to them in his wrath, and in his displeasure disquiet them. But I have been appointed king by him on Zion his holy mountain, declaring the ordinance of the Lord. The Lord said unto me, Thou art my Son, this day have I begotten thee. Ask of me, and I will give thee the nations for thine inheritance, and the

ends of the earth for thy possession. Thou shalt shepherd them with a rod of iron; as a potter's vessel shalt thou break them in pieces. And now, ye kings, understand; be chastised, ye judges of the earth. Serve ye the Lord with fear, and rejoice unto him with trembling. Receive chastisement, lest at any time the Lord be wroth, and ye perish from the righteous way. When his displeasure be kindled suddenly, blessed are all they that trust in him.

PSALM 3

*A psalm of David, when he fled from the face  
of his son Absalom*

**O** LORD, why are they that afflict me multiplied? Many rise against me. Many say of my soul, There is no salvation for him in his God. But thou, O Lord, art my succor, my glory, and the lifter-up of my head. With my voice I cried to the Lord, and He heard me out of his holy mountain. I fell asleep and slept; I rose up again, for the Lord succoreth me. I will not fear ten thousands of the people that have set themselves against me round about. Arise, O Lord, save me, O my God: for thou hast smitten all who bear enmity against me; the teeth of sinners hast thou shattered. Salvation is of the Lord, and thy blessing is upon thy people.

Glory...

PSALM 4

*For the end, among the hymns, a psalm of David*

**W**HEN I called, the God of my righteousness hearkened unto me; in tribulation thou hast enlarged me. Be compassionate unto me, and hearken unto my prayer. Ye sons of

men, how long will ye be heavy hearted? Why do ye love vanity and seek falsehood? But ye know that the Lord hath made wondrous his holy one; the Lord shall hearken unto me when I cry unto him. Be ye wroth and sin not; for that which ye say in your hearts, be moved to compunction upon your beds. Offer up a sacrifice of righteousness, and hope on the Lord. Many say, Who will show us the good things? The light of thy face hath been signed upon us, O Lord. Thou hast given gladness to my heart: from the fruit of their wheat, wine and oil are they multiplied. In peace will I both lay me down and sleep, for thou alone, O Lord, hast made me to dwell in hope.

### PSALM 5

*For the end, a psalm of David, for her that doth inherit*

**G**IVE heed to my words, O Lord; hearken to my cry. Attend to the voice of my prayer, O my King and my God: for unto thee will I pray, O Lord. Do thou hear my voice early in the morning; early in the morning will I stand up before thee, and thou shalt look upon me. For thou art not a God that desireth transgression: no evil doer shall dwell with thee, nor shall the lawless remain before thine eyes. Thou hast hated all the workers of iniquity; thou shalt destroy all them that speak falsehood: the man of blood and deceit shall the Lord abhor. But I, in the multitude of thy mercies, will enter into thy house; I will worship toward thy holy temple in thy fear. O Lord, guide me in thy righteousness; because of mine enemies, direct my way before thee. For there is no truth in their mouth, their heart is vanity; an open grave is their throat, with their tongues have they used deceit. Judge them, O God, that they may fall through their own counsels; according to the multitude of their impiety cast them out, for they have provoked thee, O Lord. And let all those that hope in thee be glad; they shall rejoice for

ever, and thou shalt abide in them: and they that love thy name shall boast of thee. For thou shalt bless the righteous man, O Lord, as with the armor of good will hast thou crowned us.

### PSALM 6

*For the end, among the hymns for the eighth,  
a psalm of David*

**O** LORD, in thy displeasure rebuke me not, neither in thy wrath chastise me. Have mercy on me, O Lord, for I am infirm; heal me, O Lord, for my bones are disquieted, and my soul is disquieted greatly; but thou, O Lord, how long? Turn thou, O Lord, deliver my soul; save me for thy mercy's sake. For there is none who in death remembereth thee; in hell who shall confess thee? I have labored in my sighing; I shall bathe my cot every night; with my tears shall I water my bed. Mine eye is disquieted because of my displeasure; I have grown old amid all mine enemies. Turn away from me all ye workers of transgression, for the Lord hath hearkened to the voice of my weeping: the Lord hath heard my prayer; the Lord hath accepted my supplication. Let all mine enemies be put to shame and greatly disquieted; let them be turned back and with haste greatly put to shame.

Glory...

### PSALM 7

*A psalm of David, which he sang to the Lord because  
of the words of Chusi the Benjamite*

**O** LORD my God, in thee have I trusted, save me from all them that persecute me, and deliver me: lest at any time he seize my soul as a lion, when there is none to deliver



me, nor to save. O Lord my God, if I have done this, if there be any unrighteousness in my hands, if I have rendered evil unto them that rendered evil unto me, then let me fall empty before mine enemies. Let the enemy then persecute my soul, and take it; and let him trample my life into the earth, and lay my glory in the dust. Arise, O Lord, in thy wrath; be thou exalted to the limits of thine enemies; awake, O Lord my God, according to the precept which thou hast commanded. And a multitude of peoples shall encompass thee, for which cause do thou return on high. The Lord shall judge the peoples; judge me, O Lord, according to my righteousness, and according to mine innocence within me. Let the wickedness of sinners be ended, and do thou direct the righteous, O God that searchest out the hearts and reins. My help is righteous, coming from God who saveth the upright in heart. God is a righteous judge, and mighty, and long-suffering, and doth not inflict his wrath every day. If ye will not turn back, his sword shall he furnish; He hath bent his bow and made it ready. And on it hath He made ready the instruments of death; his arrows hath He made for them that rage hotly. Behold, he hath travailed with unrighteousness, he hath conceived trouble, and brought forth iniquity. He hath opened a pit, and dug it up, and he shall fall into the ditch that he hath made. His trouble shall return on his own head, and his unrighteousness shall come down upon his own crown. I will confess unto the Lord according to his righteousness. I will sing psalms unto the name of the Lord Most High.

### PSALM 8

*For the end, of the wine-presses, a psalm of David*

**O** LORD, our Lord, how wondrous is thy name in all the earth! for thy magnificence is exalted above the heavens.

Out of the mouths of babes and sucklings hast thou perfected praise, for the sake of thine enemies; that thou mightest destroy the enemy and the avenger. For I will behold the heavens, the work of thy fingers; the moon and the stars, which thou hast founded. What is man, that thou art mindful of him? or the son of man, that thou visitest him? Thou hast made him a little lower than the angels; thou hast crowned him with glory and honor, and didst set him over the works of thy hands. All things hast thou subjected beneath his feet: sheep and all oxen, yea, the cattle of the field, the birds of the heavens, and the fish of the sea, that travel the paths of the sea. O Lord, our Lord, how wondrous is thy name in all the earth!

Glory...

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*After the first kathisma, the trisagion prayers, and these troparia in Tone 1:*

**I**N transgressions was I, a prodigal, conceived, and I dare not look up to the height of heaven, but making bold of thy love of man, I cry: O God, cleanse thou me a sinner, and save me.

**I**F a righteous man shall scarcely be saved, where shall I, a sinner, appear? The burden and heat of day I have not borne: but with the hirelings of the eleventh hour do thou number me, O God, and save me.

Glory to the Father, and to the Son, and to the Holy Spirit.

**M**AKE haste to open to me a fatherly embrace, for as the prodigal have I wasted my life. Disregard not mine

impoverished heart, for looking upon the unfailing riches of thy compassion, O Saviour, in contrition I cry to thee, O Lord: I have sinned against heaven and before thee.

Both now and ever, and unto ages of ages. Amen.

**T**HE hope of Christians, O most-holy Virgin, thou hast borne God beyond mind and speech; pray unceasingly with the Powers above that forgiveness of sins and correction of life be granted to us all, who ever honor thee in faith and love.

Lord, have mercy (*forty*). *And this prayer:*

**O** MASTER almighty, incomprehensible, Source of light, and Power beyond knowledge, from whom came forth the hypostatic Word of the Father, one in might with thy Spirit: on account of thy tender-hearted mercy and thine inexpressible goodness, having not despised human nature, held fast in the darkness of sin, but by the divine light of thy sacred teachings, Law, and Prophets having enlightened the world, and after having been well-pleased to make shine forth for us in the flesh thine only-begotten Son, and to guide us to the radiance of thy light, let thine ears give heed to the voice of our prayer. And grant us, O God, with vigilant and sober heart to pass through all the night of our present life, awaiting the coming of thy Son and our God, the Judge of all, that we might not be lying down and sleeping, but watchful and working in the performance of thy commandments, and to enter together into his joy, where the voice of them that keep festival is unceasing, and unending the bliss of them that behold the unutterable beauty of thy face. For thou art a good God who lovest man, and to

thee do we send up glory, to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

## SECOND KATHISMA

### PSALM 9

*For the end, of the secrets of  
the son, a psalm of David*

**I** WILL confess thee, O Lord, with my whole heart; I will declare all thy wonders. I will be glad and rejoice in thee, I will sing psalms unto thy name, O Most High. When mine enemy is turned back, they shall grow weak and shall perish before thy face. For thou hast wrought my judgment and my cause, thou that judgest righteousness hast sat upon a throne. Thou hast rebuked the nations, and the impious hath perished: thou hast blotted out their name for ever, and unto ages of ages. The enemy's sword hath failed utterly, their cities hast thou destroyed: their memorial is blotted out with a resounding noise. And the Lord remaineth for ever; He hath prepared his throne for judgment: and He will judge the world in righteousness, He will judge the peoples in uprightness. And the Lord is become a refuge for the needy, a helper in good times and in tribulation. And let them that know thy name hope in thee, for thou hast not forsaken them that seek thee out, O Lord. Sing psalms unto the Lord that dwelleth in Zion; proclaim his doings among the nations: for in seeking out their blood He remembereth; He hath not forgotten the prayer of the needy. Have mercy on me, O Lord, see my humiliation from mine enemies, O thou that liftest me up from the gates of death: that I may declare all thy praises, in the gates of the daughter of Zion; we will rejoice in thy salvation. The nations are caught in the destruction which they have wrought: in the very snare which they have hid, their foot is caught. The Lord is known in the judgments which He doth execute; the sinner is caught in the works of his own hands. Let the sinner be turned back into

hell, all the nations that forget God. For the poor shall not be forgotten till the end, the patience of the needy shall not perish before the end. Arise, O Lord, let not man become mightier, let nations be judged before thee. O Lord, set a lawgiver over them, let the nations know that they are men. Why, O Lord, hast thou stood afar off, and disregarded us in good times and in tribulation? While the impious indulgeth in pride, the poor burneth within himself: they are caught in the devices that they have imagined. For the sinner praiseth himself in the desires of his soul, and he that doeth wrong blesseth himself. The sinner hath vexed the Lord; not according to the magnitude of his wrath shall he seek him out; God is not before him. Profane are his ways at all times; thy judgments are removed from before his face; he shall gain lordship over all his enemies. For he hath said in his heart, I shall not be shaken, nor suffer harm from generation to generation. His mouth is full of cursing, and bitterness and deceit; and under his tongue are labor and toil. He sitteth in ambush in secret places with the rich, in order to slay the innocent; his eyes keep watch for the needy. He lieth in wait in secret places like a lion in his den; he lieth in wait to seize the needy, to seize the needy as he draweth him into his snare. He shall humiliate him; he shall stoop and fall when he gaineth lordship over the poor. For he hath said in his heart, God hath forgotten, He hath turned away his face, that He may not see till the end. Arise, O Lord my God, let thy hand be lifted up; forget not thy needy ones till the end. Wherefore hath the impious provoked God? for he hath said in his heart, He will not inquire. Thou seest, for thou dost behold toil and wrath, that he may be delivered into thy hands; to thee hath the poor been forsaken, to the orphan hast thou been a helper. Break thou the arm of the sinner and the evil one: his sin shall be sought out, and shall be found no more. The Lord is King

for ever, and unto ages of ages; ye nations shall perish from his earth. Thou hast heard the desire of the needy, O Lord, to the preparation of their heart hast thou inclined thine ear. To judge for the orphan and the humble, that no man shall again boast upon the earth.

PSALM 10

*For the end, a psalm of David*

**I**N the Lord have I trusted; how will ye say to my soul, fly to the mountains like a sparrow? For the sinners have made ready their bow, and have prepared arrows for the quiver, to shoot the upright in heart upon a moonless night. For what thou hast perfected, they have destroyed; what hath a righteous man done? The Lord is in his holy temple. The Lord, his throne is in heaven; his eyes look upon the needy, his eyelids try the sons of men. The Lord trieth the righteous and the impious; he that loveth unrighteousness hateth his own soul. Upon sinners shall he rain snares, fire and brimstone; a scorching wind shall be the portion of their cup. For the Lord is righteous, and loveth righteousness, and his face beholdeth uprightness.

Glory...

PSALM 11

*For the end, for the eighth, a psalm of David*

**S**AVE me, O Lord, for there is not one holy man left; for truth hath decreased among the sons of men. Every man hath spoken vanity to his neighbor; deceitful lips are in his heart, and in his heart hath he spoken evil. Let the Lord destroy all deceitful lips, the tongue that speaketh proudly, which have said, our tongue let us magnify, our lips are ours, who is our Lord? Because of the misery of the poor, and the sighing of

the needy, Now will I arise, saith the Lord; I will set myself for salvation, I will speak boldly thereof. The words of the Lord are pure words, as silver tried in fire, in a furnace of earth, purified seven times. Thou, O Lord, shalt keep us, and guard us from this generation and for evermore. The impious walk round about; according to thy greatness thou hast increased the sons of men.

### PSALM 12

*For the end, a psalm of David*

**H**ow long, O Lord, wilt thou forget me? till the end? How long wilt thou turn away thy face from me? Until when shall I take counsel in my soul, sorrows in my heart day and night? How long, O Lord, will mine enemy be exalted over me? Look upon me, hearken unto me, O Lord my God: enlighten mine eyes, lest at any time I sleep unto death. Let not mine enemy say, I have power over him. Those that afflict me will rejoice, if I shall be moved. But I have hoped in thy mercy: my heart shall rejoice in thy salvation. I will sing unto the Lord, who hath been my benefactor, and I will sing psalms to the name of the Lord Most High.

### PSALM 13

*For the end, a psalm of David*

**T**HE fool hath said in his heart, There is no God. They have corrupted themselves, and become abominable in iniquities; there is none that doeth good. God looked down from heaven upon the sons of men, to see if there be any that understand, or seek after God. They have all gone astray, they are altogether become unprofitable; there is none that doeth good, not even one. Will not all the workers of iniquity know, those who devour my people as they would eat bread? They have not



called upon the Lord. There they feared fear, where there was no fear; for the Lord is in the generation of the righteous. Ye have shamed the counsel of the poor, but the Lord is his hope. Who will give salvation to Israel out of Zion? When the Lord turneth back the captivity of his people, Jacob shall rejoice, and Israel shall be glad.

Glory...

PSALM 14

*A psalm of David*

**O** LORD, who shall dwell in thy tabernacle? and who shall abide in thy holy mountain? He that walketh blameless, and worketh righteousness, who speaketh truth in his heart; who hath not deceived with his tongue, neither hath done evil to his fellow, nor taken up a reproach against his neighbors. In his sight is the evildoer set at nought, but he glorifieth them that fear the Lord; he sweareth to his neighbor and disavoweth it not. He hath not lent his money on usury, and hath not received bribes against the innocent; he that doeth these things shall never be shaken.

PSALM 15

*A pillar inscription of David*

**K**EEP me, O Lord, for in thee have I trusted. I said to the Lord, Thou art my Lord, for of my goodness thou hast no need. To the saints who are in his earth, the Lord hath revealed the wonders of all his will in them. Their infirmities increased, afterwards they hastened; I will not gather their assemblies of blood, nor remember their names with my lips. The Lord is the portion of mine inheritance, and my cup; thou art He that restoreth to me mine inheritance. Courses have fallen to

me in excellent places; yea, mine inheritance is good to me. I will bless the Lord who hath instructed me; my reins also have chastened me till the night. I saw the Lord continually before me; for He is at my right hand, that I not be moved. Therefore my heart was glad, and my tongue hath rejoiced; moreover my flesh shall rest in hope. For thou hast not forsaken my soul in hell, neither dost thou permit thy holy one to see corruption. Thou hast declared to me the way of life; thou shalt fill me with the joy of thy countenance, delights are at thy right hand till the end.

PSALM 16

*A prayer of David*

**H**EARKEN, O Lord, to my righteousness; attend to my supplication; give heed to my prayer, not on deceitful lips. From thy face my judgment shall come; let mine eyes behold uprightness. Thou hast proved my heart, thou hast looked upon me by night; thou hast tried me by fire, and unrighteousness hath not been found in me. That my mouth speak not the works of men, for the sake of the words of thy lips have I kept to hard ways. Guide my footsteps in thy paths, that my steps not be moved. I cried, for thou hast heard me, O God; incline thine ear unto me and hearken unto my sayings. Reveal the wonders of thy mercies, thou that savest them that hope in thee. From them that have resisted thy right hand, keep me, O Lord, as the apple of an eye. Under the shelter of thy wings, give me shelter, from the face of the impious that have made me grow weary. Mine enemies have surrounded my soul; they are shut up in their own fatness: their mouths have spoken proud things. They have cast me out and now have encompassed me; their eyes have they set down to the earth. They have seized me as a lion ready for the prey, as a young lion dwelling in secret

places. Arise, O Lord, come before them and overthrow them; deliver my soul from the impious, thy sword from the enemies of thy hand. O Lord, give them a part of the small things from the earth in their life; from thy hidden stores is their belly filled. They have satisfied themselves with swine, and they have left the remnants for their babes. But I will appear before thy face with righteousness; I will be satisfied when I appear before thy glory.

Glory...



# THIRD KATHISMA

## PSALM 17

*For the end, a psalm of David, the child of God;  
the words which he spake unto the Lord, the  
words of this song, on the day when the Lord  
delivered him out of the hand of all his enemies,  
and out of the hand of Saul, and he said:*

I WILL love thee, O Lord, my might; the Lord is my foundation, my refuge, and my Deliverer, my God, my Helper, and I shall hope in him: my Defender, and the horn of my salvation, and my Succorer. Praising, I will call upon the Lord, and from mine enemies shall I be saved. The pangs of death have overwhelmed me, and torrents of transgression have troubled me; the pangs of hell have encompassed me, and snares of death have come before me. And in my tribulation I called upon the Lord, and I cried to my God: He heard my voice out of his holy temple, and my crying before him came in to his ears. The earth was moved and trembled, and the foundations of the mountains were disquieted and shaken, for God was wroth with them. A smoke went up in his wrath, and a fire flamed from his face, and by it were coals kindled. And He bowed down the heavens, and came down, and darkness was under his feet. And He mounted upon the Cherubim and flew; He flew upon the wings of the wind. And He made the darkness his hiding-place; round about him was his tabernacle, dark water in the clouds of the air. At the brilliance that was before him passed clouds, hail and coals of fire. And the Lord thundered from heaven, and the Most High gave forth his voice. He sent forth arrows and scattered them, and He multiplied lightnings and troubled them. And the fountains of waters appeared, and the foundations of the universe were revealed, at thy rebuke, O

Lord, at the blasting of the spirit of thy wrath. He sent forth from on high, and took me, and drew me out of many waters. He shall deliver me from my powerful enemies, and from them that hate me, for they are become stronger than I. They came before me in the day of my distress, and the Lord is become my stay. And He hath led me out into a wide place; He shall deliver me, for He was pleased with me. And the Lord shall reward me according to my righteousness, and according to the cleanness of my hands shall He reward me. For I have kept the ways of the Lord, and have not acted impiously against my God. For all his judgments are before me, and his statutes have not departed from me. And I will be blameless with him, and will keep myself from my transgression. And the Lord shall reward me according to my righteousness, and according to the cleanness of my hands, which is before his eyes. With the holy shalt thou be holy, and with the innocent man shalt thou be innocent. And with the elect shalt thou be elect, and with the perverse shalt thou turn aside. For thou shalt save a humble people, and thou shalt humble the eyes of the proud. For thou shalt light my lamp, O Lord my God, thou shalt lighten my darkness. For in thee shall I be delivered from an ordeal, and in thee, O my God, I will cross over a wall. As for my God, his way is blameless; the words of the Lord are tried by fire; He is the Defender of all them that hope in him. For who is God save the Lord? or who is God except our God? God who girdeth me with power, and hath made my path blameless; who hath guided my feet like those of a hart, and hath set me in high places, teaching my hands for war, and making of mine arm a brazen bow. And thou hast given me a defense of salvation, and thy right hand hath succored me; and thy discipline hath corrected me to the end; and thy very discipline shall teach me. Thou hast broadened my steps under me, and my footsteps are not weakened. I

will pursue mine enemies and overtake them, and will not turn back till they are consumed; I will crush them, and they shall not be able to stand; they shall fall under my feet. And thou hast made mine enemies turn their backs to me, and thou hast destroyed all them that hated me. They cried, but there was none to save them: unto the Lord, but He heard them not. I will thrash them like chaff in the face of the wind; like the mud of the streets will I pound them. Deliver me from the gain-saying of people; thou shalt appoint me the head of nations, a people which I have not known hath served me: at the hearing of the ear, they obeyed me. Children that were strangers lied to me: children that were strangers grew old, and have limped upon their paths. The Lord liveth, and blessed is my God, and let the God of my salvation be exalted. It is God who giveth me vengeance and hath subjected peoples under me: my Deliverer from my wrathful enemies; from them that rise up against me shalt thou exalt me, from an unrighteous man shalt thou deliver me. Therefore I will confess among the nations, O Lord, and unto thy name will I sing psalms: who magnifieth the salvation of the king, and showeth mercy to David his annointed, and to his seed for ever.

Glory...

### PSALM 18

*For the end, a psalm of David*

**T**HE heavens declare the glory of God, and the firmament proclaimeth his handiwork. Day to day uttereth speech, and night to night proclaimeth knowledge. There are no speeches nor words in which their voices are not heard. Their sound is gone forth into all the earth, and their sayings to the ends of the world. In the sun hath He set his tabernacle: and

He is like a bridegroom coming forth from his bridal chamber, He shall rejoice as a giant to run his course. From the peak of heaven is his going forth, and his circuit even to the peak of heaven: and there is no one that can hide himself from his heat. The law of the Lord is blameless, converting souls; the testimony of the Lord is faithful, giving wisdom to babes. The statutes of the Lord are upright, gladdening the heart; the commandment of the Lord is shining, enlightening the eyes. The fear of the Lord is pure, abiding unto ages of ages; the judgments of the Lord are true, justified in themselves: to be desired more than gold and much precious stone; and sweeter than honey and the honeycomb. For thy servant keepeth them; in keeping them, there is great reward. Who will understand his trespasses? From my secret ones purify thou me, and from those of strangers, spare thy servant: if they have not dominion over me, then I shall be blameless, and shall be purged from great sin. And the words of my mouth shall be well-pleasing, and the meditation of my heart continually before thee, O Lord, my Helper and my Deliverer.

PSALM 19

*For the end, a psalm of David*

**T**HE Lord hear thee in the day of trouble; the name of the God of Jacob defend thee. Send thee help from the sanctuary, and strengthen thee out of Zion. Remember all thy sacrifices, and accept thy whole-burnt offerings. Grant thee thy heart's desire, and fulfil all thy counsels. We will rejoice in thy salvation, and in the name of our God will we be exalted. The Lord fulfil all thy petitions. Now I know how the Lord hath saved his anointed: He shall hear him from his holy heaven, with the saving power of his right hand. Some trust in chariots, and some in horses, but we will call upon the name of the



Lord our God. They are entangled and are fallen, but we are risen and stand aright. O Lord, save the King, and hear us in the day when we shall call upon thee.

PSALM 20

*For the end, a psalm of David*

**O** LORD, the king shall rejoice in thy power, and in thy salvation shall he rejoice exceedingly. Thou hast given him his heart's desire, and hast not denied him the will of his lips. For thou shalt come before him with the blessings of goodness, and shalt set upon his head a crown of precious stone. He asked life of thee, and thou hast given him length of days unto ages of ages. His glory is great in thy salvation; glory and great beauty shalt thou lay upon him. For thou shalt give him to be a blessing unto ages of ages; thou shalt make him joyful in gladness with thy countenance. For the king hopeth in the Lord, and through the mercy of the Most High he shall not be moved. Let thy hand be found by all thine enemies; let thy right hand find out all them that hate thee. Thou shalt make them like a fiery oven in the time of thy wrath: the Lord in his wrath shall overthrow them, and fire shall devour them. Their fruit shalt thou root out of the earth, and their seed from among the children of men. For they have intended evils against thee; they have devised counsels which they have not been able to establish. For thou shalt set them back, among thy remnants shalt thou turn their face. Be thou exalted, O Lord, in thy power; we will sing, yea, we will sing psalms of thy powers.

Glory...

## PSALM 21

*For the end, concerning the aid of  
the morning, a psalm of David*

**O** GOD, my God, attend to me; why hast thou forsaken me? far from my salvation are the words of my transgressions. My God, by day I will cry unto thee, and thou shalt not hear; and in the night, but not unto folly for me. But thou, the praise of Israel, dwellest in a sanctuary; in thee have our fathers hoped; they hoped and thou didst deliver them. Unto thee did they cry, and they were saved; on thee did they hope, and were not put to shame. But I am a worm and not a man, a reproach of men, and an outcast of the people. All that beheld me have sneered at me, they have spoken with their lips, they have wagged their heads: He hoped in the Lord, let him deliver him; let him save him, for he delighteth in him. For thou art He that hast plucked me out of the womb: my hope from my mother's breasts. From the womb was I cast upon thee; from my mother's womb art thou my God. Turn not away from me, for tribulation is nigh, for there is none to help me. Many calves have encircled me; fat bulls have overwhelmed me; they have opened their mouth against me, as a ravening and a roaring lion. Like water am I poured out, and all my bones are scattered abroad; my heart is become like melting wax in the midst of my belly. My strength is withered like a potsherd; and my tongue hath cleaved to my throat; and thou hast brought me down to the dust of death. For many dogs have encircled me; the assembly of evildoers hath overwhelmed me; they pierced my hands and my feet; they numbered all my bones; and they beheld and looked upon me. They parted my garments among them, and upon my vesture did they cast lots. But thou, O Lord, remove not my help afar off; attend to mine aid. Deliver my soul from the sword; mine only-begotten from the hand

of the dog. Save me from the lion's mouth, and my humility from the horns of the unicorns. I will declare thy name to my brethren; in the midst of the church will I hymn thee. Ye that fear the Lord, praise him; all the seed of Jacob glorify him; let all the seed of Israel fear him: for He hath not despised nor been offended at the supplication of the poor, nor turned away his face from me; but when I cried to him, He heard me. Of thee is my praise; in a great church will I confess thee; I will pay my vows before them that fear him. The poor shall eat and be satisfied, and they that seek the Lord shall praise him; their heart shall live unto ages of ages. All the ends of the earth shall remember and turn to the Lord; and all the descendents of the nations shall worship before him. For the kingdom is of the Lord; and He is master of the nations. All the fat ones of the earth have eaten and worshipped; all that go down to the earth shall fall down before him, and my soul shall live unto him. And my seed shall serve him; the coming generation shall be proclaimed unto the Lord. And they shall proclaim his righteousness to the people that shall be born, whom the Lord hath made.

PSALM 22

*A psalm of David*

**T**HE Lord is my shepherd, I shall not want. He maketh me to lie down in green pastures, He leadeth me beside the still waters, He restoreth my soul. He leadeth me in the paths of righteousness for his name's sake. Yea, though I walk through the valley of the shadow of death, I will fear no evil, for thou art with me; thy rod and thy staff they comfort me. Thou preparest a table before me in the presence of mine enemies. Thou anointest my head with oil; my cup runneth over.

Surely goodness and mercy shall follow me all the days of my life, and I will dwell in the house of the Lord for ever.

PSALM 23

*A psalm of David, for the first of Sabbaths*

**T**HE earth is the Lord's, and the fulness thereof, the world and all that dwell therein. He hath founded it upon the seas, and upon the rivers hath He prepared it. Who shall go up to the mountain of the Lord? or who shall stand in his holy place? He that is innocent in hands and pure in heart, who hath not received his soul in vain, and hath not sworn deceitfully to his neighbor. He shall receive a blessing from the Lord, and mercy from God his Saviour. This is the generation of them that seek the Lord, of them that seek the face of the God of Jacob. Lift up your gates, O ye princes, and be ye lifted up, ye everlasting gates, and the King of Glory shall enter in. Who is this King of Glory? The Lord strong and mighty, the Lord mighty in war. Lift up your gates, O ye princes; and be ye lifted up, ye everlasting gates, and the King of Glory shall enter in. Who is this King of Glory? The Lord of Hosts, He is the King of Glory.

Glory...

## FOURTH KATHISMA

### PSALM 24

#### *A psalm of David*

**U**NTO thee, O Lord, have I lifted up my soul. O my God, in thee have I trusted; let me not be ashamed for ever. Neither let mine enemies laugh at me, for all those that wait upon thee shall not be ashamed. Let those who transgress in vain be put to shame. Make thy ways known to me, O Lord, and teach me thy paths. Guide me to thy truth and teach me; for thou art God my Saviour, and I have waited upon thee all the day. Remember thy compassions, O Lord, and thy mercies, for thou art from everlasting. The sins of my youth and mine ignorance remember not. According to thy mercy, remember thou me, for thy goodness' sake, O Lord. Good and upright is the Lord; therefore He shall lay down a law for them that sin in the way. He shall guide the meek in judgment; He shall teach the meek his ways. All the ways of the Lord are mercy and truth to them that seek after his covenant and his testimonies. For thy name's sake, O Lord, cleanse my sins, for they are many. Who is the man that feareth the Lord? He shall lay down a law for him in the way which he hath chosen. His soul shall abide amid good things; and his seed shall inherit the earth. The Lord is strength to them that fear him, and He shall manifest his covenant unto them. Mine eyes are continually toward the Lord, for He shall pluck my feet out of the snare. Look upon me and have mercy on me, for I am an only-begotten child and poor. The tribulations of my heart are multiplied: from my necessities lead me forth. See my humility and my labor, and forgive all my sins. See mine enemies, for they are multiplied, and have hated me with an unrighteous hatred. Keep thou my soul,

and deliver me, that I be not ashamed, for I have hoped in thee. The guileless and the upright have cleaved unto me, for I have waited upon thee, O Lord. Redeem Israel, O God, from all his tribulations.

PSALM 25

*A psalm of David*

**J**UDGE me, O Lord, for I have walked in mine innocence, and in the Lord have I hoped; let me not be weakened. Prove me, O Lord, and tempt me; try my reins and my heart. For thy mercy is before mine eyes, and I have been well-pleased in thy truth. I have not sat with the council of vanity, nor will I go in with them that transgress. I have hated the assembly of evildoers, and with the impious I will not sit. I will wash my hands among the innocent, and I will compass thine altar, O Lord: that I may hear the voice of thy praise and declare all thy wonders. O Lord, I have loved the beauty of thy house, and the place of the abode of thy glory. Destroy not my soul with the impious, nor my life with men of blood, in whose hands are transgressions, and their right hand is full of gifts. But I have walked in mine innocence; redeem me, O Lord, and have mercy on me. My foot hath stood in uprightness; in the churches will I bless thee, O Lord.

PSALM 26

*A psalm of David, before he was anointed*

**T**HE Lord is mine enlightenment and my Saviour; whom shall I fear? The Lord is the defender of my life; of whom shall I be afraid? When evildoers draw nigh to me, to eat my flesh, those that afflict me and mine enemies, they have weakened and fallen. If an army in camp array itself against me, my heart shall not fear; if war rise up against me, in this shall

I hope. One thing have I asked of the Lord, this will I seek: that I may dwell in the house of the Lord all the days of my life, that I may see the delight of the Lord, that I may behold his holy temple. For He hath hidden me in his tabernacle in my day of evils; He hath sheltered me in the secret place of his tabernacle; upon a rock hath He exalted me. And now behold, He hath exalted my head above mine enemies. I went round about and offered a sacrifice of praise and of jubilation in his tabernacle; I will sing and chant psalms to the Lord. Harken, O Lord, to my voice, with which I have cried; have mercy on me and hearken unto me. To thee my heart said, I shall seek the Lord. My face hath sought thee; thy face, O Lord, will I seek. Turn not away thy face from me, and in thy wrath shun not thy servant. Be thou my Helper, reject me not and forsake me not, O God my Saviour. For my father and my mother have forsaken me, but the Lord hath taken me up. Lay down a law for me, O Lord, in thy way, and guide me in the path of uprightness because of mine enemies. Deliver me not to the spirit of them that afflict me, for unjust witnesses have risen up against me, and unrighteousness hath lied to itself. I believe that I may see the good things of the Lord in the land of the living. Wait upon the Lord, do manfully, and let thy heart be strengthened, and wait upon the Lord.

Glory...

PSALM 27

*A psalm of David*

**T**o thee, O Lord, will I cry; O my God, keep thou not silent toward me, lest, if thou be silent toward me, I become like them that go down into the pit. Harken, O Lord, to the voice of my prayer, when I pray unto thee, when I lift up my hands

toward thy holy temple. Draw me not away with sinners, and with them that do unrighteously destroy me not, with them that speak peace with their neighbors, but have evils in their hearts. Grant unto them, O Lord, according to their works, and according to the wickedness of their inventions; according to the works of their hands, grant unto them; reward them with their reward. For they have not understood the works of the Lord, and the works of his hands; thou shalt put an end to them, and thou shalt not build them up. Blessed be the Lord, for He hath heard the voice of my prayer. The Lord is my Helper, and my Defender; in him my heart hath hoped, and I have been helped, and my flesh hath flourished, and with my will I will confess him. The Lord is the strength of his people, and He is the Defender of the salvation of his anointed. Save thy people, and bless thine inheritance, and shepherd and exalt them unto the ages.

### PSALM 28

#### *A psalm of David, a processional of the tabernacle*

**B**RING unto the Lord, ye sons of God; bring young rams unto the Lord; bring unto the Lord glory and honor. Bring unto the Lord glory to his name; worship the Lord in his holy court. The voice of the Lord is upon the waters, the God of glory hath thundered: the Lord is upon many waters. The voice of the Lord in might, the voice of the Lord in magnificence. The voice of the Lord breaketh the cedars, and the Lord shall break the cedars of Lebanon. And He shall thrash them like the calf of Lebanon, and the beloved is like a son of unicorns. The voice of the Lord breaking through a flame of fire. The voice of the Lord maketh the desert to quiver, and the Lord shall make the desert of Kadesh to quiver. The voice of the Lord guideth the hart, and He shall reveal the forests, and in



his temple everything shall declare his glory. The Lord dwelleth in the flood, the Lord sitteth as King unto the ages. The Lord shall give strength to his people; the Lord shall bless his people with peace.

PSALM 29

*A canticle psalm, for the dedication of the House of David*

**I** WILL exalt thee, O Lord, for thou hast upholden me, and hast not made mine enemies to rejoice over me. O Lord my God, I have cried unto thee, and thou hast healed me. O Lord, thou hast brought forth my soul from hell, thou hast saved me from them that go down into the pit. Sing psalms unto the Lord, O ye his Saints, and confess the memory of his holiness. For wrath is in his anger, and life in his will: weeping abideth in the evening, and in the morning gladness. I said in mine abundance, I shall never be shaken. O Lord, in thy will thou hast granted my goodness power; thou didst turn away thy face, and I became troubled. Unto thee, O Lord, will I cry, and unto my God will I pray. What profit is there in my blood, whilst I go down to corruption? Will dust confess thee? or declare thy truth? The Lord hath heard, and had mercy on me: the Lord is become my Helper. Thou hast turned my mourning into joy for me; thou hast torn my sackcloth, and hast girded me with gladness. That my glory may sing psalms to thee, and that I may not fall silent, O Lord my God, I will confess thee for ever.

Glory...

## PSALM 30

*For the end, a psalm of David of extreme fear*

**I**N thee, O Lord, have I hoped, let me never be put to shame; in thy righteousness deliver me and redeem me. Incline thine ear unto me, make haste to rescue me; be thou unto me for a defending God, and for a house of refuge to save me. For thou art my strength and my refuge, and for thy name's sake shalt thou guide me and sustain me. Thou shalt lead me out of this snare which they have hidden for me, for thou art my Defender, O Lord. Into thy hands will I commend my spirit; thou hast redeemed me, O Lord God of truth. Thou hast hated them that keep empty vanities; but I have hoped in the Lord. I will rejoice and be glad in thy mercy, for thou hast looked upon my humility; thou hast saved my soul from necessity. And thou hast not shut me up in the hands of the enemy; in a wide place hast thou set my feet. Have mercy on me, O Lord, for I am afflicted; mine eye is disquieted with displeasure, and my soul and my belly. For my life hath vanished in agony, and my years in sighing; my strength is weakened through poverty, and my bones are disquieted. Among all mine enemies I am become a reproach, and greatly to my neighbors, and a fear to mine acquaintances; those who beheld me without fled from me. I am heartlessly forgotten as one dead; I am become as a broken vessel. For I heard the censure of many that dwelt round about; when they gathered together against me, they took counsel to take away my soul. But I have hoped in thee, O Lord; I have said, Thou art my God. In thy hands are my lots: deliver me from the hands of mine enemies, and from them that pursue me. Make thy face to shine upon thy servant; save me in thy mercy. O Lord, let me not be put to shame, for I have called upon thee; let the impious be put to shame, and be brought down to hell. Let deceitful lips become dumb, which

speaking transgression against the righteous with pride and with scorn. How great is the multitude of thy goodness, O Lord, which thou hast hidden for them that fear thee, which thou hast wrought for them that hope in thee, before the sons of men. From turmoil of men shalt thou keep them hidden in the secret of thy face; from strife of tongues shalt thou shelter them in the tabernacle. Blessed is the Lord, for He hath made wondrous his mercy in a fortified city. But I said in mine ecstasy, I am cast off from the presence of thine eyes: therefore thou hast heard the voice of my prayer when I cried unto thee. Love the Lord, all ye his Saints, for the Lord will seek out truth and will reward plentifully them that deal proudly. Do manfully, and let your heart be strengthened, all ye that hope in the Lord.

PSALM 31

*A psalm of David, for instruction*

**B**LESSED are they whose transgressions are forgiven, and whose sins are covered. Blessed is the man to whom the Lord counts no sin; neither in his mouth is there deceit. Because I kept silence, my bones grew old from my crying out all the day. Because by day and by night thy hand was heavy upon me, I was turned to misery, while the thorn stuck fast in me. My transgression have I made known, and my sin I did not cover up; I said, I shall declare against me my transgression to the Lord, and thou forgavest the impiety of my heart. For this all the Saints shall pray unto thee in convenient time; yet in the flood of many waters they shall not come nigh to him. Thou art my refuge from tribulation surrounding me: my Joy, redeem me from them that encompass me. I will give thee understanding and reconcile thee in that way which thou goest; I will fix upon thee mine eyes. Be ye not as a horse or a mule, which have no understanding, whose jaws are restrained with bridle and

muzzle, those not coming nigh to thee. Many are the scourges of the sinner, but mercy shall encompass him that hopeth in the Lord. Be glad in the Lord and rejoice, O ye righteous, and boast, all ye upright in heart.

Glory...

# FIFTH KATHISMA

## PSALM 32

### *A psalm of David*

**R**EJOICE in the Lord, ye righteous; praise becometh the upright. Confess unto the Lord with the harp; with the ten-stringed psaltery, sing psalms unto him. Sing unto him a new song, sing psalms well unto him with jubilation. For upright is the word of the Lord, and all his works are with faith. The Lord loveth merciful works and judgment; the earth is full of the Lord's mercy. By the Word of the Lord were the heavens established, and by the Spirit of his mouth, all their power; gathering together, as in a vessel, the waters of the sea; laying up in treasuries the abysses. Let all the earth fear the Lord; let all the inhabitants of the world stagger before him. For He spake, and they came into being; He commanded, and they were created. The Lord bringeth to nought the counsels of the nations; He disregardeth the reasoning of the people, and He disregardeth the counsels of rulers. But the counsel of the Lord remaineth for ever, the reasoning of his heart from generation to generation. Blessed is the nation whose God is the Lord, the people He hath chosen for his inheritance. The Lord looked down from heaven, He beheld all the sons of men; from his dwelling-place which He prepared, He looked down upon all them that dwell upon the earth: fashioning the hearts of each of them, understanding the works of all of them. The king is not saved by great power, nor shall the giant be saved in the greatness of his might. Vain is the horse for salvation; in his great power he shall not be saved. The eyes of the Lord beheld them that feared him, that hoped in his mercy: to deliver their souls from death, to sustain them in famine. Our soul waiteth upon the Lord, for He is our Helper and Defender. For in him

shall our hearts be glad, and in his holy name have we hoped. Let thy mercy be upon us, O Lord, as we have set our hope on thee.

### PSALM 33

*A psalm of David, when he changed his countenance  
before Abimelech, and he let him go and he departed*

**I** WILL bless the Lord at all times; his praise shall be continually in my mouth. In the Lord my soul shall make her boast; let the meek hear and be glad. O magnify the Lord with me; and let us exalt his name together. I sought the Lord and He heard me; and delivered me from all mine afflictions. Draw nigh to him and be enlightened; and your faces shall not be ashamed. This poor one cried and the Lord heard him, and saved him from all his tribulations. The angel of the Lord shall encamp round about them that fear him, and shall deliver them. Taste and see that the Lord is good; blessed is the man that hopeth in him. Fear the Lord all ye his Saints, for there is no lack for them that fear him. The rich have become poor and hungry, but they that seek the Lord shall not want any good thing. Come, ye children, hearken unto me; the fear of the Lord will I teach you. Who is the man that wanteth life, loving to see good days? Withhold thy tongue from evil, and thy lips that they speak no deceit. Shun evil and do good; seek peace and pursue it. The eyes of the Lord are upon the righteous, and his ears unto their prayers. But the face of the Lord is upon them that do evil, to blot out their memory from the earth. The righteous cried, and the Lord heard them, and delivered them from all their tribulations. The Lord is nigh to them that are of broken heart, and He shall save the humble in spirit. Many are the tribulations of the righteous, but out of them all shall the Lord deliver them. The Lord keepeth all their bones, and

not one of them shall be broken. The death of sinners is evil, and they that hate the righteous shall offend. The Lord shall deliver the souls of his servants, and none of them that hope in him shall offend.

Glory...

PSALM 34

*A psalm of David*

**J**UDGE them, O Lord, that wrong me; war against them that war against me. Take up armor and shield, and rise up to my help. Bring forth the sword and shut off the way against them that pursue me; say to my soul, I am thy salvation. Let them be ashamed and reprov'd that seek my soul; let them be turned back and put to shame that devise evil for me. Let them become as chaff before the face of the wind, and the angel of the Lord afflict them. Let their way become dark and slippery, and the angel of the Lord pursue them. For without a cause, they have hidden their snare of destruction for me; in vain have they reviled my soul. Let a snare which he knoweth not come upon him, and the trap which he hath hidden catch him, and let him fall into the very same snare. But my soul shall rejoice in the Lord; it shall delight in his salvation. All my bones shall say, Lord, O Lord, who is like unto thee? who deliverest the poor man from the hand of them that are stronger than he, and the poor and needy from them that despoil him. Unrighteous witnesses have risen against me; they asked me things I had not known. They rewarded me evil for good, and barrenness to my soul. But I, when they troubled me, was clothed with sackcloth, and I humbled my soul in fasting, and my prayer shall turn back to my bosom. As a neighbor, as our own brother, so did I treat them well, as one wailing and griev-

ing so was I humbled. And they rejoiced and gathered together against me; scourges gathered together upon me, and I knew not: they were separated and repented not. They tempted me, they scoffed at me with sneering; they gnashed their teeth at me. O Lord, when wilt thou look? Restore my soul from their evil deeds, mine only-begotten from the lions. I will confess thee in a great church, with a mighty people will I praise thee. Let not them that bear me enmity unrighteously rejoice over me, those that hated me without a cause, and winked their eyes. For they spake to me peacefully, but wrathfully devised deceit. And they opened wide their mouth against me, saying, Well! Well! our eyes have seen it. Thou hast seen it, O Lord, keep thou not silent: Lord, turn not away from me. Arise, O Lord, and attend to my judgment, O my God and my Lord, to my cause. Judge me, O Lord, according to thy righteousness, O Lord my God, and let them not rejoice over me. Let them not say in their hearts, Well! Well! our soul; neither let them say, We have swallowed him up. Let them be ashamed and reproved together that rejoice at mine evils; let them be clothed with shame and reproach that speak greatly against me. Let them rejoice and be glad that desire my righteousness, and let those that desire the peace of his servant always say, The Lord be magnified. And my tongue shall meditate upon thy righteousness, upon thy praise all the day long.

PSALM 35

*For the end, by David, the child of the Lord*

**T**HE lawless man, for to sin, saith in himself that there is no fear of God before his eyes. For he hath been deceitful before him, to find his transgression and hate it. The sayings of his mouth are transgression and deceit; he was not inclined to understand to do good. He hath devised transgressions upon



his bed; he hath set himself on every bad way, but was not offended by evil. O Lord, thy mercy is in the heavens, and thy truth even in the clouds: thy righteousness is like a mountain of God, thy judgments like a great abyss; thou shalt save men and beasts, O Lord. How thou hast multiplied thy mercy, O God! the sons of men shall hope under the shelter of thy wings. They shall become drunk with the plenteousness of thy house; thou shalt give them to drink of the torrent of thy pleasure. For with thee is the fountain of life; in thy light shall we see light. Extend thy mercy to them that know thee, and thy righteousness to the upright in heart. Let not the foot of pride come upon me, nor the hand of the sinner move me. There all the workers of transgression have fallen. They are cast out, and shall not be able to stand.

Glory...

PSALM 36

*A psalm of David*

**D**O not imitate evildoers, nor envy the workers of transgression. For like grass shall they quickly dry up, and like green herb shall they quickly fall off. Hope in the Lord, and do good, and dwell upon the earth, and thou shalt be fed with its riches. Delight in the Lord, and He shall give thee the petitions of thy heart. Reveal thy way to the Lord, and hope in him, and He shall do it; and He shall bring forth thy righteousness like light, and thy judgment like the noonday. Subject thyself unto the Lord, and implore him; do not imitate him that prospereth in his own way, the man that worketh lawlessness. Cease from wrath, and forsake anger; take not imitate so far as to do evil. For evildoers shall be utterly destroyed, but they that wait upon the Lord shall inherit the earth. And yet a little while, and the

sinner shall be no more, and thou shalt seek his place and not find it. But the meek shall inherit the earth, and shall delight in an abundance of peace. The sinner shall observe the righteous man, and shall gnash his teeth at him, but the Lord shall laugh at him, for He foreseeth that his day shall come. The sinners drew the sword, they bent their bow to overthrow the poor and needy, to slay the upright in heart. Let their sword enter into their own heart, and let their bow be broken. Better is the little of the righteous man than the great riches of sinners. For the sinners' arms shall be broken, but the Lord upholdeth the righteous. The Lord knoweth the ways of the blameless, and their inheritance shall be for ever; they shall not be ashamed in time of evil, and in days of famine they shall be satisfied: for the sinners shall perish. But the enemies of the Lord, once they are glorified and exalted, shall vanish as smoke vanisheth. The sinner borroweth and repayeth not, but the righteous showeth compassion and giveth. For those that bless him shall inherit the earth, but those that curse him shall be destroyed. By the Lord shall the steps of man be directed, and he shall greatly desire his way. When he shall fall, he shall not be injured, for the Lord giveth strength to his hand. I was younger, but I have grown old, and I have not seen the righteous man forsaken, nor his seed seeking bread. All the day long he showeth mercy and lendeth justly, and his seed shall be blessed. Decline from evil, and do good, and abide unto ages of ages. For the Lord loveth judgment, and shall not forsake his Saints; they shall be preserved for ever. The blameless shall be avenged, and the impious shall be destroyed. But the righteous shall inherit the earth, and they shall abide therein unto ages of ages. The mouth of the righteous shall practice wisdom, and his tongue shall speak judgment. The law of his God is in his heart, and his footsteps shall not slip. The sinner beholdeth the righteous

man, and seeketh his death: but the Lord shall not leave him in his hands, nor condemn him when he is judged. Wait upon the Lord, and keep his way, and He shall exalt thee to inherit the earth; when sinners are destroyed, thou shalt see. I have seen the impious highly exalted and lifted up like the cedars of Lebanon; and I passed by and, behold, he was not, and I sought him, but his place was not found. Keep innocence, and behold uprightnes, for there are remnants for the peaceful man. But transgressors shall be destroyed at once; the remnants of the impious shall be destroyed. But the salvation of the righteous is of the Lord, and He is their Defender in time of tribulation; and the Lord shall help them and deliver them, and He shall rescue them from sinners, and save them, for they have hoped in him.

Glory...



## SIXTH KATHISMA

### PSALM 37

*A psalm of David, in remembrance of the Sabbath*

**O** LORD, in thy displeasure rebuke me not, neither in thy wrath chastise me: for thine arrows have stuck fast in me, and thy hand hath lain upon me. There is no wholeness in my bones in the face of thy wrath; there is no peace in my bones by reason of my sins. For my transgressions have gone over my head, and as a heavy burden are become heavy upon me. My wounds stink and are corrupt by reason of my foolishness. I grew weary and was bowed down even to the end; all the day long I went about grieving: for my loins are filled with deceptions; and there is no wholeness in my flesh. I was oppressed and humbled exceedingly; I roared from the groaning of my heart. O Lord, before thee is all my desire, and my groaning is not hidden from thee. My heart is troubled, my strength hath forsaken me, and the light of mine eyes itself is not with me. My friends and my neighbors have come nigh and have stood against me: and those near me stood afar off, and those that sought my soul did violence; and those that sought evil for me spake vain things and meditated deceit all the day. But I, as a deaf man, heard not, and as a man not opening his mouth: and was like a man that heareth not, and who in his mouth hath no reproofs. For on thee, O Lord, have I hoped; thou shalt hearken, O Lord my God. For I said, let mine enemies never rejoice over me: for when my feet were moved they spake greatly against me. For I am prepared for scourges, and mine agony is continually before me. For I will declare my transgression, and I will care for my sin. But mine enemies live, and are become mightier than I, and those that hate me wrongfully are multiplied: those that reward me evil for good slandered

me because I pursued goodness. Forsake me not, O Lord my God; turn not away from me. Attend to my help, O Lord of my salvation.

### PSALM 38

*For the end, of Idithun, an ode of David*

**I** SAID: I shall pay heed to my ways, that I may not sin with my tongue: I set a watch upon my mouth when the sinner stood against me. I was dumb and humbled myself, and I kept silent from good words, and my grief was renewed. My heart grew hot within me, and in my meditation shall a fire be kindled: I spake with my tongue, Make known to me, O Lord, mine end, and what is the number of my days, that I may know what I lack. Behold, as handspans hast thou made my days, and my substance is as nothing before thee: yea, all things are vanity, even every man living. Surely man walketh as an image, yea, in vain is he disquieted: he storeth up treasure, and knoweth not for whom he gathereth it. And now what is mine expectation? is it not God? yea, my substance is from thee. From all my transgressions deliver me: thou hast made me a reproach to the fool. I was dumb, and did not open my mouth, for thou hast done it. Remove from me thy scourges: from the strength in thy hands have I fainted. With reproofs for transgressions hast thou chastened man; as a spider's web hast thou made his soul pine away: yea, every man in vain is disquieted. Hearken unto my prayer and my supplications, O Lord, attend to my tears; keep not silent, for I am a stranger with thee, and a sojourner as were my fathers. Refresh me, that I may rest before I depart and am no more.

## PSALM 39

*For the end, a psalm of David*

I WAITED patiently upon the Lord, and He hearkened unto me, and heard my prayer. And He led me up out of the pit of misery, and out of the miry clay, and He set my feet upon a rock, and guided my steps: and He put into my mouth a new song, hymns to our God. Many shall see and shall fear, and shall hope on the Lord. Blessed is the man whose trust is in the name of the Lord, and who looketh not upon vanities and false frenzies. Thou hast increased thy wonders, O Lord my God, and in thy thoughts is none who may be likened to thee; I declared and I spake, They are increased beyond number. Sacrifice and offering thou wouldest not, but a body hast thou prepared me: in burnt offerings and for sin thou hast had no pleasure. Then I said, Lo, I come (in the beginning of the book it is written of me): to do thy will, O my God, I desired, and thy law in the midst of my bosom. I announced thy righteousness in a great church; behold, I will not restrain my lips: O Lord, thou hast known. Thy righteousness I did not hide in my heart, thy truth and thy salvation I declared; nor did I hide thy mercy and thy truth from a great council. But thou, O Lord, withhold not thy compassion from me: thy mercy and thy truth succor me continually. Therefore evils without number have encompassed me; my transgressions have overtaken me, and I could not see: they are multiplied more than the hairs on my head, and my heart hath forsaken me. Be pleased, O Lord, to deliver me: O Lord, attend to mine aid. Let them be ashamed and confounded together that seek my soul, to take it: let them be turned back and ashamed who wish me harm. Let them quickly receive their shame who say to me, Well! Well! Let them rejoice and be glad in thee, all those who seek thee, O Lord, and let all those that love thy salvation continually say,

The Lord be magnified. But I am poor and needy; the Lord shall take care of me: my Helper and Deliverer art thou. O my God, do not tarry.

Glory...

PSALM 40

*For the end, a psalm of David*

**B**LESSED is he that understandeth concerning the poor and the needy; in the evil day shall the Lord deliver him: the Lord keep him, and give him life, and bless him upon the earth, and deliver him not into the hands of his enemy. The Lord help him upon his bed of pain: all his disability hast thou overturned in his illness. And I said, O Lord, have mercy on me, heal my soul, for I have sinned against thee. Mine enemies have spoken evils against me: When shall he die and his name perish? And he came in to see; his heart spake vanity, he gathered iniquity to himself; he went out, and spake in like manner. All mine enemies whispered evils against me, they devised evils against me. A lawless word did they set up for me: Shall he that sleepeth not rise again? For the man of my peace, in whom I trusted, he that ate my bread, hath lifted up his heel against me. But thou, O Lord, have mercy on me, and raise me up, and I shall requite them. By this I know that thou hast delighted in me, for mine enemy shall not rejoice over me. But thou shalt uphold me because of mine innocence, and thou hast established me before thee forever. Blessed be the Lord God of Israel from ages and to ages. So be it. So be it.



## PSALM 41

*For the end, of instruction for the sons of men, a psalm of David, without superscription among the Hebrews*

**A**s the hart desireth the fountains of water, so my soul desireth thee, O God. My soul hath thirsted after the mighty living God; when shall I come and appear before the face of God? My tears have been my bread day and night, while every day it is said to me: Where is thy God? These things I remembered, and I poured out my soul in me: therefore I will go over into the place of the wondrous tabernacle, even into the house of God, with the sound of rejoicing and thanksgiving, the noise of them that keep festival. Why art thou exceeding sad, O my soul? and why dost thou disquiet me? Hope on God, for I will confess him, the salvation of my countenance, and my God. Within me my soul is troubled: therefore I will remember thee from the land of Jordan and Hermon, from the little hill. Deep calleth to deep at the sound of thy cataracts: all thy heights and thy waves have passed over me. In the daytime God commandeth his mercy: and by night a canticle from me, a prayer to the God of my life. I will say to God, Thou art my Helper, why hast thou forgotten me? and why do I go about grieving, while the enemy afflicteth me? When my bones are broken, mine enemies reproach me, while they say to me every day: Where is thy God? Why art thou exceeding sad, O my soul? and why dost thou disquiet me? Hope on God, for I will confess him, the salvation of my countenance, and my God.

## PSALM 42

*A psalm of David, without superscription among the Hebrews*

**J**UDGE me, O God, and plead for my cause: from the unholy nation, from the unrighteous and deceitful man, deliver me.

For thou, O God, art my strength; why hast thou forsaken me? and why do I go about grieving, while the enemy afflicteth me? Send forth thy light and thy truth: they have guided me and have brought me to thy holy mountain, and to thy tabernacles. And I will go in to the altar of God, to God who giveth joy to my youth: I will confess thee upon the harp, O God my God. Why art thou exceeding sad, O my soul? and why dost thou disquiet me? Hope on God, for I will confess him, the salvation of my countenance, and my God.

Glory...

PSALM 43

*For the end, for the sons of Kore, for instruction*

**O** GOD, we have heard with our ears, and our fathers have declared unto us, the work which thou hast wrought in their days, in days of old. Thy hand utterly destroyed the nations, and thou didst plant them; thou didst afflict the people and cast them out. Not by their sword did they settle the land, nor did their arm save them: but by thy right hand, and by thine arm, and by the light of thy countenance, for thou wast well-pleased in them. Thou art thyself my King and my God, who didst command the salvation of Jacob. With thee will we gore our enemies with the horn, and in thy name will we despise them that rise against us. I will not trust in my bow, nor shall mine arm save me: thou hast saved us from them that oppress us, and thou hast put to shame them that hate us. In God will we boast all the day long, and to thy name we will give thanks forever. But now thou hast cast us off, and hast put us to shame, and thou wilt not go forth, O God, with our hosts. Thou hast turned us backwards before our enemies, and those that hate us plundered for themselves. Thou hast given

us as sheep for meat, and thou hast scattered us among the nations. Thou hast sold thy people without price, and there was no profit in our exchange. Thou hast made us a reproach to our neighbors, scorn and humiliation to them that are round about us. Thou hast made us a proverb among the nations, a shaking of the head among the peoples. All the day long my disgrace is before me, and the shame of my face hath covered me, from the voice of him who reproacheth and slandereth me, from the face of the enemy and the persecutor. All these things have come upon us, yet we have not forgotten thee, nor have we done unrighteously in thy covenant, nor has our heart turned back away: and thou hast not turned our steps aside from thy way. For thou hast humbled us in the place of our oppression, and the shadow of death hath covered us. If we have forgotten the name of our God, or if we have spread our hands to a strange God, shall not God search out these things? for he knoweth the secrets of the heart. For thy sake we are killed all the day long; we are counted as sheep for the slaughter. Rise up, why dost thou sleep, O Lord? Arise, and cast us not off till the end. Why dost thou turn away thy face? why hast thou forgotten our poverty and affliction? For our souls are humbled down to the dust; our belly hath cleaved to the earth. Arise, O Lord, help us and redeem us for thy name's sake.

PSALM 44

*For the end, of things to be changed, for the sons of  
Kore, for instruction, a canticle of the Beloved*

**M**Y heart let out a good word; I speak my works to the King: my tongue is the pen of a swift-writing scribe. Thou art in comeliness more beautiful than the sons of men, grace hath been shed forth on thy lips: for this cause God hath blessed thee forever. Gird thy sword upon thy thigh, O Mighty

One, in thy comeliness and in thy beauty, and draw thy bow, and prosper, and reign, because of truth, and meekness, and righteousness: and thy right hand shall guide thee wondrously. Thine arrows are sharp, O Mighty One, in the heart of the king's enemies (nations shall fall under thee). Thy throne, O God, is unto ages of ages: a scepter of righteousness is the scepter of thy kingdom. Thou hast loved righteousness and hated iniquity: therefore God, thy God, hath anointed thee with the oil of gladness above thy fellows. Myrrh, and aloes, and cassia arise from thy garments, from ivory palaces, wherewith the daughters of kings have made thee glad in thine honor. On thy right hand stood the queen, in a garment wrought with gold, clothed in divers colors. Hearken, O daughter, and see, and incline thine ear, and forget thy people, and the house of thy father. And the King shall desire thy beauty, for He is thy Lord, and they shall worship him, and daughters of Tyre with gifts; the rich among the people shall entreat thy countenance. All the glory of the King's daughter is within, clothed with borders of gold and divers colors. Virgins shall be brought to the King after her, her neighbors shall be brought to thee: they shall be brought with gladness and rejoicing, they shall be brought into the temple of the King. Instead of thy fathers, sons are born to thee: thou shalt make them princes over the earth. I will remember thy name from generation to generation; for this cause shall peoples praise thee forever, and unto ages of ages.

PSALM 45

*For the end, for the sons of Kore, of secrets*

**O**UR God is our refuge and strength, a Helper in afflictions that strongly beset us; for this cause we will not fear, when the earth shall be disquieted, and mountains be removed into

the heart of the seas. Their waters roared and were troubled, the mountains were troubled by his strength. The currents of the river gladden the city of God: the Most High hath sanctified his tabernacle. God is in the midst of it, and it shall not be moved; He shall help it early in the morning. Nations were troubled, and kingdoms were bowed down; the Most High uttered a sound, the earth was shaken. The Lord of Hosts is with us, the God of Jacob is our Protector. Come and see the works of the Lord, what wonders He hath done upon the earth, making wars to cease to the ends of the earth. He shall shatter the bow and break the weapons, and the shield shall He burn in fire. Be still and know that I am God: I will be exalted among the nations, and I will be exalted upon the earth. The Lord of Hosts is with us, the God of Jacob is our Protector.

Glory...



## SEVENTH KATHISMA

### PSALM 46

*For the end, a psalm for the sons of Kore*

**A**LL ye nations, clap your hands, shout unto God with a joyful voice. For the Lord Most High is fearful, a great King over all the earth. He subdued the peoples under us, and the nations under our feet: He chose us for his inheritance, the beauty of Jacob which He loved. God is ascended with jubilation, the Lord with the sound of the trumpet. Sing psalms unto our God, sing psalms; sing psalms unto our King, sing psalms: for God is King of all the earth; sing psalms with understanding. God hath become King over the nations: God sitteth upon his holy throne. The princes of the people are gathered together with the God of Abraham, for God's mighty ones of the earth have been greatly exalted.

### PSALM 47

*A hymn for the sons of Kore, for the  
second day of the week*

**G**REAT is the Lord, and greatly to be praised, in the city of our God, in his holy mountain, in the well-planted joy of the whole earth. The mountains of Zion, on the sides of the north: the city of the great king. God is known in her palaces when He helpeth her. For, behold, the kings of the earth were assembled; they came together. They saw it, they wondered; they were troubled, they were moved: trembling took hold on them: there were pangs as of a woman in travail. Thou shalt break the ships of Tarshish with a violent wind. As we have heard, so have we seen in the city of the Lord of Hosts, in the city of our God: God hath founded her for ever. We have

received thy mercy, O God, in the midst of thy people. According to thy name, O God, so is thy praise to the ends of the earth: thy right hand is full of righteousness. Let Mount Zion rejoice, and let the daughters of Judæa be glad for the sake of thy judgments, O Lord. Go round about Zion, and encompass her, announce in her towers. Set your hearts upon her strength, and divide her houses, that ye may tell it to another generation. For this is our God for ever, and unto ages of ages; He shall shepherd us for ever.

PSALM 48

*For the end, for the sons of Kore*

**H**EAR these things, all ye nations; give heed, all ye that dwell in the world, both ye earthborn, and ye sons of men, rich and poor men together. My lips shall speak wisdom, and the meditation of my heart understanding. I will incline mine ear unto a parable; I will solve my riddle upon the harp. Wherefore shall I fear in the evil day? the iniquity of my heel shall encompass me. They trust in their own strength, and boast in the multitude of their riches: a brother redeemeth not, shall a man redeem? He shall not give to God a ransom for himself, nor the price of the redemption of his soul: he shall labor for ever, and live to the end; he shall not see corruption. When he seeth the deaths of the wise, the fool and the mindless perish together, and they shall leave their riches to strangers. Their sepulchres are their houses for ever, their dwellings from generation to generation; they have called lands after their own names. And man, being in honor, understandeth not: he is likened to mindless cattle, and is become like them. This their way is a stumbling-block to them; yet afterwards shall their sayings be commended. As sheep are they laid in hell, death shall shepherd them; and the upright shall have dominion over them



in the morning, and their help shall wax old in hell; from their glory they were cast out. But God shall deliver my soul from the hand of hell when He receiveth me. Fear not when a man is enriched, nor yet when the glory of his house is increased; for when he dieth, he shall carry nothing away, neither shall his glory descend with him. For his soul shall be blessed in his life: he shall confess thee when thou doest good to him. He shall go into the generation of his fathers; he shall never see light. And man, being in honor, understandeth not: he is likened to mindless cattle, and is become like them.

Glory...

PSALM 49

*A psalm for Asaph*

**T**HE God of gods, the Lord, spake, and He called the earth from the rising of the sun to its setting. Out of Zion cometh the excellence of his beauty. God, our God, shall come visibly, and shall not keep silent: a fire shall be kindled before him, and round about him there shall be a great tempest. He shall summon the heaven above and the earth to judge his people. Gather his Saints unto him, them that have covenanted his covenant upon sacrifices. And the heavens shall declare his righteousness, for God is Judge. Hear, O my people, and I will speak to thee, O Israel; and I will testify to thee: I am God, thy God. Not for thy sacrifices will I reprove thee: for thy whole-burnt offerings are before me continually. I will take no bullocks out of thy house, nor he-goats out of thy flocks. For mine are all the wild beasts of the thicket, the cattle on the mountains, and the oxen. I know all the birds of the heavens; and the beauty of the field is with me. If I should hunger, I would not tell thee: for mine is the world and the fulness thereof. Shall I

eat the flesh of bulls? or drink the blood of goats? Sacrifice to God the sacrifice of praise; and render thy supplications to the Most High. And call upon me in the day of tribulation; and I will deliver thee, and thou shalt glorify me. But to the sinner hath God said, Why dost thou declare my statutes, and take up my covenant in thy mouth? For thou hast hated instruction, and hast cast my words behind thee. If thou didst see a thief, thou didst run with him, and didst cast thy lot with adulterers. Thy lips have multiplied evil, and thy tongue hath woven deceits. Thou didst sit and speak against thy brother, and didst lay a stumbling-block for thy mother's son. These things thou hast done, and I kept silent. Thou hast considered transgressions, that I should be like thee: I will reprove thee, and set thy sins before thy face. Therefore understand these things, ye that forget God, lest at any time He snatch you away, and there be no deliverer. The sacrifice of praise shall glorify me, and this is the way wherein I will show him my salvation.

PSALM 50

*For the end, a psalm of David, when Nathan  
the Prophet came to him, when he had  
gone in to Bathsheeba, the wife of Uriah*

**H**AVE mercy on me, O God, according to thy great mercy, and according to the multitude of thy compassions, blot out my transgressions. Wash me yet more from my transgressions, and from my sin purify thou me: for I know my transgression, and my sin is continually before me. Against thee alone have I sinned, and have done evil before thee; that thou mightest be justified in thy words, and conquer when thou art judged. Behold, in transgressions was I conceived, and in sins did my mother bear me. Behold, thou hast loved truth; the hidden and secret things of thy wisdom hast thou revealed

unto me. Thou shalt sprinkle me with hyssop and I shall be cleansed; thou shalt wash me, and I shall be whiter than snow. Thou shalt make me hear joy and gladness; the bones that have been humbled shall rejoice. Turn away thy face from my sins, and blot out all my transgressions. A clean heart create in me, O God, and a right spirit renew in my inmost parts. Cast me not away from thy face, and take not thy Holy Spirit from me. Give me again the joy of thy salvation, and establish me with a princely spirit. Then will I teach transgressors thy ways, and the impious shall return unto thee. Deliver me from blood-guiltiness, O God, the God of my salvation; my tongue shall rejoice in thy righteousness. O Lord, open thou my lips and my mouth shall declare thy praise. For if thou hadst desired sacrifice, I would have given it; with whole-burnt offerings thou wilt not be pleased. A sacrifice to God is a broken spirit; a broken and humbled heart God will not despise. Do good, O Lord, in thy good will unto Zion; and let the walls of Jerusalem be built. Then shalt thou be pleased with the sacrifice of righteousness, oblations, and whole-burnt offerings: then shall they lay bullocks upon thine altar.

Glory...

PSALM 51

*For the end, a psalm of instruction by David, when  
Doeg the Edomite came and told Saul, and said  
unto him, David is come to the house of Abimelech*

**O**MIGHTY man, why dost thou boast of evil? All the day long hath thy tongue devised transgressions and unrighteousness: like a sharpened razor hast thou wrought deceit. Thou hast loved evil more than goodness; unrighteousness rather than to speak righteousness; thou hast loved all the devouring

words, a deceitful tongue. For this cause may God destroy thee for ever; may He pluck thee up and utterly remove thee from thy dwelling, and thy root out of the land of the living. And the righteous shall see and fear, and shall laugh at him, and say, Behold the man who made not God his help, but trusted in the abundance of his riches, and strengthened himself in his vanity. But I am like a fruitful olive tree in the house of God: I have trusted in the mercy of God for ever, and unto ages of ages. I will confess thee for ever, for all that thou hast done; and I will wait on thy name, for it is good before thy Saints.

PSALM 52

*For the end, of instruction by David,  
concerning Maeleth*

**T**HE fool hath said in his heart, There is no God. They have corrupted themselves, and become abominable in iniquities; there is none that doeth good. God looked down from heaven upon the sons of men, to see if there be any that understand, or seek after God. They have all gone astray, they are altogether become unprofitable; there is none that doeth good, not even one. Will not all the workers of iniquity know, those who devour my people as they would eat bread? They have not called upon the Lord. There they feared fear, where there was no fear: for God hath scattered the bones of men-pleasers; they were put to shame, for God despised them. Who will give salvation to Israel out of Zion? When God turneth back the captivity of his people, Jacob shall rejoice, and Israel shall be glad.

## PSALM 53

*Among the hymns of instruction by David,  
when the Ziphites came to Saul and said,  
Lo, is not David hidden among us?*

**O** GOD, save me in thy name; and in thy power thou shalt judge me. O God, hearken unto my prayer, give heed to the sayings of my mouth. For strangers have risen up against me, and the mighty have sought after my soul; and they have not set God before them. For, behold, God helpeth me; and the Lord is the succor of my soul. He shall return evils to mine enemies: in thy truth do thou utterly destroy them. Willingly I will sacrifice unto thee; I will confess thy name, O Lord, for it is good. For out of all my tribulation hast thou delivered me; and mine eye hath looked upon mine enemies.

## PSALM 54

*For the end, among the hymns of instruction by David*

**G**IVE heed to my prayer, O God, and disregard not my supplication. Attend to me and hearken unto me: I was afflicted in my meditation, and was disquieted at the voice of an enemy, and at the tribulation caused me by a sinner. For they have charged me with a transgression, and in wrath have they borne malice against me. My heart is disquieted within me, and the dread of death hath fallen upon me; fear and trembling have come upon me; and darkness hath covered me. And I said, Who will give me wings like a dove? and I will fly away and be at rest. Behold, I have fled away and abode in the desert. I waited upon God, who hath saved me from faintheartedness, and from a stormy tempest. Drown them, O Lord, and sever their tongues, for I have seen transgression and strife in the city. Day and night it compasseth her upon her walls, and transgression and labor and unrighteousness in the midst of it:

and usury and deceit have not vanished from her streets. For if an enemy had reviled me, I could have borne it; and if he that hated me had spoken greatly against me, I would have hid myself from him. But thou, like-minded man, my guide and mine acquaintance, who together with me sweetened our food: in the house of God we walked with one accord. Let death come upon them, and let them go down into hell alive, for there is evil in their dwellings, in their midst. I have cried unto God, and the Lord hath hearkened unto me. In the evening and in the morning and at noonday I will declare and proclaim, and He shall hearken unto my voice. He shall redeem my soul in peace from them that draw nigh to me, for they were with me in many things. God shall hearken and shall humble them, He that is before the ages. For there is no change with them, for they have not feared God. He hath stretched forth his hand to reward; they have profaned his covenant. They have been scattered by the wrath of his face, their hearts have drawn nigh; their words are become softer than oil, and they themselves are darts. Cast thy burden upon the Lord, and He shall sustain thee: He shall not permit the righteous to be disquieted for ever. But thou, O God, shalt cast them down into the pit of destruction: men of blood and deceit shall not live out half their days. But I, O Lord, will hope in thee.

Glory...

# EIGHTH KATHISMA

## PSALM 55

*For the end, of the people removed from the sanctuary, a pillar inscription of David, when the Philistines surrounded him at Geth*

**H**AVE mercy on me, O God, for man trampled upon me: making war all the day long he afflicted me. Mine enemies trampled upon me all the day, for many are they who war against me from the heights. In the day I will not fear, for I will hope on thee. In God will I praise my words: I will hope on God, and not fear what flesh may do to me. All the day long they abhorred my words; their thoughts were against me for evil. They shall dwell and hide themselves; they shall keep watch upon my steps, as they have waited for my soul. But thou shalt not save them for ought, in anger shalt thou cast them down. O God, I have declared my life to thee: thou hast set my tears before thee, as in thy promise. Let mine enemies be turned back, in what day soever I shall call upon thee: behold, I know that thou art my God. In God will I praise his saying, in the Lord I will praise his word. I will hope on God; shall I not fear what man may do to me? Within me, O God, are supplications, which I will pay in praise to thee: for thou hast delivered my soul from death, mine eyes from tears, and my feet from slipping: that I may be well-pleasing before the Lord in the light of the living.

## PSALM 56

*For the end, do not destroy, a pillar inscription of David, when he fled from the face of Saul to the cave*

**H**AVE mercy upon me, O God, have mercy upon me: for in thee my soul hath trusted, and in the shadow of thy

wings will I hope, till iniquity pass away. I will cry unto the Lord Most High, unto God who hath done good unto me. He sent forth from heaven and delivered me, He made a reproach of them that trampled upon me: He sent forth his mercy and his truth. And He delivered my soul from the midst of young lions: I slept in disquiet. As for the sons of men, their teeth are weapons and arrows, and their tongue a sharp sword. Be thou exalted above the heavens, O God, and above all the earth thy glory. They prepared a snare for my feet, and they bowed down my soul: they dug a pit before my face, and they fell down therein. Ready is my heart, O God, ready is my heart; I will sing, yea, I will sing palms in my glory. Arise, O my glory; arise, psaltery and harp: I will arise early in the morning. I will confess thee among the peoples, O Lord; I will sing psalms to thee among the nations: for magnified unto the heavens is thy mercy, and unto the clouds thy truth. Be thou exalted above the heavens, O God, and above all the earth thy glory.

PSALM 57

*For the end, do not destroy, a pillar  
inscription of David*

**I**F in truth you speak righteousness, then judge right things, ye sons of men: for in your heart you work iniquity upon the earth; your hands weave unrighteousness. The sinners alienated themselves from the womb, they went astray from the bosom, the spake false things. Their wrath is in the likeness of a serpent, like the deaf asp that stoppeth its ears, that will not hear the voice of charmers, drugged by the drugs of a wise man. God shall break their teeth in their mouth: the Lord hath broken the jaws of lions. They shall come to nothing, like water running down: He shall bend his bow, till they be weakened. As wax melteth shall they be taken away: fire fell upon them, and



they saw not the sun. Before your thorns could know the brier, as living things, as in wrath shall He swallow them up. The righteous man shall rejoice, when he shall see the revenge; he shall wash his hands in the blood of the sinner. And man shall say: If indeed there be fruit to the righteous, there is indeed a God that judgeth them upon the earth.

Glory...

PSALM 58

*For the end, do not destroy, a pillar  
inscription of David, went Saul sent forth,  
and watched his house to kill him*

**R**EDEEM me from mine enemies, O God; from them that rise up against me, deliver me. Deliver me from them that work iniquity, and from the man of blood, save me. For behold, they caught my soul, the mighty fell upon me: it is neither mine iniquity, nor my sin, O Lord. Without iniquity I ran, and directed my steps: rise up to meet me, and behold. And thou, O Lord God of Powers, O God of Israel, attend to visit all the nations: show no mercy upon them that work iniquity. They shall return at evening, and hunger like dogs, and go round about the city. Behold, they shall speak out of their mouths, and a sword is in their lips, for who heard? And thou, O Lord, shalt laugh at them, and shalt bring all the nations to nothing. My might will I keep to thee: for thou, O God, art my succor. My God, his mercy shall go before me: my God, he shall set me over mine enemies. Slay them not, lest at any time they forget thy Law: scatter them by thy power, and cast them down, O Lord, my Protector. The sin of their mouth, the word of their lips, and let them be taken even in their pride, and for cursing and lying shall destruction be pronounced. In wrath is their

destruction, and they shall not be: and they shall know that God ruleth Jacob, and the ends of the earth. They shall return at evening, and hunger like dogs, and go round about the city. They shall be scattered abroad, and if they be not filled, they shall murmur. But I will sing thy power, and in the morning I will rejoice in thy mercy: for thou art become my succor, and my refuge in the day of my tribulation. Thou art my Helper; to thee shall I sing psalms, for thou art my succor, O my God, my mercy.

PSALM 59

*For the end, of them that shall yet be changed, a pillar inscription of David, for instruction: when he set fire to Mesopotamia of Syria, and Syria Sobal, and Joab returned, and smote Edom in the Valley of Salt, even ten thousand.*

**O** GOD, thou hast cast us off, and hast overthrown us; thou hast been angry, and hast had mercy on us. Thou hast shaken the earth, and hast troubled it: heal its breaches, for it hath moved. Thou hast shown thy people hard things: thou hast made us drink the wine of contrition. Thou hast given a sign to them that fear thee, that they might flee from before the bow. That thy beloved ones may be delivered, save with thy right hand and hearken unto me. God hath spoken in his sanctuary, I will be exalted and will divide Shechem, and I will parcel out the vale of tabernacles. Mine is Galaad and mine is Manasses, and Ephraim is the succor of my head; Judah is my king. Moab is the kettle of my hope; upon Edom will I impose my boot; foreigners are subject unto me. Who will lead me to the fortified city? or who will guide me to Edom? Wilt not thou, O God, who hast cast us off? and wilt thou not go forth with our forces? Grant us help from tribulation, for vain is the

salvation of man. In God will we do mighty works, and He shall set at nought our enemies.

PSALM 60

*For the end, among the hymns of David*

**H**EARKEN, O God, to my supplication, attend to my prayer: from the ends of the earth have I cried unto thee; when my heart was dejected, thou hast exalted me upon a rock, thou hast guided me. For thou hast been my hope, a tower of strength against the face of the enemy. In thy tabernacle will I dwell for ever; I will be sheltered under the shelter of thy wing. For thou, O God, hast heard my prayer; thou hast given an inheritance to them that fear thy name. Days shalt thou add to the days of the king, his years as days unto generation and generation. He shall abide for ever before God; who shall search out his mercy and his truth? So will I sing psalms to thy name for ever, that I may render my vows from day to day.

Glory...

PSALM 61

*For the end, of Idithun, a psalm of David*

**S**HALL not my soul submit unto God? for from him is my salvation. He is indeed my God, my Saviour and my Helper; I will be moved no more. How long will you assault a man? you kill, all of you, like a leaning wall, and a tottering fence. But my price they thought to cast away; they ran in thirst: with their mouths, they blessed, but with their hearts, they cursed. But do thou, O my soul, be subject unto God: for from him is my patience. He is indeed my God, my Saviour and my Helper; I will not wander. In God is my salvation and my glory; the God of my help, and my hope is in God. Hope on him, all you con-

gregation of peoples: pour out your hearts before him, for God is our Helper. But vain are the sons of men; the sons of men lie in the balance, to be unjust: they are altogether of vanity. Put not your trust in iniquity, and yearn not after robbery; if riches flow in, set not your hearts upon them. Once hath God spoken; these two things have I heard: that might is God's, and mercy is thine, O Lord: for thou shalt render unto every man according to his works.

PSALM 62

*A psalm of David, when he was in the wilderness of Judæa*

**O** GOD, my God, unto thee do I rise up early; for thee my soul hath thirsted, how often my flesh hath thirsted for thee, in a desert land, untrodden and waterless. Thus in the sanctuary have I appeared before thee, that I might see thy power and thy glory. For better is thy mercy than life; my lips shall praise thee. Thus will I bless thee in my life, and in thy name will I lift up my hands. As with marrow and fatness let my soul be satisfied; and my mouth shall praise thee with joyful lips. Whilst I remembered thee in my bed, in the mornings have I meditated upon thee: for thou art become my Helper, and under the shelter of thy wings will I rejoice. My soul hath cleaved unto thee; thy right hand hath upholden me. But in vain have they sought my soul; they shall go into the nether regions of the earth; they shall be delivered into the hands of the sword; they shall be a portion for foxes. But the king shall be glad in God; all they that swear by him shall be praised, for the mouth of them that speak unrighteousness hath been stopped.

## PSALM 63

*For the end, a psalm of David*

**H**EARKEN, O God, to my voice, when I pray unto thee; from fear of the enemy deliver my soul. Protect me from the congregation of evildoers, from the multitude of the workers of iniquity: who have whetted their tongues like a sword, who have bent their bow, a bitter thing, to shoot the blameless in secret: they shall shoot him suddenly, and shall not fear. They resolved themselves upon an evil word; they declared they would hide snares, saying, Who will see them? They searched after iniquity: they grew weary of searching in their searches. A man shall draw nigh, and a deep heart, and God shall be exalted. As the arrows of a babe were their blows, and their tongues became weak against them; all that saw them were troubled. And every man feared: and they declared the works of God, and understood the things He had done. The righteous shall rejoice in the Lord, and he shall hope in him: and all the upright in heart shall be praised.

Glory...



# NINTH KATHISMA

## PSALM 64

*For the end, a canticle psalm of David, sung by  
Jeremiah and Ezekiel and the wandering  
people, when they were about to go forth*

**T**o thee belongeth a hymn, O God, in Zion, and to thee shall be rendered a prayer in Jerusalem. Hearken unto my prayer; to thee all flesh shall come. The words of the lawless have overpowered us, but from our impieties thou shalt cleanse us. Blessed is he whom thou hast chosen and taken, he shall dwell in thy courts. We will be filled with the good things of thy house: thy temple is holy, thou art wondrous in righteousness. Hear us, O God our Saviour, the hope of all the ends of the earth, and of them that are far off upon the sea: who dost establish the mountains with thy strength, girded about with power: who dost trouble the depth of the sea; who shall withstand the sound of its waves? The nations shall be disquieted, they that live at the ends of the earth shall be afraid of thy signs: thou shalt make the departures of morning and evening to rejoice. Thou hast visited the earth, and saturated it, thou hast greatly increased it: the river of God is filled with water. Thou hast prepared their food, for thus is its preparation. Saturate her furrows, increase her fruits: in her showers shall she rejoice springing up. Thou hast blessed the crown of the year with thy goodness, and thy plains shall be filled with fatness. The mountains of the wilderness shall be enriched, and the hills shall be girded with joy. The rams of the flock are clothed, and the valleys abound with wheat: they shall cry out, yea, they shall sing psalms.

## PSALM 65

*For the end, a canticle psalm of Resurrection*

**S**HOUT unto the Lord, all the earth; sing psalms unto his name; make his praise glorious. Say unto God, How fearful are all thy works; in the greatness of thy power shall thine enemies lie to thee. Let all the earth worship thee and sing psalms unto thee; let them sing psalms unto thy name, O Most High. Come and see the works of God, how fearful in his counsels, more than the sons of men. Who turneth sea into dry land, they shall go in the river on foot; there shall we rejoice in him, who by his power is Master forever; his eyes look upon the nations, that those who provoke him may not be exalted in themselves. Bless our God, O ye nations, and make the voice of his praise to be heard, who establisheth my soul in life, and suffereth not my feet to be moved. For thou hast proved us, O God; thou hast tried us with fire, as with fire silver is tried. Thou hast brought us into the snare; thou hast laid scourges upon our back. Thou hast set men over our head; we have passed through fire and water, and thou hast brought us to a place of refreshment. I will go into thy house with whole-burnt offerings; I will offer unto thee my prayers which my lips have uttered, and which my mouth spake in mine affliction. Fattened whole-burnt offerings will I sacrifice to thee with incense and rams; I will sacrifice unto thee oxen with goats. Come, hear, and I will tell ye, all that fear God, the great things He hath done for my soul. I cried to him with my mouth, and with my tongue I exalted him. If I have looked upon unrighteousness in my heart, may the Lord not hearken unto me. For this cause God hath hearkened unto me, He hath attended to the voice of my prayer. Blessed is God, who hath not turned away from my prayer, nor his mercy from me.



## PSALM 66

*For the end, among the hymns, a  
canticle psalm of David*

**O** GOD, be compassionate unto us, and bless us; make thy face to shine upon us, and have mercy on us. That thy way may be known upon earth, thy salvation among all nations. Let the peoples confess thee, O God, let all the peoples confess thee. Let the nations be glad and rejoice, for thou shalt judge the peoples in uprightness, and thou shalt guide the nations of the earth. Let the peoples confess thee, O God, let all the peoples confess thee. The earth hath yielded her fruit. Bless us, O God, our God; bless us, O God, and let all the ends of the earth fear him.

*Glory...*

## PSALM 67

*For the end, a canticle psalm of David*

**L**ET God arise, and let him scatter his enemies, and let them that hate him flee from before his face. As smoke vanisheth, let them vanish, as wax melteth in the face of fire: so let sinners perish before the face of God, but let the righteous be glad, let them rejoice before God, let them delight in joy. Sing psalms unto God, sing psalms unto his name; make a way for him that rideth in the west, the Lord is his name, and rejoice before him. Let them be troubled by his countenance, the Father of orphans and Judge of widows; God is in his holy place. God establisheth the solitary in a house, manfully leading forth fettered ones, and them that provoke also, even them that dwell in tombs. O God, when thou didst go forth before thy people, when thou didst go through the desert, the earth quaked, yea, the heavens dripped before the face of the God of Sinai, before

the face of the God of Israel. Rain didst thou willingly grant, O God, to thine inheritance; it was wearied, but thou didst refresh it. Thy creatures dwell in it; in thy goodness hast thou prepared for the poor, O God. The Lord shall grant utterance with great power to them that proclaim glad tidings. The king of the hosts of his beloved, according to the beauty of the house, shall divide the spoils; if ye sleep among the lots, ye shall have wings of a dove covered in silver, and her back in brilliant gold. When He that dwelleth in the heavens shall distribute kings upon it, they shall be snow-white in Selmon. The mountain of God is a rich mountain, a curdled mountain, a rich mountain. Why do ye reckon there be other curdled mountains? This is the mountain wherein God is well-pleased to dwell: for the Lord shall abide therein till the end. The chariots of God are ten thousand fold, thousands of stalwarts: the Lord is among them in Sinai, in the holy place. Thou art ascended on high, thou hast led captivity captive, thou hast received gifts among men, for they were disobedient, that thou mightest abide with them. The Lord God is blessed, the Lord God is blessed day by day; the God of our salvation doth prosper us. Our God is the God who saveth: and of the Lord's Lord are the pathways from death. But God shall crush the heads of his enemies, the hairy crown of them that continue their transgressions. The Lord said, I will lead back from Basan, I will lead back through the depths of the sea, that thy foot may be dipped in blood, the tongue of thy dog with that of thine enemies. Thy processions have been seen, O God, the processions of my God and King, who is in his sanctuary. Princes at the head, singers next, in the midst of maidens playing timbrels. In the churches bless ye God, the Lord from the fountains of Israel. There is Benjamin the younger in ecstasy, the princes of Judah their masters, the princes of Zebulon, the princes of Nephthalim. Command,

O God, thy might; strengthen, O God, that which thou hast wrought in us. Because of thy temple at Jerusalem shall kings bring thee gifts. Rebuke the wild beast of the reed, the assembly of bulls among the heifers of the peoples, lest they exclude them that have been proved like silver: scatter the nations that desire war. Ambassadors shall come out of Egypt; Ethiopia shall lead with her hand unto God. O ye kingdoms of the earth, sing unto God; sing psalms unto the Lord, who rideth the heaven of heavens to the east: He shall make a mighty sound with his voice. Give glory to God: in Israel is his excellency, in the clouds is his might. God is wondrous in his Saints: the God of Israel, He shall give might and strength to his people; blessed is God.

Glory...

PSALM 68

*For the end, for them that shall  
be changed, a psalm of David*

**S**AVE me, O God, for the waters have come in, even unto my soul. I am sunk in deep mire, and there is no standing; I am come into the depths of the sea, and a tempest hath overwhelmed me. I am wearied from crying, my throat hath become hoarse; mine eyes have failed from waiting upon my God. They that hate me without a cause are multiplied more than the hairs on my head; mine enemies are strengthened, who persecute me unrighteously; for what I did not take, I then gave back. O God, thou knewest my foolishness, and my transgressions are not hidden from thee. Let them not be put to shame on my account who wait upon thee, O Lord, O Lord of Hosts; neither let them be disgraced on my account who seek thee, O God of Israel. For thy sake have I borne reproach; shame hath

covered my face. I became alienated from my brethren, and a stranger to my mother's children. For the zeal of thy house hath eaten me up, and the reproaches of them that reproach thee have fallen upon me. And I covered my soul with fasting, and it was made a reproach against me. And I put on sackcloth as my garment, and I became for them a proverb. They that sat in the gate gossiped about me, and they that drank wine sang about me. Yet as for me, my prayer is to thee, O God, in convenient time: O God, in the multitude of thy mercies hearken unto me, in the truth of thy salvation. Save me out of the mire, and let me not sink; let me be delivered from them that hate me, and out of deep waters. Let not the flood overwhelm me, neither let the deep swallow me up, nor let the well shut its mouth against me. Hearken unto me, O God, for thy mercy is good; according to the multitude of thy compassions look upon me. Turn not away thy face from thy child; hear me speedily, for I am afflicted. Attend to my soul and redeem it; on account of mine enemies, deliver me. Thou knowest my reproach, and my shame, and my disgrace; before thee are all them that afflict me. My soul hath waited for reproach and misery; and I waited for one to share mine affliction, and there was none, and for some to comfort me, and I found none. And they gave me gall for my food, and in my thirst they gave me vinegar to drink. Let their table before them be for a snare, and for a recompense, and for a stumbling-block. Let their eyes be darkened, that they see not, and let their back be bowed down continually. Pour out on them thine anger, and let the anger of thy wrath overtake them. Let their courts become desolate, and in their dwellings let there be no inhabitant, because they persecuted him whom thou hast smitten, and they added pain to my wounds. Add iniquity to their iniquity, and let them not enter into thy righteousness. Let them be blotted out of

the book of life, and with the righteous let them not be written down. Poor and afflicted am I: may thy salvation, O God, come before me. I will praise the name of my God in song, I will magnify him in praise; and God shall be more pleased, than with a young calf having horns and hoofs. Let the poor see and be glad; seek ye the Lord, and your souls shall live. For the Lord heareth the needy, and disregardeth not his fettered ones. Let the heavens and the earth praise him, the seas and all creatures in them. For God shall save Zion, and the cities of Judæa shall be built, and they shall dwell therein, and inherit it: and the seed of his servants shall inherit it, and they that love his name shall dwell in it.

PSALM 69

*For the end, of David in remembrance,  
that the Lord may save me*

**O** GOD, attend to my help; O Lord, hasten to help me. Let them be ashamed and disgraced that seek my soul; let them be turned back and ashamed who wish me harm; let them be turned back at once in shame that say to me, Well! Well! Let them rejoice and be glad in thee, all those that seek thee, O God, and let all those that love thy salvation continually say, The Lord be magnified. But I am poor and needy, O God, help me; my helper and deliverer art thou, O Lord, do not tarry.

Glory...



# TENTH KATHISMA

## PSALM 70

*A psalm of David, of the sons of Jonadab,*

*and of the first to be taken captive,*

*without superscription among the Hebrews*

**I**N thee, O Lord, have I hoped, let me never be put to shame: in thy righteousness deliver me, and redeem me: incline thine ear unto me, and save me. Be thou unto me for a defending God, and for a place of strength to save me: thou art my foundation and my refuge. O my God, deliver me from the hand of the sinner, from the hand of the transgressor of the law and of the wrongdoer: for thou art my patience, O Lord, O Lord, my hope from my youth. On thee have I been established from birth, from my mother's womb thou art my Protector; of thee will I sing continually. For I am become a wonder to many, but thou art my mighty Helper. Let my mouth be filled with thy praise, O Lord, that I may hymn thy glory, thy magnificence all the day long. Cast me not off in time of old age; when my strength shall fail, do not forsake me. For mine enemies spake against me, and they that watched my soul took counsel together, saying, God hath forsaken him: pursue and take him, for there is none to deliver him. O my God, be not far from me; O my God, attend to my help. Let them be ashamed and confounded that belie my soul, let them be covered with shame and disgrace that seek evils for me. But I will hope in thee always, and I will add to all thy praise. My mouth shall declare thy truth, thy salvation all the day long, for I knew not of books. I will enter into the power of the Lord: O Lord, I will be mindful of the righteousness that is thine alone. O my God, what thou hast taught me from my youth, and up to now,

I will declare thy wonders. And even unto old age and extreme old, O my God, forsake me not, till I proclaim thine arm to all the generation to come; thy power and thy righteousness, O God, even unto the highest, what great things thou hast done for me. O God, who is like unto thee? as great as the many and evil afflictions thou hast shown me? Yet turning, thou hast brought me to life, and from the depths of the earth hast thou brought me up. Thou hast heaped upon me thy greatness, and turning thou hast comforted me, and again from the depths of the earth hast thou brought me up. For I will confess thee among the peoples, O Lord, thy truth upon the instruments of psalmody; O God, I will sing to thee upon the harp, the Holy One of Israel. My lips shall rejoice when I sing to thee, and my soul, which thou hast delivered: yea and my tongue shall meditate upon thy righteousness all the day long, when they are ashamed and disgraced that seek evils for me.

PSALM 71

*For Solomon, a psalm of David*

**O** GOD, give thy judgment to the king, and thy righteousness to the king's son: to judge thy people in righteousness, and thy poor in judgment. Let the mountains receive peace for the people, and the hills righteousness. He shall judge the poor of the people, and save the sons of the poor, and humble him that speaketh calumnies. And He shall continue with the sun, and before the moon, from generation to generation. He shall come down like rain upon the fleece, and like showers falling upon the earth. In his days shall spring up righteousness, and an abundance of peace, until the moon shall be taken away. And He shall have dominion from sea to sea, and from the river to the ends of the whole world. Before him shall the Ethiopians fall down, and his enemies shall lick the dust. The



kings of Tarshish and of the isles shall offer gifts; the kings of Arabia and Saba shall bring gifts. And all the kings of the earth shall worship him; all the nations shall serve him. For He shall deliver the poor from the mighty, and the needy, that had no helper. He shall spare the poor and needy, and the souls of the poor shall He save: from usury and from iniquity shall He save their souls, and their names shall be honorable before him. And He shall live, and to him shall be given all the gold of Arabia, and they shall pray to him continually; they shall bless him all the day long. There shall be a firmament upon the earth on the mountaintops: its fruits shall be exalted more than Lebanon, and they of the city shall flourish like the grass of the earth. His name shall be blessed for ever, before the sun shall his name continue: and in him shall all the tribes of the earth be blessed, all the nations shall bless him. Blessed be the Lord God of Israel, who alone doeth wonders, and blessed be the name of his glory for ever and unto ages of ages: and all the earth shall be filled with his glory. So be it. So be it.

Glory...

THE HYMNS OF DAVID, SON OF JESSE, ARE COME TO AN END

PSALM 72

*A psalm of Asaph*

**H**ow good is God to Israel! to them that are upright in heart. But my feet were almost moved, my steps were almost overthrown, for I was jealous of the transgressors, seeing the peace of the sinners. For there is no misfortune in their death, but resolution under the scourge: they are not in trouble like men, nor do they receive the scourge like men. For this cause pride hath held them to the end: they have robed them-

selves with their unrighteousness and their impiety. As from fatness their unrighteousness went forth, they passed over into a longing of the heart. They meditated and spake in wickedness, they spake unrighteousness on high: they set their mouth against heaven, and their tongue passed through to the earth. For this cause shall my people return hither, and full days shall be found in them. And they said: How doth God know? and is there knowledge in the Most High? Behold, these sinners and they that prosper always, they have amassed wealth. And I said: Therefore in vain I justified my heart, and washed my hands among the innocent: and I was a wounded man all the day long, and my reproofs were in the mornings. If I said I shall speak thus: behold, I had offended against the generation of thy sons. And I thought to understand: this is a labor before me, till I go into the sanctuary of God, and understand their fates. But for their deceits, thou hast set evils for them; thou hast cast them down, when they were lifted up. How they were brought to desolation! they vanished suddenly, they perished by reason of their transgression. As the dream of them that awake, O Lord, in thy city thou shalt bring their image to nothing. For my heart was inflamed, my reins were changed: and I was brought to nothing, and understood it not; I became like a beast to thee. And I am with thee always: thou hast held me by my right hand, thou hast guided me by thy counsel, and with glory hast thou received me. What is there for me in heaven? and what apart from thee have I desired upon the earth? My heart and my flesh have failed, O God of my heart, and thou, O God, art my portion forever. For behold, they that remove themselves from thee shall perish: thou hast destroyed every one that goes a whoring from thee. But it is good for me to draw near unto God, to put my trust in the Lord, that I may proclaim all thy praises in the gates of the daughter of Zion.

## PSALM 73

*Of instruction for Asaph*

**W**HY, O God, hast thou cast us off till the end? why is thy wrath kindled against the sheep of thy pasture? Remember thy congregation, which thou hast possessed from the beginning: thou hast redeemed the scepter of thine inheritance, this Mount Zion, wherein thou hast dwelt. Lift up thy hands against their pride till the end, forasmuch as the enemy did evil in thy sanctuary. And they that hate thee have boasted in the midst of thy feast: they have set up their ensigns for signs, and they knew not, as in the entrance above: as with axes in a wood of trees have they cut down its doors at once: they have destroyed them with hatchet and pickaxe. With fire have they burned down thy sanctuary; they have profaned the dwelling-place of thy name upon the earth. They said in their hearts, their whole kindred together: Come and let us abolish the festivals of God from the land. Our signs we have not seen: henceforth there is no prophet, and He shall know us no more. How long, O Lord, shall the enemy reproach? shall the adversary provoke thy name for ever? Why dost thou turn away thy hand, and thy right hand from the midst of thy bosom till the end? But God is our King before the ages: He hath wrought salvation in the midst of the earth. Thou didst establish the sea by thy might: thou didst crush the heads of dragons in the waters: thou hast broken the head of the dragon, thou hast given him as meat to the people of Ethiopia. Thou didst break up fountains and torrents: thou didst dry up the rivers of Etham. Thine is the day, and thine the night: thou hast prepared the dawn and the sun. Thou hast made all the borders of the earth: the summer and the spring, thou hast created them. Remember this: the enemy reproached the Lord, and a foolish people hath provoked thy name. Deliver not up to beasts the

souls that confess thee: forget not the souls of thy poor ones till the end. Look down upon thy covenant: for the dark places of the earth are filled with houses of iniquity. Let not the humble be turned back in shame: the poor and needy shall praise thy name. Arise, O God, judge thine own cause: remember thy reproaches, those from the foolish man all the day long. Forget not the voice of thy supplicants: the pride of them that hate thee riseth up continually.

Glory...

PSALM 74

*For the end, do not destroy, a canticle psalm of Asaph*

**W**E will confess thee, O God, we will confess thee and call upon thy name: I will declare all thy wonders. When I have time, I will judge in uprightness. The earth is dissolved, and all those that dwell on it; I have established its pillars. I said to the transgressors, Transgress not; and to the sinners, Lift not up the horn. Raise not up your horn on high, and speak not unrighteousness to God: for it is neither from the east, nor from the west, nor from the desert mountains. For God is Judge; He humbleth one, and He lifteth up another. For in the hand of the Lord there is mixed a cup of unmingled wine, and He hath turned it from side to side: but the dregs thereof are not poured out, all the sinners of the earth shall drink. But I will rejoice for ever, I will sing to the God of Jacob: and I will break all the horns of sinners, but the horns of the righteous shall be exalted.

## PSALM 75

*For the end, among the hymns, a psalm of Asaph,  
an ode to the Assyrian*

**I**N Judæa is God known; in Israel, great is his name. And his place came to be in peace, and his dwelling in Zion. There He broke the power of bows, the shield and the sword and the battle. Thou dost wonderfully shine forth from the eternal mountains. All the foolish of heart were troubled: they slept their sleep, and all the men of riches found nothing in their hands. At thy rebuke, O God of Jacob, all the riders of horses fell asleep. Thou art terrible, and who shall withstand thee? from thence is thine anger. Thou hast made judgment to be heard from heaven; the earth feared and was still, when God arose in judgment, to save all the meek of the earth. Therefore the thought of man shall confess thee, and the remnants of his thought shall celebrate thee. Pray ye, and render unto the Lord our God: all that are round about him shall bring gifts, even to him that is terrible, and taketh away the spirit from princes, to him that is more terrible than kings of the earth.

## PSALM 76

*For the end, for Idithun, a psalm of Asaph*

**W**ITH my voice did I cry unto the Lord, yea, with my voice unto God, and He hearkened unto me. In the day of my tribulation I sought out God, with my hands by night before him, and was not deceived: my soul refused to be comforted. I remembered God, and rejoiced; I discoursed, and my spirit fainted. Mine eyes came before the watches: I was troubled, and spake not. I pondered the days of old, and I remembered eternal years, and I meditated: at night with my heart I discoursed, and I searched out my soul: will God cast me out forever, and will He never again be favorable? Or will

He cut off his mercy forever, will the word pass away from generation to generation? Will God forget to be compassionate? or in his wrath will He withhold his compassions? And I said, Now have I begun: this is the change of the right hand of the Most High. I remembered the works of the Lord: for from the beginning I will remember thy wonders, and I will meditate upon all thy works, and discourse upon thy doings. O God, thy way is in the sanctuary: who is so great a God as our God? Thou art God who doest wonders: thou hast made known thy power among the peoples. With thine arm hast thou delivered thy people, the sons of Jacob and Joseph. The waters saw thee, O God, the waters saw thee, and they were afraid: the deeps were troubled, great was the resounding noise of the waters: the clouds gave forth sound, for thine arrows passed afar. The voice of thy thunder was in the whirlwind, thy lightning illuminated the whole world: the earth moved and was shaken. Thy ways are in the sea, and thy paths in great waters, and thy footsteps shall not be known. Thou hast guided thy people as sheep, by the hand of Moses and Aaron.

Glory...

# ELEVENTH KATHISMA

## PSALM 77

### *A psalm of Asaph*

**G**IVE heed, O my people, to my law; incline your ears to the words of my mouth. I will open my mouth in parables; I will utter riddles from the beginning. What great things we heard, and have known them, and our fathers told us: they were not hidden from their sons in another generation; they declared the praises of the Lord and his powers, and his wonders, which He did. And He raised up a testimony in Jacob, and set up a law in Israel: what great things He commanded our fathers, to tell them to their children; that another generation might know them, even sons yet to be born, to stand up and make them known to their sons: that they might set up their hope in God, and forget not his works, but keep his commandments: that they might not be as their fathers, a perverse and provoking generation, a generation that corrected not their hearts, and their spirits were not steadfast with God. The sons of Ephraim, bending the bow and shooting, were turned back in the day of battle. They kept not the commandments of God, and delighted not to walk in his law. And they forgot his benefits, and his wonders, which He showed them: the wonders He did in the sight of their fathers in the land of Egypt, on the plain of Tanis. He divided the sea, and led them through it; he made the waters stand as in a bottle. And He guided them with a cloud by day, and all night with a light of fire. He clove a rock in the desert, and gave them to drink as in a great deep; and He drew water from the rock, and made waters flow down like rivers. And they added yet more to their sins against him, they provoked the Most High in a waterless place; and

they tempted God in their hearts, to beg food for their spirits. And they spake against God, and said, Is God able to prepare a table in the desert? Because He smote the rock, and waters ran out, and torrents overflowed: will He be able to give bread, or prepare a table for his people? Wherefore God heard and disregarded, and a fire was kindled in Jacob, and wrath came upon Israel: for they believed not in God, neither did they trust in his salvation. And He commanded clouds from above, and opened the doors of heaven; and rained upon them manna to eat, and gave them heavenly bread. Man ate the bread of angels; He sent them food until they were filled. And He raised up the south wind from heaven, and by his power brought the southwest wind: and He rained flesh upon them like dust, and feathered birds like the sands of the sea. And they fell in the midst of their camp, round about their dwellings. And they ate and were exceeding filled, and He brought them their desire. They were not deprived of their desire, but with their food still in their mouths, the wrath of God came upon them, and killed the fattest of them, and overthrew the elect of Israel. In all this they sinned yet more, and believed not his wonders: and their days are vanished in vanity, and their years in haste. When He was killing them, then they sought him and turned back, rising up early unto God; and they remembered that God was their Helper, and that God the Most High was their Redeemer. And they loved him with their mouth, but with their tongue they lied to him: for their heart was not right with him, nor were they steadfast in his covenant. But He is compassionate, and forgiveth their sins, and shall not destroy them, and many a time shall He turn his anger away, and shall not burn them all up in his wrath. And He remembered that they are flesh: a spirit going and not returning, how often they provoked him in the desert, they enraged him in a waterless land. And they



turned back, and tempted God, and vexed the Holy One of Israel. And they remembered not his hand, in the day when He delivered them from the hand of the oppressor. How He set his signs in Egypt, and his wonders on the plain of Tanis. And He turned into blood their rivers and their showers, that they might not drink. He sent upon them the dog-fly, and it ate them up, and the frog, and it destroyed them. And He gave their fruit to mildew, and their labor to the locust. He killed their vineyards with hail, and their mulberry trees with frost: and He gave to the hail their cattle, and their possessions to the fire. He sent upon them the wrath of his anger, anger and wrath and affliction, sending evil angels among them. He made a way for the path of his wrath: and He spared not their spirits from death, and their cattle He shut up in death: and He smote all the firstborn in the land of Egypt, the first-fruit of all their labors in the tents of Ham. And He took away his people like sheep, and led them like a flock through the desert, and He guided them with hope, and they feared not, but the sea covered their enemies: and He brought them to the mountain of his sanctuary, the mountain He obtained with his right hand. And He cast out the nations from before them, and by lot gave them the land by a line of division, and made the tribes of Israel to dwell in their tents. And they tempted and provoked God the Most High, and they kept not his testimonies: and they turned back, and cast aside the covenant, like their fathers, and turned themselves into a crooked bow. And they enraged him in their hills, and in their graven images they vexed him. God heard and disregarded, and despised Israel exceedingly, and rejected the tabernacle of Shiloh, his tabernacle where He dwelt among men; and He delivered their strength into captivity, and their beauty into the hands of the enemy. And He consigned his people to the sword, and disregarded his inheri-

tance. Fire devoured their young men, and their virgins were not mourned; their priests fell by the sword, and their widows were not lamented; and the Lord awoke as one sleeping, like a strong man drunk with wine: and He smote his enemies in the rear, He gave them everlasting reproach. And He rejected the tabernacle of Joseph, and the tribe of Ephraim He chose not: but He chose the tribe of Judah, Mount Zion, which He loved; and He built like a unicorn his sanctuary, in the land He founded for ever. And He chose David his servant, and took him from his flocks of sheep: from behind the teeming sheep He received him, to feed Jacob his servant, and Israel his inheritance; and he fed them in the innocence of his heart, and in the understanding of his hands hath he guided them.

Glory...

PSALM 78

*A psalm of Asaph*

**O** GOD, the nations are come into thine inheritance; they profaned thy holy temple, they set up Jerusalem as a storehouse of fruit. They gave the bodies of thy servants to be food for the birds of the air, the flesh of thy Saints to the beasts of the earth. They poured out their blood like water round about Jerusalem, and there was no one to bury them. We are become a reproach to our neighbors, scorn and derision to them round about us. How long, O Lord, wilt thou be angry till the end? shall thy zeal burn like fire? Pour out thy wrath upon the nations that have not known thee, and upon the kingdoms that have not called upon thy name: for they have devoured Jacob, and have made his place desolate. Remember thou not our former transgressions: let thy compassion speedily come before us, O Lord, for we are become exceeding poor. Help us, O God our

Saviour, for the sake of the glory of thy name. O God, deliver us, and cleanse our sins, for thy name's sake: lest at any time they should say among the nations: Where is their God? And let be known among the nations before our eyes, the vengeance for the blood shed of thy servants. Let the sighing of the fettered come in before thee: according to the greatness of thine arm, do thou possess the sons of them that are slain. Render to our neighbors seven times over into their bosom the reproach wherewith they reproached thee, O Lord. But we thy people, and the sheep of thy pasture, will confess thee, O God, for ever; from generation to generation we will declare thy praise.

PSALM 79

*For the end, for them that shall be changed,  
a testimony of Asaph*

**O** SHEPHERD of Israel, attend, thou that guidest Joseph like a sheep. Thou that sittest upon the Cherubim, appear before Ephraim and Benjamin and Manasses; arouse thy power, and come to save us. O God, convert us, and make thy face to shine, and we shall be saved. O Lord God of Powers, how long shalt thou be angry with the prayer of thy servant? Thou shalt feed us with the bread of tears, and shalt give us to drink tears in measure. Thou hast made us a contradiction to our neighbors, and our enemies scoffed at us. O Lord God of Powers, convert us, and make thy face to shine, and we shall be saved. A vineyard hast thou brought out of Egypt, and thou hast cast out the nations, and hast planted it. Thou hast made a way before it, and hast planted its roots, and the land was filled. Its shadow covered the mountains, and its branches the cedars of God: thou hast stretched out its vines to the sea, and even unto the river its shoots.

## PSALM 80

*For the end, of the winepresses, a psalm of Asaph*

**R**EJOICE unto God our Helper, shout unto the God of Jacob: Take a psalm and bring the timbrel, the pleasant psaltery with the harp. Blow upon the trumpet at the new moon, upon the well-celebrated day of our feast: for this is a commandment to Israel, a judgment of the God of Jacob. This He set as a testimony in Joseph, when he went out from the Land of Egypt: he heard a tongue which he knew not. He turned away from burdens his back, his hands in the basket did serve. In tribulations didst thou call upon me, and I delivered thee: I heard thee in the secret storm: I tried thee at the water of strife. Hear, O my people, and I shall testify unto thee; O Israel, if thou hadst hearkened to me: there shall not be in thee any new god, neither shalt thou worship a strange god. For I am the Lord thy God, who brought thee out of the land of Egypt: open wide thy mouth, and I will fill it. And my people heard not my voice, and Israel heeded me not: and I let them go in the inventions of their hearts, and they went about in their inventions. But if my people had heard me, if Israel had walked in my ways, even in that hour I would have humbled their enemies, and against their oppressors I would have put forth my hand. The enemies of God lied to him, but their time shall be for ever. And He fed them from the fat of wheat, and with honey out of the rock He filled them.

Glory...

## PSALM 81

*A psalm of Asaph*

**G**OD standeth in the congregation of gods; in the midst shall He judge gods. How long will ye judge unright-

teously, and accept the presence of sinners? Judge the orphan and the needy; to the humble and the poor do justice: redeem the needy and the poor; out of the hand of the sinner deliver him. They have not known nor understood; they walk about in darkness: let all the foundations of the earth be moved. I have said, Ye all are gods, and all the sons of the Most High; but as men ye die, and as one of the princes ye fall. Arise, O God, judge thou the earth, for thou shalt inherit among all the nations.

PSALM 82

*A canticle psalm of Asaph*

**O** GOD, who shall be likened unto thee? be not silent, neither be still, O God. For behold, thine enemies made a sound, and those that hated thee lifted up the head. Willingly they devised evil against thy people, and took counsel against thy Saints. They said: Come and let us destroy them out of the nation, and let the name of Israel be remembered no more. For they took counsel together with one accord, and against thy covenant they covenanted: the tents of the Edomites and the Ishmaelites, Moab and the Hagarenes, Gebal and Ammon and Amalek, the Philistines and the inhabitants of Tyre: even Assur came with them; they became helpers of the children of Lot. Do unto them as to Midian and to Sisera, as to Jabin at the brook of Kishon. They were destroyed at Endor; they became like the dung of the earth. Make their princes like Oreb and like Zeeb; like Zebec and like Zalmunna, all their princes, who said: Let us take for our inheritance the sanctuary of God. O God, make them like a wheel, like the stubble in the face of the wind. Like a fire burning up the woods, like a flame consuming the mountains: so shalt thou persecute them with thy tempest, and trouble them in thy wrath. Fill their faces with

dishonor, and they shall seek thy name, O Lord. Let them be ashamed and troubled for ever, and let them be disgraced and perish. And let them know that thy name is Lord, that thou alone art Most High over all the earth.

PSALM 83

*For the end, of the winepresses, a psalm  
for the sons of Kore*

**H**ow amiable are thy tabernacles, O Lord of Hosts; my soul longeth, yea, even fainteth for the courts of the Lord. My heart and my flesh have rejoiced in the living God. Yea, the sparrow hath found a house, and the turtle-dove a nest for herself, where she may lay her young, even thine altars, O Lord of Hosts, my King and my God. Blessed are they that dwell in thy house; unto ages of ages shall they praise thee. Blessed is the man whose succor is from thee, in whose heart he hath disposed to ascend to the vale of weeping, to the place which he hath set, for the Law-giver shall give a blessing. They shall go from strength to strength; the God of gods shall be seen in Zion. O Lord God of Hosts, hearken unto my prayer; give heed, O God of Jacob. Behold, O God our Defender, and look upon the face of thine anointed. For better is one day in thy courts than a thousand. I have elected to be an outcast in the house of my God rather than to dwell in the tabernacles of sinners. For the Lord God loveth mercy and truth, He shall give grace and glory. The Lord shall not deprive of good things them that walk in innocence. O Lord God of Hosts, blessed is the man that hopeth in thee.

## PSALM 84

*For the end, a psalm for the sons of Kore*

**T**HOU wast well-pleased, O Lord, with thy land; thou hast turned back the captivity of Jacob. Thou hast forgiven the transgression of thy people; thou hast covered all their sin. Thou hast calmed all thy wrath; thou hast turned back from the wrath of thy displeasure. Turn us, O God of our salvation, and turn thy displeasure away from us. Wilt thou be wroth with us for ever? or wilt thou extend thy wrath from generation to generation? O God, thou shalt turn and quicken us, and thy people shall be glad in thee. Show us thy mercy, O Lord, and grant us thy salvation. I will hear what the Lord God will speak concerning me, for He shall speak peace to his people, and to his Saints, and to them that turn their heart unto him. Yet his salvation is nigh to them that fear him, that glory may abide in our land. Mercy and truth are met together; righteousness and peace have kissed. Truth hath sprung out of the earth; and righteousness hath shone down from heaven. For the Lord shall give goodness, and our land shall give her fruit. Righteousness shall go before him, and He shall set his steps in the way.

Glory...





## TWELFTH KATHISMA

### PSALM 85

#### *A prayer of David*

**B**ow down thine ear, O Lord, and hearken unto me, for poor and needy am I. Keep my soul, for I am holy; save thy servant, O my God, that hopeth in thee. Have mercy on me, O Lord, for unto thee I cry all the day long; make glad the soul of thy servant, for unto thee have I lifted up my soul. For thou, O Lord, art good and kind, and great in mercy unto all them that call upon thee. Give heed, O Lord, to my prayer, and attend to the voice of my supplication. In the day of my tribulation I cried unto thee, for thou hast hearkened unto me. There is none like unto thee among the gods, O Lord, and there are none like unto thy works. All the nations which thou hast made shall come and worship before thee, O Lord, and shall glorify thy name: for thou art great and workest wonders; thou alone art God. Guide me, O Lord, in thy way, and I will walk in thy truth; let my heart be glad, that I may fear thy name. I will confess thee, O Lord my God, with all my heart, and I will glorify thy name for ever. For great is thy mercy toward me, and thou hast delivered my soul from the lowest hell. O God, the lawless are risen up against me, and a congregation of mighty men have sought after my soul, and have not set thee before them. But thou, O Lord my God, art compassionate and merciful, long-suffering and great in mercy, and true. Look upon me, and have mercy on me; give strength unto thy child, and save the son of thy handmaid. Work upon me a sign for good, that those who hate me may see it and be ashamed, for thou, O Lord, hast helped me and comforted me.

## PSALM 86

*A canticle psalm, for the sons of Kore*

**H**IS foundations are in the holy mountains; the Lord loveth the gates of Zion more than all the tabernacles of Jacob. Glorious things are spoken of thee, thou city of God. I will remember Rahab and Babylon to them that know me: and, behold, the foreigners, and Tyre and the people of Ethiopia, they were born there. Zion is my mother, a man shall say, and a man was born in her, and He, the Most High, hath founded her. The Lord shall declare it in his writing of the peoples, and their rulers that were born in her. How joyful are all those that dwell in thee.

## PSALM 87

*A canticle psalm for the sons of Kore,  
for the end, on the response of Maeleth,  
of instruction for Aemon the Israelite*

**O** LORD God of my salvation, I have cried in the day and in the night before thee. Let my prayer come in before thee; bow down thine ear to my supplication. For my soul is filled with evil, and my life hath come nigh to hell. I have been counted among them that go down into the pit. I am become as a helpless man, free among the dead, like them that are wounded and lie down in the grave, whom thou hast remembered no more; and they are cut off from thy hand. They have laid me in the lowest pit, in dark places, and in the shadow of death. Thy displeasure hath lain upon me, and all thy waves hast thou brought upon me. Thou hast removed mine acquaintances from me; they have made me an abomination to themselves. I was delivered up and did not come forth. Mine eyes were weakened from poverty: I cried unto thee, O Lord, all the day; I stretched forth my hands unto thee. Wilt thou work

wonders for the dead? or shall physicians raise them up that they may confess thee? Shall any one declare thy mercy in the grave, and thy truth in perdition? Shall thy wonders be known in the darkness, and thy righteousness in a forgotten land? But I, O Lord, cried unto thee, and in the morning my prayer shall come before thee. Why, O Lord, dost thou reject my soul, and turn away thy face from me? I am poor and in troubles from my youth up; and being exalted, I was humbled and perplexed. Thy wrath hath passed over me; thy terrors have disquieted me. They have encompassed me like water all the day, and have overwhelmed me at once. Thou hast removed friend and neighbor from me, and mine acquaintance because of my misery.

Glory...

### PSALM 88

#### *Of instruction for Ethan the Israelite*

**T**HY mercies, O Lord, will I sing for ever; from generation to generation I will declare thy truth with my mouth. For thou hast said, Mercy shall be built up for ever; thy truth shall be made ready in the heavens. I covenanted a covenant with mine elect; I swore to David my servant, Thy seed will I establish unto eternity, and I will build up thy throne from generation to generation. The heavens shall confess thy wonders, O Lord, thy truth in the church of the Saints. For who in the clouds shall be made equal to the Lord; or who among the sons of God shall be likened unto the Lord? God, who is glorified in the council of the Saints: great and fearful above all them that are round about him. O Lord God of Powers, who is like unto thee? Thou art powerful, O Lord, and thy truth is round about thee. Thou art Master over the might of the sea; and thou tamest the surge of the waves thereof. Thou hast humbled

the proud, as one that is wounded; with the arm of thy power hast thou scattered thine enemies. Thine are the heavens, and thine the earth: the world and the fulness thereof hast thou founded. The north and the sea hast thou created; Tabor and Hermon shall rejoice in thy name. Thine is the powerful arm: let thy hand be strengthened, and thy right hand be exalted. Righteousness and judgment are the preparation of thy throne; mercy and truth shall go before thy face. Blessed is the people that knoweth jubilation: O Lord, they shall walk in the light of thy face. And in thy name shall they rejoice all the day long, and in thy righteousness shall they be exalted: for thou art the glory of their strength, and in thy goodwill shall our horn be exalted. For from the Lord is our succor, and from our King, the Holy One of Israel. Then hast thou spoken in a vision to thy sons, and hast said: I bestowed help upon one that is mighty, and exalted one chosen of my people: I found David my servant; with my holy oil I anointed him. For my hand shall help him, and mine arm shall strengthen him. The enemy shall not prevail against him, nor shall the son of transgressions again do him harm. And I will cut down his enemies before his face; and them that hate him will I put to flight. And my truth and my mercy shall be with him; and in my name shall his horn be exalted. And I will set his hand in the sea, and his right hand in the rivers. He shall cry out to me, Thou art my Father, my God, and the Helper of my salvation. And I will make him my firstborn, high above the kings of the earth. I will keep my mercy toward him for ever, and my covenant faithful. And I will make his seed to endure unto ages of ages, and his throne as the days of heaven. And if his sons forsake my law, and walk not in my judgments; if they profane my statutes, and keep not my commandments, I will visit their transgressions with a rod, and their sins with scourges. But my mercy will I not

take away from him, nor will I do wrong in my truth. Neither will I profane my covenant, nor cast aside the things that have gone forth from my lips. Once I swore by my holiness, I will not lie unto David: his seed shall abide for ever, and his throne as the sun before me, and as the moon is set up for ever, and is a faithful witness in heaven. But thou hast rejected and despised; thou hast been wroth with thine anointed. Thou hast overturned the covenant of thy servant; thou hast profaned his sanctuary on the earth. Thou hast pulled down all his hedges; thou hast made his strongholds a terror. All that pass by the way despised him; he became a reproach to his neighbors. Thou hast exalted the right hand of his enemies; thou hast gladdened all his enemies. Thou hast turned back the help of his sword, and hast not helped him in battle. Thou hast made an end of his purification, and thou hast cast his throne down to the earth. Thou hast shortened the days of his time; thou hast covered him with shame. How long, O Lord, turnest thou away unto the end? Shall thy wrath flame up like fire? Remember what my substance is: for hast thou made all the sons of men in vain? Who is the man that will live and not see death? shall his soul be delivered out of the hand of hell? Where are thine ancient mercies, O Lord, which thou hast sworn to David in thy truth? Remember, O Lord, the reproach of thy servants, how I have borne in my bosom the reproach of many nations: wherewith thine enemies have reproached, O Lord, wherewith they have reproached the recompense of thine anointed. Blessed be the Lord for ever. So be it. So be it.

Glory...

## PSALM 89

*A prayer of Moses, the man of God*

**O** LORD, thou hast been our refuge from generation to generation: before the mountains came to be, or the earth and the world were fashioned, from age to age thou art. Turn not man away into humiliation; as thou hast said, Turn back, ye sons of men. For a thousand years in thine eyes, O Lord, are as yesterday, which is passed, and as a watch in the night. Their years shall be set at naught; like grass in the morning, they shall pass away. In the morning it shall flourish and pass away; in the evening it shall fall and harden and wither away. For we have vanished in thy wrath, and in thy displeasure have we been disquieted. Thou hast set our transgressions before thee, our age in the light of thy countenance. For all our days are vanished, and in thy wrath have we vanished. I have meditated upon our years: they are like a spider's web. The days of our years, among them are seventy years, and if they be in strength, eighty years; and most of them are but labor and toil, for meekness is come upon us, and we shall be chastened. Who knoweth the might of thy wrath? and for fear of thee who can measure thy displeasure? So make thy right hand known to me, and those that are chastened in heart by wisdom. Return, O Lord: how long? and be thou entreated concerning thy servants. We have been filled with thy wisdom in the morning, O Lord, and we have rejoiced and we have been glad. In all our days let us be glad for the days wherein thou hast humbled us, for the years wherein we have seen evils. And look upon thy servants and upon thy works, and do thou guide their sons. And let the brightness of the Lord our God be upon us, and the works of our hands do thou direct for us; yea, the work of our hands do thou direct.

## PSALM 90

*A canticle praise of David*

**H**E that dwelleth in the help of the Most High, under the shelter of the God of heaven shall abide. He shall say to the Lord, Thou art my succor, and my refuge; my God, and I shall hope in him. For He shall deliver thee from the snare of the hunters, and from the seditious word. With his shoulders shall He overshadow thee, and under his wings shalt thou hope: with armor shall his truth encircle thee. Thou shalt not fear the terror of night, the arrow that flieth by day, nor the things that walk about in the darkness, nor calamity, nor the noonday demon. A thousand shall fall at thy side, and ten thousand at thy right hand, but it shall not come nigh thee. Yet with thine eyes shalt thou behold, and the reward of sinners shalt thou see. For thou, O Lord, art my hope: thou hast made the Most High thy refuge. There shall not come to thee any evil, and no scourge shall come nigh thy dwelling: for He shall give his angels charge over thee, to keep thee in all thy ways. In their hands shall they bear thee up, lest thou dash thy foot against a stone. Upon the asp and the basilisk shalt thou tread, and thou shalt trample upon the lion and the serpent. For he hath hoped in me, and I will deliver him; I will shelter him, for he hath known my name. He shall call unto me, and I will hear him; I am with him in tribulation, I will redeem him, and I will glorify him. Unto length of days will I satisfy him, and I will show him my salvation.

Glory...





## THIRTEENTH KATHISMA

### PSALM 91

*A canticle psalm for the Sabbath-day*

**I**T is good to confess unto the Lord, and to sing psalms unto thy name, O Most High: to proclaim thy mercy in the morning, and thy truth in the night, upon a psaltery of ten strings, with a song upon the harp. For thou hast gladdened me, O Lord, with thy work, and in the works of thy hands will I rejoice. How great are thy works become, O Lord, exceeding deep are thy thoughts become. A foolish man shall not learn these things, and a stupid man shall not understand them. When sinners sprang up like grass, and all the workers of iniquity flourished, that they might be destroyed for ever. But thou, O Lord, art most high for ever; for behold thine enemies, O Lord, for behold thine enemies shall perish, and all the workers of iniquity shall be scattered. And like the unicorn shall my horn be exalted, and mine old age with rich mercy; and mine eye hath looked upon mine enemy, and mine ear shall hear the evildoers that rise up against me. The righteous shall flourish like a palm tree; like the cedars of Lebanon shall he increase. They that are planted in the house of the Lord shall flourish in the courts of our God. In rich old age shall they increase, and they shall be well received, so they may declare that the Lord our God is upright, and there is no unrighteousness in him.

### PSALM 92

*On the day before the Sabbath, when the land  
was settled, a canticle of praise of David*

**T**HE Lord hath become King, with beauty hath He clothed himself; the Lord hath clothed himself with power and

hath girded himself: for He hath established the world, which shall not be moved. Thy throne is prepared of old: thou art from everlasting. The rivers have risen, O Lord, the rivers have raised their voices: the rivers shall lift up their waves, from the voice of many waters. Wondrous are the billows of the seas; wondrous is the Lord on high. Thy testimonies are exceeding faithful: holiness belongeth to thy house, O Lord, unto length of days.

### PSALM 93

*A psalm of David for the fourth day of the week*

**T**HE Lord is a God of vengeance, the God of vengeance hath spoken boldly. Exalt thyself, O Judge of the earth; render a reward to the proud. How long shall sinners, O Lord, how long shall sinners boast? Shall they utter and speak unrighteousness, shall all the workers of iniquity speak? Thy people, O Lord, they humbled, and they afflicted thine inheritance. They slew the widow and the orphan, and they murdered the stranger. And they said: The Lord shall not see, neither shall the God of Jacob understand. But understand, ye foolish among the people, and ye unwise, learn wisdom at last. He that planted the ear, doth He not hear? or He that formed the eye, doth He not perceive? He that chastiseth the nations, shall He not rebuke, He that teacheth man understanding? The Lord knoweth that the thoughts of men are vain. Blessed is the man whom thou shalt chastise, O Lord, and out of thy Law shalt thou teach him: to give him rest from evil days, till a pit be dug for the sinner. For the Lord shall not cast off his people, and his inheritance He shall not forsake: until righteousness return unto judgment, and all the upright in heart do keep to it. Who shall rise up for me against the evildoers? or who shall stand with me against the workers of iniquity? If the Lord had

not helped me, my soul had almost dwelt in hell. If I said: My foot is moved, thy mercy, O Lord, helped me; according to the multitude of my sorrows in my heart, thy comforts gladdened my soul. Let not the throne of transgressions stand before thee, O Lord, which frameth mischief by an ordinance. They shall hunt after the soul of the righteous, and shall condemn innocent blood. But the Lord is become for me a refuge, and my God is the help of my hope. And He shall render unto them their transgressions, and according to their wickedness shall the Lord our God destroy them.

Glory...

PSALM 94

*A hymn of praise of David, without  
superscription among the Hebrews*

COME, let us rejoice in the Lord; let us shout unto God our Saviour: let us come before his face in confession, and in psalms let us shout unto him. For the Lord is a great God, and a great King over all the earth. For in his hands are all the ends of the earth, and the heights of the mountains are his. For the sea is his, and He made it; his hands fashioned the dry land. Come, let us worship and bow down before him, let us weep before the face of the Lord that made us: for He is our God, and we are the people of his pasture, and the sheep of his hand. Today if ye will hear his voice, harden not your hearts, as in the provocation, during the day of temptation in the wilderness, when your fathers tempted me; they tempted me, and saw my works. Forty years was I offended with that generation, and I said, They do always err in their heart, but they learned not my ways. Therefore I sware in my wrath: They shall not enter into my rest.

## PSALM 95

*A hymn of praise of David, when the  
house was built after the captivity,  
without superscription among the Hebrews*

**S**ING unto the Lord a new song; O sing unto the Lord, all the earth! Sing unto the Lord, bless his name: proclaim his salvation from day to day. Declare his glory among the nations, his wonders among all the peoples. For great is the Lord, and greatly to be praised; He is to be feared above all the gods. For all the gods of the nations are demons: but the Lord created the heavens. Confession and beauty are before him, holiness and magnificence are in his sanctuary. Give unto the Lord, ye kindred of the nations, give unto the Lord glory and honor. Give unto the Lord the glory due his name: bring sacrifices, and enter into his courts. Worship the Lord in his holy court; let all the earth be moved before his face. Say it among the nations, that the Lord hath become King: for He hath established the world, which shall not be moved; He shall judge the people in uprightness. Let the heavens rejoice, let the earth be glad; let the sea be moved, and the fulness thereof. The fields shall rejoice, and all things therein; then shall all the trees of the forest rejoice before the face of the Lord, for He is coming, for He is coming to judge the earth: He shall judge the world with righteousness, and the peoples with his truth.

## PSALM 96

*A psalm of David, when his land was restored,  
without superscription among the Hebrews*

**T**HE Lord hath become King, let the earth rejoice, let the many isles be glad. Clouds and darkness are round about him: righteousness and judgment are the accomplishment of his throne. A fire shall go before him, and shall burn

up his enemies round about. His lightning shone forth upon the whole world; the earth saw it, and trembled. Mountains melted like wax before the face of the Lord, before the face of the Lord of all the earth. The heavens declared his righteousness, and all the people saw his glory. Let them all be ashamed who worship graven images, who boast in their idols: worship him, all ye his angels. Zion heard and was gladdened, and the daughters of Judah rejoiced because of thy judgments, O Lord. For thou art the Lord Most High over all the earth, thou art exalted exceedingly far above all gods. Ye that love the Lord, hate evil things: the Lord guardeth the souls of his Saints, He shall deliver them from the hand of the sinner. Light is risen to the righteous, and gladness to the upright in heart. Rejoice, ye righteous, in the Lord, and confess the memory of his holiness.

Glory...

PSALM 97  
*A psalm of David*

**S**ING unto the Lord a new song, for the Lord hath wrought wonders: his right hand, and his holy arm, have saved him. The Lord made known his salvation; before the nations He revealed his righteousness. He remembered his mercy to Jacob, and his truth to the house of Israel: all the ends of the earth saw the salvation of our God. Shout unto the Lord, all the earth; O sing, and rejoice, and sing psalms. Sing unto the Lord with the harp; with the harp, and with the voice of a psalm; with the brass trumpet, and with the voice of the trumpet of horn: sound the trumpet before the Lord King. Let the sea be moved, and the fulness thereof, the world, and all that dwell therein. Rivers shall clap their hands together; mountains shall

rejoice before the face of the Lord, for He is come again, He is come to judge the earth: He shall judge the world in righteousness, and the people in uprightness.

PSALM 98

*A psalm of David*

**T**HE Lord hath become King, let the people rage: He that sitteth upon the Cherubim, let the earth be moved. The Lord is great in Zion, and high above all people; let them confess his mighty name, for it is fearful and holy. And the king's honor loveth judgment: thou hast prepared uprightness, and wrought judgment and righteousness unto Jacob. Exalt ye the Lord our God, and worship at his footstool, for He is holy. Moses and Aaron among his priests, and Samuel among them that call upon his name; they called upon the Lord, and He heard them. In the pillar of cloud He spake unto them: for they kept his testimonies and his commandments, that He gave them. O Lord our God, thou hast heard them: O God, thou wast merciful toward them, yet avenging all their inventions. Exalt ye the Lord our God, and worship on his holy mountain: for holy is the Lord our God.

PSALM 99

*A psalm of David, for confession*

**S**HOUT unto God, all the earth: serve ye the Lord with gladness, enter in before him in joy. Know that the Lord himself is our God. He made us, and not we ourselves: but we are his people, and the sheep of his pasture. Enter into his gates with confession, into his courts with hymns: confess him, praise his name. For the Lord is good, and his mercy is forever, and his truth even to generation and generation.

## PSALM 100

*A psalm of David*

**M**ERCY and judgment will I sing to thee, O Lord; I will sing psalms and be wise in the way of blamelessness. When wilt thou come unto me? I have walked in the innocence of my heart, in the midst of my house. I have set before mine eyes no unlawful thing; I have hated the transgressors of the law. A perverse heart did not cleave unto me; the evil man that turneth away from me I have not known. Whoso privily slandereth his neighbor, him will I drive away. With him that hath a proud eye and an insatiate heart I have not eaten. Mine eyes are upon the faithful of the land, to have them sit with me; the man that walketh in the way of blamelessness, the same hath ministered unto me. He that worketh pride hath not dwelt in the midst of my house; he that speaketh unrighteousness hath not stood before mine eyes. In the morning have I slain all the sinners of the land, that I might utterly destroy all the workers of iniquity from the city of the Lord.

Glory...





# FOURTEENTH KATHISMA

## PSALM 101

*A prayer of the poor, when he is dejected and  
pours out his petition before the Lord*

**O** LORD, hearken to my prayer, and let my cry come unto thee. Turn not away thy face from me; in the day when I am afflicted, bow down thine ear to me. In the day when I call upon thee, hear me speedily. For my days are vanished like smoke, and my bones are dried up like brushwood. I am smitten like grass, and my heart is withered away, for I forget to eat my bread. From the voice of my sighing, my bones have cleaved to my flesh. I am become like a pelican of the desert; I am become like a night raven in the ruins of a house. I have watched, and am become like a solitary sparrow on a housetop. All the day long mine enemies reviled me, and they that praised me swore against me. For I ate ashes like bread, and mingled my drink with weeping, from the presence of thy wrath and thy displeasure; for having lifted me up, thou hast cast me down. My days have declined like a shadow and I am withered like grass. But thou, O Lord, remainest unto the ages, and thy memorial is from generation to generation. Thou shalt arise and have compassion on Zion, for it is time to have compassion on him; for the time is come. For thy servants were pleased with the stones thereof, and they shall have compassion on the dust thereof. And the nations shall fear thy name, O Lord, and all the kings of the earth thy glory. For the Lord shall build up Zion, and He shall appear in his glory. He hath looked down upon the prayer of the humble, and hath not disregarded their supplication. Let these things be written for another generation, and the people that shall be created shall praise the Lord. For He

hath looked out from the height of his sanctuary; the Lord from heaven hath looked down upon the earth, that He might hear the sighing of them that are in fetters, that He might loose the sons of them that are slain; to declare the name of the Lord in Zion, and his praise in Jerusalem, when the people shall be gathered together, and kings to serve the Lord. He answered him in the way of his might, Declare unto me the fewness of my days. Take me not away in the midst of my days; thy years are from generation to generation. In the beginning hast thou, O Lord, founded the earth; and the heavens are the work of thy hands. They shall perish, but thou remainest: and they all shall wax old like a garment, and like a vesture shalt thou fold them up, and they shall be changed. But thou art the same, and thy years shall not fail. The sons of thy servants shall abide, and their seed shall prosper for ever.

PSALM 102

*A psalm of David*

**B**LESS the Lord, O my soul, and all that is within me, his holy name. Bless the Lord, O my soul, and forget not all his benefits, who cleanseth all thy transgressions, who healeth all thine infirmities, who redeemeth thy life from destruction, who crowneth thee with mercy and compassion, who satisfieth thy desire with good things; thy youth shall be renewed like an eagle's. The Lord worketh mercies and judgment for all that are wronged. He made known his ways unto Moses, his will to the children of Israel. Compassionate and merciful is the Lord, long-suffering and of great mercy. He shall not be wroth until the end; nor shall He keep his anger for ever. Not according to our sins hath He dealt with us, nor according to our transgressions hath He rewarded us. For as high as the heaven is above the earth, the Lord hath strengthened his mercy toward them

that fear him. As far as the east is from the west, so far hath He removed our transgressions from us. As a father is compassionate to his children, so is the Lord compassionate to them that fear him. For He knew our frame; He remembered that we are dust. As for man, his days are as grass; as the flower of the field so shall he flourish. For the spirit passeth in him, and he shall not be: the place thereof shall know it no more. But the mercy of the Lord is from ages to ages on them that fear him. And his righteousness upon children's children, to such as keep his covenant, and remember his commandments to do them. The Lord hath prepared his throne in heaven; and his kingdom shall be master over all. Bless the Lord, all ye his angels, powerful in might, that do his word, hearing the voice of his words. Bless the Lord, all ye his powers, ye servants of his that do his will. Bless the Lord, all ye his works, in every place of his dominion. Bless the Lord, O my soul.

Glory...

PSALM 103

*A psalm of David*

**B**LESS the Lord, O my soul. O Lord my God, thou art become exceeding great; with confession and with majesty art thou clothed. Who dost robe thyself with light as with a garment; who spreadest out the heaven like a curtain. Who covereth with waters its upper rooms; who doth fix the clouds for his chariot; who walketh upon the wings of the wind. Who maketh his angels spirits, and his servers a flaming fire. Who foundeth the earth upon its firmness; it shall not be bowed down for ever and ever. The abyss, like a garment, is its robe; upon the mountains shall stand the waters. At thy rebuke they shall flee; at the voice of thy thunder, they shall be afraid. The

mountains go up, and the plains go down to the place which thou hast founded for them. Thou hast set a bound which they shall not pass, neither return to cover the earth. Who sendeth forth fountains into the valleys; among the mountains shall the waters run. They shall give drink to all the beasts of the field; the wild asses shall await in their thirst. Over them shall the birds of the heavens have their habitation; from the midst of the rocks shall they give forth their voices. Thou waterest the mountains from thine upper rooms; with the fruit of thy works is the earth sated, making grass to grow for the cattle, and green herb for the service of men, that thou mayest bring forth bread out of the earth, and wine that gladdeneth the heart of man; to make his face cheerful with oil; and bread that strengtheneth man's heart. The trees of the plain shall be sated, the cedars of Lebanon, which He hath planted. There the sparrows shall make their nest. The dwelling of the heron precedeth them. The high mountains are for the hart; the rocks a refuge for the conies. He made the moon for seasons; the sun hath known its setting. Thou didst set the darkness, and it became night; in it shall run all the beasts of the forest, the young lions roaring after their prey, and seeking of God their meat. The sun hath arisen and they have gathered together, and in their dens shall they lay them down. Man shall go forth to his work and to his labor until the evening. How great are thy works become, O Lord; in wisdom hast thou made them all. The earth is full of thy creation. This is the sea, great and wide; there are creeping things without number, animals both small and great. There the ships go across; and that serpent which thou hast formed to play in it. All wait upon thee, to give them their food in due season. When thou givest it them, they shall gather it; when thou openest thy hand, all things shall be filled with goodness. When thou turnest away thy face, they shall be troubled; thou

takest away their spirit, they shall vanish and to their dust shall they return. Thou sendest forth thy spirit, and they shall be created; and thou shalt renew the face of the earth. May the glory of the Lord be for ever; the Lord shall be glad in his works. Who looketh down upon the earth, and maketh it to tremble; who touchest the mountains and they smoke. I will sing unto the Lord in my life; I will sing psalms unto my God as long as I shall be. Let my conversation please him; and I shall be glad in the Lord. Let sinners vanish from the earth, and transgressors, so that they shall be no more. Bless the Lord, O my soul.

Glory...

PSALM 104

*Alleluia*

**O** CONFESS unto the Lord, and call upon his name; proclaim his works among the nations. Sing unto him, and sing psalms unto him; declare all his wonders. Be ye praised in his holy name; let the heart of them that seek the Lord rejoice. Seek ye the Lord, and be strengthened, seek ye his face continually. Remember the wonders He hath wrought; his wonders and the judgments of his mouth. Ye seed of Abraham, his servants, ye children of Jacob, his elect. He is the Lord our God; his judgments are in all the earth. He hath remembered his covenant for ever, a word which He hath commanded for a thousand generations, which covenant He made to Abraham, and his oath to Isaac. And He appointed it to Jacob for a precept, and to Israel for an eternal covenant, saying, To thee will I give the land of Canaan, the course of your inheritance, when they were few in number, very few, and sojourners in it. And they passed from nation to nation, and from one kingdom to another people. He suffered no man to wrong them; and He

rebuked kings for their sakes. Touch not mine anointed ones, and to my prophets do ye no evil. And He called a famine upon the land; He broke up every staff of bread. He sent a man before them; Joseph was sold for a slave. They humbled his feet in fetters; his soul passed into iron. Until his word came, the word of the Lord inflamed him. The king sent and loosed him, the ruler of the people, and let him go. He made him lord over his house, and ruler over all his possessions, to chasten his rulers, as himself, and to teach his elders wisdom. Israel also came into Egypt, and Jacob sojourned in the land of Ham. And He increased his people greatly, and made them mightier than their enemies. And He turned their heart to hate his people, to deal deceitfully with his servants. He sent forth Moses, his servant, and Aaron, whom He had elected; He put in them the words of his signs, and his wonders in the land of Ham. He sent forth darkness, and made it dark, for they provoked his words. He turned their waters into blood, and slew their fish. Their land brought forth frogs in the chambers of their kings. He spake and the dog-fly came, and lice in all their boundaries. He turned their rain showers into hail, and a flaming fire in their land. And He smote their vines and their fig-trees; and broke every tree of their boundary. He spake and the locust came, and caterpillers innumerable, and devoured all the grass in their land, and devoured the fruit of their land. He smote also every first-born of their land, the first-fruits of all their toil. And He brought them out with silver and gold; and there was not a feeble one among their tribes. Egypt was glad at their departure, for the fear of them fell upon them. He spread out a cloud for a covering to them, and fire to give them light by night. They asked, and the quail came, and He filled them with the bread of heaven. He clove the rock, and the waters flowed; rivers ran in dry places. For He remembered his

holy word, given to Abraham his servant. And He brought his people out with joy, and his chosen with gladness. And gave them the lands of the nations, and they inherited the toil of the people, that they might keep his statutes and seek out his law.

Glory...





# FIFTEENTH KATHISMA

PSALM 105

*Alleluia*

**O** CONFESS unto the Lord, for he is good; for his mercy is forever. Who shall speak of the powers of the Lord? Who shall make all his praises to be heard? Blessed are they that keep judgment, and do righteousness at all times. Remember us, O Lord, with thy goodwill to thy people, and look upon us with thy salvation; that we may see the good of thine elect, that we may be glad in the gladness of thy nation, that we may be praised with thine inheritance. We have sinned with our fathers, we have transgressed, we have wrought unrighteousness; our fathers in Egypt understood not thy wonders and remembered not the multitude of thy mercies, and they provoked thee as they went up to the Red Sea. And He saved them for his name's sake, to make known his power. And He rebuked the Red Sea and it dried up, and He guided them through the abyss as in a desert. And He saved them from the hand of them that hated them, and He redeemed them from the hand of the enemy. The water covered them that afflicted them; there was not one of them left. And they believed his words and sang his praises. They were quick and forgot his deeds, and they waited not for his counsel; and they desired with desire in the desert, and they tempted God in a waterless place. And He granted their petition and sent fulness into their souls. And they provoked Moses in the camp, and Aaron the holy one of the Lord. The earth opened up and swallowed Dathan, and covered the congregation of Abiron. And a fire was kindled in their congregation, and a flame burned up the sinners. And they made a calf in Horeb; and they worshipped

the graven thing. And they changed their glory for the likeness of a calf that eateth grass. And they forgot God who had saved them, who did mighty things in Egypt, wondrous things in the land of Ham, fearful things in the Red Sea. And He said that He would have destroyed them, had not Moses his chosen one stood before him in the breach, to turn away the wrath of his displeasure, lest He should destroy them. And they set at nought the desirable land; they believed not his word; and they muttered in their tents, they hearkened not to the voice of the Lord. And He lifted up his hand against them, to cast them down in the desert, and to cast down their seed among the nations, and to scatter them among the countries. And they became initiates of Baal-Phegor, and ate the sacrifices of the dead. And they vexed him with their inventions, and the fallen were multiplied among them. Then Phineas stood up and made propitiation, and the slaughter subsided; and it was counted to him unto righteousness, from generation to generation forevermore. They provoked him also at the water of strife, and Moses was mistreated because of them; for they provoked his spirit, and he spake with hesitation. They destroyed not the nations of which the Lord spake to them. And they were mingled among the nations, and learned their works; and served their graven images, and it became a stumbling-block to them. And they sacrificed their sons and their daughters to demons. And they shed innocent blood, the blood of their sons and daughters which they sacrificed to the graven images of Canaan. And the land was polluted with blood, and was stained with their works, and they were as prostitutes in their own inventions. And the Lord was wroth with displeasure toward his people; and He abhorred his inheritance; and He gave them into the hands of the enemies, and they that hated them had dominion over them. And their enemies afflicted them; and they

were humbled under their hands. Many times did He deliver them; but they provoked him with their counsel, and they were humbled in their transgressions. And the Lord saw when they were afflicted, and He heard their prayer; and He remembered his covenant; and repented according to the multitude of his mercies; and He gave them unto compassion before their captors. Save us, O Lord our God, and gather us from among the nations, that we may confess thy holy name, and may boast in thy praise. Blessed be the Lord God of Israel from ages to ages. Let all the people say, So be it. So be it.

Glory...

PSALM 106

*Alleluia*

**O** CONFESS unto the Lord, for He is good, for his mercy is forever. So let them say who have been redeemed by the Lord, whom He hath redeemed from the hand of the enemy, and from the countries hath gathered them together, from the east, and from the west, and from the north, and from the sea. They wandered in the desert, in a waterless land; the way to an inhabitable city they found not. Hungry and thirsty, their soul fainted within them. And they cried unto the Lord in their tribulation, and out of their necessities did He deliver them. And He guided them in the upright way, that they might enter an inhabitable city. Let them confess the Lord for his mercies, and for his wonders to the sons of men. For He hath satisfied the empty soul, and the hungry hath He filled with good, those that sit in darkness, and in the shadow of death, fettered in poverty and iron. For they provoked the words of God, and the counsel of the Most High did they despise. And their heart was humbled with labors; they were weakened, and there was

none to help. And they cried unto the Lord in their tribulation, and out of their necessities did He save them. And He led them out of darkness and the shadow of death, and their bonds did He break asunder. Let them confess the Lord for his mercies, and for his wonders to the sons of men, for He hath broken down brazen gates and hath crushed bars of iron. He succored them from the way of their transgressions, for on account of their transgressions had they been humbled. Their soul abhorred all food, and they drew nigh even to the gates of death. And they cried unto the Lord in their tribulation, and out of their necessities did He save them. He sent his Word, and He healed them, and He delivered them from their corruption. Let them confess the Lord for his mercies, and for his wonders to the sons of men. And let them offer to him a sacrifice of praise, and declare his works with joy. They that go down to the sea, that do work in many waters, these have seen the works of the Lord, and his wonders in the deep. He spake and a stormy wind arose, and the waves thereof were lifted up. They go up to the heavens, and they go down to the abyss; and their soul melted with evils. They were disquieted; they staggered like a drunkard, and all their wisdom was swallowed up. And they cried unto the Lord in their tribulation, and He brought them out of their necessities. And He commanded the storm, and it became a breeze, and its waves were silent. And they were glad because they were still, and He guided them to the haven of their desire. Let them confess the Lord for his mercies, and for his wonders to the sons of men. And let them exalt him in the church of the people, and praise him in the seat of the presbyters. He hath changed rivers into deserts, and streams of water into thirst, a fruitful land into brine, because of the evils of them that dwelt in it. He hath changed a desert into a lake of water, and a waterless land into springs of water.

And there hath He settled the hungry, and they have constructed cities for their habitation. And they sowed fields and planted vineyards, and they yielded fruits of increase. And He blessed them; they multiplied greatly, and their cattle He did not decrease. But they became few, and were brought low by grief and pain; degradation was poured out upon their princes, and He caused them to wander in untrodden land, where there was no way. But He helped the needy out of poverty, and gave him a flock of descendents. The upright shall see and be glad, and every transgression shall stop its mouth. Who is wise and will keep these things, and understand the mercies of the Lord?

Glory...

PSALM 107

*A canticle psalm of David*

**R**EADY is my heart, O God, ready is my heart; I will sing, yea, I will sing psalms in my glory. Arise, O my glory; arise, psaltery and harp; I will arise early in the morning. I will confess thee among the peoples, O Lord; I will sing psalms to thee among the nations. For great above the heavens is thy mercy, and unto the clouds is thy truth. Be thou exalted above the heavens, O God, and above all the earth thy glory. That thy beloved ones may be delivered, save with thy right hand and hearken unto me. God hath spoken in his sanctuary, I will be exalted and will divide Shechem, and I will parcel out the vale of tabernacles. Mine is Galaad and mine is Manasses, and Ephraim is the succor of my head; Judah is my king. Moab is the kettle of my hope; upon Edom will I impose my boot; foreigners are subject unto me. Who will lead me to the fortified city? or who will guide me to Edom? Wilt not thou, O

God, who hast rejected us? and wilt thou not go forth with our forces? Grant us help from tribulation, for vain is the salvation of man. In God shall we do mighty works, and He will set at nought our enemies.

PSALM 108

*For the end, a psalm of David*

**O** GOD, in my praise be thou not silent. For the mouth of the sinner and of the deceiver is opened against me; they have spoken against me with a deceitful tongue. And with words of hatred have they compassed me, and have warred against me without a cause. Instead of loving me, they slandered me; but I gave myself to prayer. And they gave me evil for good, and hatred for my love. Set thou a sinner over him, and let the devil stand at his right hand. When he is judged, let him go forth condemned; and let his prayer become sin. Let his days be few, and his bishopric let another take. Let his children become orphans, and his wife a widow. Let his children be displaced and wanderers, and let them beg; let them be cast out of their homelands. Let an userer search out all that belongeth to him, and let strangers plunder his toil. Let there be none to succor him; let there be none to be compassionate to his orphans. Let his progeny come to extinction; in a single generation let his name be blotted out. Let the transgression of his fathers be remembered before the Lord; and let not the sin of his mother be blotted out. Let them be continually before the Lord; and let the memory of them be destroyed from the earth. Because he remembered not to shew mercy, but he persecuted a needy and poor and one contrite in heart to slay him. And he loved a curse, and so it shall come upon him; he delighted not in a blessing, and so it shall be removed far from him. And he clothed himself with a curse as with a garment, and it went

in like water into his bowels, and like oil into his bones. Let it be to him as a garment with which he investeth himself, and like a girdle which he girdeth about himself continually. This is the work of the Lord toward them that slander me, and them that speak evil against my soul. But thou, Lord, O Lord, deal with me for thy name's sake, for thy mercy is good. Deliver me, for I am poor and needy, and my heart is disquieted within me. Like a shadow, when it declineth, am I taken away; I am shaken off like locusts. My knees are weakened from fasting, and my flesh is changed for want of oil. And I am become a reproach to them; they saw me and shook their heads. Help me, O Lord my God, and save me according to thy mercy. And let them know that this is thy hand, and thou, O Lord, hast made it. They will curse, and thou shalt bless; let those who rise up against me be shamed, but let thy servant be glad. Let those who slander me be clothed with reproach, and let them have their shame thrown about them like a cloak. I will greatly confess the Lord with my mouth, and in the midst of many will I praise him. For he hath stood at the right hand of the needy man, to save me from those that persecute my soul.

Glory...





## SIXTEENTH KATHISMA

### PSALM 109

#### *A psalm of David*

**T**HE Lord said unto my Lord, Sit thou at my right hand, until I make thine enemies a footstool for thy feet. A rod of power shall the Lord send thee out of Zion; govern thou in the midst of thine enemies. With thee is dominion in the day of thy power, in the brightness of thy saints; out of the womb before the morning star have I begotten thee. The Lord hath sworn and will not repent, Thou art a priest forever, after the order of Melchisedech. The Lord at thy right hand hath crushed kings in the day of his wrath. He shall judge among the nations; He shall fill them with corpses; He shall crush the heads of many upon the earth. From the torrent in the way shall He drink; therefore He shall lift up his head.

### PSALM 110

#### *Alleluia*

**I** WILL confess thee, O Lord, with my whole heart, in the council of the upright and in the congregation. Great are the works of the Lord, sought out in his every will. Confession and magnificence is his work, and his righteousness remaineth unto ages of ages. He hath made a memorial of his wonders; merciful and compassionate is the Lord. He hath given food to them that fear him; He will remember his covenant forever. The might of his works hath He declared unto his people, to give unto them the inheritance of the nations. The works of his hands are truth and judgment; all his commandments are faithful, established unto ages of ages, made in truth and uprightness. Redemption hath He sent unto his people; He

commanded his covenant for ever; holy and fearful is his name. The beginning of wisdom is the fear of the Lord, a good understanding to all them that so do; and his praise remaineth unto ages of ages.

PSALM III

*Alleluia*

**B**LESSED is the man that feareth the Lord; greatly will he delight in his commandments. Powerful in the earth shall his seed be; an upright generation shall be blessed. Glory and riches in his house, and his righteousness remaineth unto ages of ages. A light in the darkness hath sprung forth for the upright; he is merciful and compassionate and righteous. A good man is he that is compassionate and lendeth; he will dispose his words with judgment, for he will not be moved forever. The righteous shall be in eternal memory. He shall not fear evil tidings; his heart is ready to hope in the Lord. His heart is established; he shall not fear, until he look down upon his enemies. He hath scattered abroad; he hath given to the needy; his righteousness remaineth unto ages of ages. His horn shall be exalted in glory. The sinner shall see and be wroth; he shall gnash his teeth and pine away. The desire of the sinner shall perish.

Glory...

PSALM II2

*Alleluia*

**P**RAISE the Lord, ye children; O praise ye the name of the Lord. Blessed be the name of the Lord, henceforth and forevermore. From the rising of the sun till its setting, the name of the Lord is praised. High above all the nations is the Lord, above the heavens his glory. Who is like unto the Lord our

God? Who dwelleth on high, and who looketh down upon the humble in heaven and on earth. Who lifteth up the poor from the earth, and from the dunghill doth lift up the needy, to set him with princes, with princes of his people, who maketh the barren woman to dwell in a house, a mother rejoicing over children.

PSALM 113

*Alleluia*

**W**HEN Israel went out of Egypt, the house of Jacob from a barbarous people, Judæa became his sanctuary, Israel his dominion. The sea saw and fled; Jordan was turned back. The mountains leaped like rams, and the hills like a flock of sheep. What aileth thee, O sea, that thou didst flee, and thee, O Jordan, that thou wast turned back; ye mountains, that ye leaped like rams, and ye hills, like a flock of sheep? At the presence of the Lord was the earth moved, at the presence of the God of Jacob, who turned the rock into lakes of water and the crag into fountains of water. Not unto us, O Lord, not unto us, but unto thy name give glory, because of thy mercy and truth, lest at any time the nations should say, Where is their God? But our God hath done in heaven and on earth all things whatsoever He would. The idols of the nations are silver and gold, the works of the hands of men. They have a mouth and will not speak; eyes they have and will not see. They have ears and will not hear; noses they have and will not smell. They have hands and will not touch; feet they have and will not walk; neither will they speak with their throat. Let those that make them become like them, and all those that trust in them. The house of Israel hath hoped in the Lord; their helper and defender is He. The house of Aaron hath hoped in the Lord; their helper and defender is He. They that fear the Lord have

hoped in the Lord; their helper and defender is He. The Lord hath remembered us and hath blessed us; He hath blessed the house of Israel; He hath blessed the house of Aaron. He hath blessed them that fear the Lord, both small and great. May the Lord increase you, you and your children. Blessed are ye of the Lord, who made heaven and earth. The heaven of heavens is of the Lord, but the earth hath He given to the children of men. The dead shall not praise thee, O Lord, neither all those that go down into hell. But we that live will bless the Lord, henceforth and forevermore.

PSALM 114

*Alleluia*

**I** HAVE loved, because the Lord will hearken unto the voice of my prayer. For He hath inclined his ear unto me, and in my days will I call upon him. The pangs of death hath surrounded me; the dangers of hell have found me. Tribulation and sorrow have I found. And I called upon the name of the Lord: O Lord, deliver my soul. Merciful is the Lord and righteous; and our God showeth mercy. The Lord is the keeper of babes; I was humbled and He saved me. Return, O my soul, unto thy rest, for the Lord hath dealt bountifully with thee. For He hath rescued my soul from death, mine eyes from tears, and my feet from slipping. I will be well-pleasing before the Lord in the land of the living.

Glory...

PSALM 115

*Alleluia*

**I** BELIEVED, wherefore I spake; I was humbled exceedingly. As for me, I said in mine ecstasy: Every man is a liar. What

shall I render unto the Lord for all that He hath rendered unto me? I will take the cup of salvation, and I will call upon the name of the Lord. My vows unto the Lord will I pay in the presence of all his people. Honorable before the Lord is the death of his saints. O Lord, I am thy servant; I am thy servant and the son of thy handmaid. Thou hast broken my bonds asunder. I will sacrifice a sacrifice of praise unto thee, and I will call upon the name of the Lord. My vows unto the Lord will I pay in the presence of all his people, in the courts of the house of the Lord, in the midst of thee, O Jerusalem.

PSALM 116

*Alleluia*

**O** PRAISE the Lord, all ye nations; praise him, all ye people. For his mercy hath been confirmed upon us, and the truth of the Lord remaineth for ever.

PSALM 117

*Alleluia*

**O** CONFESS unto the Lord, for He is good, for his mercy is for ever. Let the house of Israel now say, for He is good, for his mercy is for ever. Let the house of Aaron now say, for He is good, for his mercy is for ever. Let all those that fear the Lord now say, for He is good, for his mercy is for ever. Out of tribulation have I called upon the Lord, and He heard me, even releasing me. The Lord is my Helper, and I shall not fear what men shall do unto me. The Lord is my Helper, and I shall look down upon mine enemies. It is better to trust in the Lord than to trust in man. It is better to hope in the Lord than to hope in princes. All the nations compassed me about, and in the name of the Lord have I kept them back. Compassing me about they encompassed me, and in the name of the

Lord have I kept them back. They encompassed me as bees do a honeycomb; they were inflamed like fire amid thorns, and in the name of the Lord have I kept them back. I was pushed and overturned, that I might fall, and the Lord succored me. My might and my song is the Lord, and He is become my salvation. The voice of joy and salvation in the tabernacles of the righteous; the right hand of the Lord hath wrought power. The right hand of the Lord hath exalted me; the right hand of the Lord hath wrought power. I shall not die but live and declare the works of the Lord. The Lord hath sore chastened me; but He hath not given me over unto death. Open unto me the gates of righteousness, and entering therein, I will confess the Lord. This is the gate of the Lord; the righteous shall enter therein. I will confess thee because thou hast heard me and art become my salvation. The stone which the builders rejected is become the head of the corner. This is of the Lord, and it is wondrous in our eyes. This is the day which the Lord hath made; let us rejoice and be glad on it. O Lord, save now; O Lord, prosper now. Blessed is He that cometh in the name of the Lord; we have blessed you out of the house of the Lord. God is the Lord that hath revealed Himself unto us; prepare a festival with thick branches, even unto the horns of the altar. Thou art my God, and I will confess thee; thou art my God, and I will exalt thee. I will confess thee, because thou hast heard me, and art become my salvation. O confess unto the Lord, for He is good, for his mercy is for ever.

Glory...

## SEVENTEENTH KATHISMA

PSALM 118

*Alleluia*

**B**LESSED are the blameless in the way, who walk in the law of the Lord. Blessed are they that search out his testimonies; they seek him out with their whole heart. They have not wrought transgressions who have walked in his ways. Thou hast commanded thy commandments diligently to be kept. O that my ways were directed to the keeping of thy statutes. Then I shall not be ashamed when I look upon all thy commandments. I shall confess thee with uprightness of heart, when I shall have learned the judgments of thy righteousness. I shall keep thy statutes; forsake me not utterly. Wherewith shall a young man direct his way? when he shall keep thy words. With my whole heart have I sought after thee; let me not stray from thy commandments. In my heart have I hidden thy words, that I may not sin against thee. Blessed art thou, O Lord; teach me thy statutes. With my lips have I declared all the judgments of thy mouth. In the way of thy testimonies have I delighted, as much as in all riches. Upon thy commandments shall I discourse, and I shall comprehend thy ways. Upon thy statutes shall I meditate; I shall not forget thy words. Reward thy servant; I shall live and I shall keep thy words. Open thou mine eyes and I shall comprehend the wonders out of thy law. A sojourner am I upon the earth; hide not from me thy commandments. My soul hath longed and yearned for thy judgments at all times. Thou hast rebuked the proud; cursed are they that turn away from thy commandments. Remove from me reproach and degradation, for thy testimonies have I sought out. For princes sat and spake calumnies against me, but thy

servant discoursed upon thy statutes. For thy testimonies are my meditation, and thy statutes are my counsel. My soul hath cleaved to the ground; enliven me according to thy word. My ways have I declared and thou didst hear me; teach me thy statutes. Make me to understand the way of thy statutes, and I shall discourse upon thy wonders. My soul hath slumbered from indifference; secure me in thy words. The way of unrighteousness do thou withdraw from me, and by thy law have mercy on me. The way of truth have I chosen, and thy judgments have I not forgotten. I have cleaved to thy testimonies, O Lord; put me not to shame. The way of thy commandments have I run, when thou didst enlarge my heart. Lay down as a law for me, O Lord, the way of thy statutes, and I will seek it out continually. Make me to understand, and I will search out thy law, and I will keep it with my whole heart. Guide me in the path of thy commandments, for I have desired it. Incline my heart to thy testimonies, and not to covetousness. Turn away mine eyes that I behold not vanity; in thy way do thou enliven me. Set up for thy servant thy words in thy fear. Remove my reproach which I have dreaded, for thy judgments are good. Behold, I have yearned for thy commandments, in thy righteousness do thou enliven me. And let thy mercy come upon me, O Lord, thy salvation according to thy word. And I shall answer a word to them that reproach me, for I have hoped in thy words. And remove not utterly from my mouth the word of truth, for in thy judgments have I hoped. And I shall keep thy law continually, for ever and ever. And I walked at large, for thy commandments have I sought out. And I spake of thy testimonies before kings, and was not ashamed. And I meditated upon thy commandments, which I loved exceedingly. And I lifted up my hands toward thy commandments, which I loved, and I discoursed upon thy statutes. Remember thy words to thy servant, with



which thou hast made me hope. This hath comforted me in my humility, for thy words have enlivened me. The proud have transgressed the law utterly, but from thy law I have not turned away. I remembered thy judgments of old, O Lord, and was comforted. Despondency hath taken hold of me, because of sinners who forsake the law. Thy statutes were songs for me, in the place of my sojourn. I remembered thy name in the night, O Lord, and I have kept thy law. This I had, because I sought out thy statutes. My portion art thou, O Lord; I said that I would keep thy law. I have entreated thy countenance with my whole heart; have mercy on me according to thy words. I have pondered thy ways, and have turned my feet unto thy testimonies. I have made myself ready, and am not disquieted, that I may keep thy commandments. Sinners' cords have entangled me, but thy law have I not forgotten. At midnight I arose to confess thee for the judgments of thy righteousness. A partaker am I with all them that fear thee and that keep thy commandments. The earth is full of thy mercy, O Lord; teach me thy statutes. Thou hast wrought goodness to thy servant, O Lord, according to thy word. Goodness and discipline and knowledge do thou teach me, for I have believed thy commandments. Before I was humbled I had offended; therefore I have kept thy word. Thou art good, O Lord, and in thy goodness teach me thy statutes. The unrighteousness of the proud hath been multiplied against me, but with my whole heart I will search out thy commandments. Their heart is curdled like milk, but upon thy law have I meditated. It is good for me that thou hast humbled me, that I might learn thy statutes. Good for me is the law of thy mouth, more than thousands of gold and silver.

Glory...

**T**HY hands have made me and fashioned me; give me understanding and I shall learn thy commandments. They that fear thee shall see me and they will be glad, for in thy words have I hoped. I have known, O Lord, that thy judgments are righteousness, and with truth hast thou humbled me. Let thy mercy be to comfort me, according to thy words to thy servant. Let thy compassions come to me, and I shall live, for thy law is my meditation. Let the proud be ashamed, for unrighteously have they transgressed against me, but I shall discourse upon thy commandments. Let those that fear thee and those that know thy testimonies turn to me. Let my heart be blameless in thy statutes, that I may not be ashamed. My heart fainteth for thy salvation; in thy words have I hoped. Mine eyes have grown weary for thy words, saying, When wilt thou comfort me? For I am become as a wine-skin in the frost; thy statutes I have not forgotten. How many are the days of thy servant? when wilt thou work judgment for me upon them that persecute me? The lawless have declared discourses, but not like unto thy law, O Lord. All thy commandments are truth; they have persecuted me unrighteously, but do thou help me. They have almost made an end of me upon the earth, but I have not forsaken thy commandments. According to thy mercy, do thou enliven me, and I shall keep the testimonies of thy mouth. O Lord, thy word abideth in heaven forever. Unto all generations is thy truth; thou hast founded the earth and it abideth. By thine order the day abideth, for all things are thy servants. Were it not that thy law is my meditation, then I should have perished in my humility. Never shall I forget thy statutes, for in them thou hast enlivened me.

*Middle*

**I** AM thine: save me, for thy statutes have I sought out. Sinners have lain in wait for me to destroy me, but thy testimonies have I understood. I have seen the limit of all perfection, but thy commandment is exceeding broad. How I have loved thy law, O Lord; all the day long it is my meditation. More than mine enemies thou hast made me wise by thy commandment, for it is mine forever. More than all that teach me have I understood, for thy testimonies are my meditation. More than the elders, for thy commandments have I sought out. From every evil way have I withheld my feet, that I might keep thy words. From thy judgments have I not turned away, for thou hast laid down a law for me. How sweet are thy words to my throat, more so than honey to my mouth. From thy commandments I have understanding, therefore I have hated every way of unrighteousness. A lamp unto my feet is thy law, and a light unto my path. I have sworn and have set myself to keep the judgments of thy righteousness. I have been humbled exceedingly, O Lord, enliven me according to thy word. Be pleased with the voluntary offerings of my mouth, O Lord, and teach me thy judgments. My soul is in thy hands continually, and thy law have I not forgotten. Sinners have laid a snare for me, but from thy commandments I have not wandered. I have inherited thy testimonies for ever, for they are the rejoicing of my heart. I have inclined my heart to do thy statutes for ever, as a recompense. I have hated the lawless, but I have loved thy law. My helper and my succorer art thou, in thy words have I hoped. Turn away from me, ye that do evil, and I will search out the commandments of my God. Succor me according to thy words, and enliven me, and put me not to shame for mine expectation. Help me, and I shall be saved, and I shall meditate upon thy statutes continually. Thou hast set at nought all them that turn away from thy statutes, for their invention is

unrighteous. I have reckoned as lawless all the sinners of the earth, therefore have I loved thy testimonies. Nail my flesh with the fear of thee, for I have feared thy judgments. I have wrought judgment and righteousness; give me not up to them that wrong me. Accept thy servant unto good; let not the proud malign me. Mine eyes faint for thy salvation, and for the words of thy righteousness. Deal with thy servant according to thy mercy, and teach me thy statutes. Thy servant am I; make me to understand, and I shall know thy testimonies. It is time to serve the Lord; they have disregarded thy law. Therefore I have loved thy commandments more than gold and topaz. Therefore to all thy commandments have I directed myself; I have hated every unrighteous way. Wonderful are thy testimonies; therefore my soul hath searched them out. The manifestation of thy words enlighteneth the infants and maketh them to understand. I opened my mouth and drew in spirit, for I have longed for thy commandments.

Glory...

**L**OOK upon me and have mercy on me, according to the judgment of them that love thy name. Direct my steps according to thy word, and let no transgression have dominion over me. Redeem me from the calumnies of men, and I shall keep thy commandments. Make thy face to shine upon thy servant, and teach me thy statutes. Mine eyes have poured forth streams of water, because I have not kept thy law. Righteous art thou, O Lord, and upright thy judgments. Thou hast commanded righteousness for thy testimonies, and truth exceedingly. Thy zeal hath made me pine away, for mine enemies have forgotten thy words. Thy word is tried by fire, and thy servant hath loved it. I am younger and despised, but I have not forgotten thy

statutes. Thy righteousness is an everlasting righteousness, and thy law is truth. Tribulations and necessities have found me, but thy commandments are my meditation. Thy testimonies are everlasting righteousness; make me to understand, and I shall live. I have cried with my whole heart; hear me, O Lord, I will seek out thy statutes. I have cried unto thee; save me, and I shall keep thy testimonies. I anticipated the dawn and cried, in thy words have I hoped. Mine eyes anticipated the morning, that I might meditate upon thy words. Hear my voice, O Lord, according to thy mercy; according to thy judgment, enliven me. They that persecute me have drawn nigh to transgression; from thy law they are far removed. Near art thou, O Lord, and all thy ways are truth. I have known of thy testimonies from old, for thou hast founded them forever. See my humility and rescue me, for I have not forgotten thy law. Judge my judgment and redeem me, and through thy word enliven me. Salvation is far from sinners, for they have not sought out thy statutes. Thy compassions are many, O Lord; according to thy judgment, do thou enliven me. Many are they that persecute me and afflict me, but from thy testimonies have I not turned away. I beheld men without understanding and pined away, for they kept not thy words. Behold, how I have loved thy commandments, O Lord; in thy mercy enliven me. The beginning of thy words is truth, and all the judgments of thy righteousness are for ever. Princes have pursued me without a cause, and my heart was afraid because of thy words. I shall rejoice at thy words, as one that findeth much spoil. I have hated and abhorred unrighteousness, but thy law have I loved. Seven times a day have I praised thee for the judgments of thy righteousness. Great peace to them that love thy law, and to them there is no stumbling-block. I have waited for thy salvation, O Lord, and I have loved thy commandments. My soul hath kept thy testimonies,

and hath loved them exceedingly. I have kept thy commandments and thy testimonies, for all my ways are before thee, O Lord. Let my prayer come nigh before thee, O Lord; give me understanding according to thy word. Let my petition come before thee, O Lord; according to thy word deliver me. Let my lips utter a hymn, when thou shalt have taught me thy statutes. Let my tongue pronounce thy words, for all thy commandments are righteousness. Let thy hand be to save me, for I have chosen thy commandments. I have longed for thy salvation, O Lord, and thy law is my meditation. My soul shall live and praise thee, and thy judgments shall help me. I have wandered like a lost sheep; seek thy servant, for I have not forgotten thy commandments.

Glory...

## EIGHTEENTH KATHISMA

### PSALM 119

#### *A hymn of ascents*

**U**NTO the Lord did I cry when I was afflicted, and He heard me. O Lord, deliver my soul from unrighteous lips, and from a deceitful tongue. What shall be given unto thee, and what shall be added unto thee, against a deceitful tongue? Sharpened arrows of the powerful one, with coals of the desert broom. Woe is me, for my sojourn hath been prolonged; I have pitched my tent among the tents of Kedar; my soul hath long sojourned. With them that hate peace I was peaceful; when I spake to them, they warred against me without a cause.

### PSALM 120

#### *A hymn of ascents*

**L**IFTED up mine eyes unto the mountains, whence cometh my help. My help is from the Lord, who hath made heaven and earth. Let not my foot be given to wavering, nor He that keepeth thee slumber. Behold, He that keepeth Israel shall neither slumber nor sleep. The Lord shall keep thee; the Lord is thy shield upon thy right hand. By day the sun shall not smite thee, nor the moon by night. The Lord shall keep thee from all evil; the Lord shall keep thy soul. The Lord shall keep thy coming in and thy going out henceforth and for evermore.

### PSALM 121

#### *A hymn of ascents*

**I** WAS glad when they said unto me, Let us go into the house of the Lord. Our feet were standing within thy courts, O Jerusalem. Jerusalem is builded as a city, which is shared by all

together. For there did the tribes go up, the tribes of the Lord, a testimony of Israel, to confess the name of the Lord. For there are set thrones for judgment, thrones over the house of David. Plead then for the peace of Jerusalem, and plenteousness for them that love thee. Let there be peace then in thy power, and plenteousness within thy towers. For my brethren and neighbors' sakes have I spoken peace concerning thee. Because of the house of the Lord our God, I sought out thy good.

PSALM 122

*A hymn of ascents*

**U**NTO thee do I lift up mine eyes, O thou that dwellest in the heavens. Behold, as the eyes of servants are upon the hands of their masters, and as the eyes of a maiden are upon the hands of her mistress, even so our eyes are upon the Lord our God, until He be compassionate unto us. Have mercy on us, O Lord, have mercy on us, for long have we been filled with despitefulness. Yet more is our soul filled with the reproach of the wealthy and the despitefulness of the proud.

PSALM 123

*A hymn of ascents*

**I**F the Lord had not been with us, let Israel now say, if the Lord had not been with us, when men rose up against us, then they would have swallowed us up alive; when their anger was wroth with us, then the waters would have drowned us. Our soul passed through a torrent; then our soul passed through overwhelming waters. Blessed be the Lord, who hath not given us as prey to their teeth. Our soul is delivered as a sparrow out of the hunter's snare; the snare is crushed, and we are delivered. Our help is in the name of the Lord, who hath created heaven and earth.



Glory...

PSALM 124

*A hymn of ascents*

**T**HEY that trust in the Lord are as Mount Zion; he shall not be moved for ever that dwelleth at Jerusalem. Mountains are round about her; and the Lord is round about his people henceforth and for evermore. For the Lord will not suffer the rod of the sinners to rest upon the lot of the righteous; lest the righteous stretch forth their hands unto iniquity. Do good, O Lord, unto them that are good, and to them that are upright in their hearts. But them that turn aside unto crooked ways shall the Lord lead away with the workers of iniquity. Peace be upon Israel.

PSALM 125

*A hymn of ascents*

**W**HEN the Lord turned again the captivity of Zion, we became like them that are comforted. Then was our mouth filled with joy and our tongue with rejoicing; then will they say among the nations: The Lord hath done great things for them. The Lord hath done great things for us; we are become glad. Turn again our captivity, O Lord, as the streams in the south. They that sow in tears shall reap with rejoicing. They went forth and wept, casting their seed, but in coming again, they shall rejoice, bringing their sheaves with them.

PSALM 126

*A hymn of ascents*

**E**XCEPT the Lord build the house, in vain have the builders labored; except the Lord keep the city, in vain hath the keeper watched. In vain do ye rise up early. Arise after sitting

down, ye who eat the bread of sorrow, while He giveth sleep to his beloved. Lo, the inheritance of the Lord are sons, the reward of the fruit of the womb. Like arrows in the hand of a mighty man, so are sons to them that were outcasts. Blessed is the man whose desire is fulfilled in them; they shall not be ashamed when they speak with their enemies at the gates.

PSALM 127

*A hymn of ascents*

**B**LESSED are all they that fear the Lord, that walk in his ways. Of the fruit of thy labors shalt thou eat. Blessed art thou, and it shall be well with thee. Thy wife shall be like a fruitful vine on the sides of thy house; thy sons like a newly planted olive orchard round about thy table. Behold, so shall the man be blessed that feareth the Lord. The Lord shall bless thee out of Zion, and thou shalt see the good things of Jerusalem all the days of thy life. Yea, thou shalt see thy children's children. Peace be upon Israel.

PSALM 128

*A hymn of ascents*

**M**ANY a time have they warred against me from my youth, let Israel now say. Many a time have they warred against me from my youth, yet they have not prevailed against me. Upon my back did the sinners plot; they have prolonged their iniquity. The Lord is righteous; He hath severed the necks of sinners. Let them all be ashamed and turned back that hate Zion. Let them be like grass upon the housetops, which afore it is plucked up is withered away. Wherewith the reaper filleth not his hand, nor he that gathereth sheaves his bosom. Neither did they which go by say: The blessing of the Lord be upon you; we bless you in the name of the Lord.

Glory...

PSALM 129

*A hymn of ascents*

**O**UT of the depths have I cried unto thee, O Lord; O Lord, hear my voice. Let thine ears give heed to the voice of my prayer. If thou observest transgression, Lord, O Lord, who shall stand? For with thee is propitiation. For thy name's sake, I have waited upon thee, O Lord; my soul hath waited upon thy word; my soul hath hoped in the Lord. From the morning watch till the night, let Israel hope in the Lord, for with the Lord there is mercy, and with him is plenteous redemption, and he shall redeem Israel from all his transgression.

PSALM 130

*A hymn of ascents*

**O**LORD, my heart is not exalted, nor are mine eyes elevated. I have not walked in great things nor in things too wondrous for me. Had I not been humble-minded, but had I exalted my soul, like as a child that is weaned from his mother, so shalt thou reward my soul. Let Israel hope in the Lord from this time forth and for evermore.

PSALM 131

*A hymn of ascents*

**R**EMEMBER David, O Lord, and all his meekness. How he swore unto the Lord, and made a vow unto the God of Jacob. I shall not come within the tabernacle of my house, nor go up to the couch of my bed; I shall not give sleep to mine eyes, nor slumber to mine eyelids, nor rest to my temples, until I find a place for the Lord, a tabernacle for the God of Jacob. Lo, we have heard of it in Ephrata and found it in the fields

of the wood. We will go into his tabernacle; we will worship upon the place where his feet have stood. Arise, O Lord, into thy resting place, thou and the ark of thy holiness. Thy priests shall clothe themselves with righteousness, and thy saints shall rejoice. For thy servant David's sake, turn not away the face of thine anointed. The Lord hath sworn truth unto David, and He will not cast it aside: Of the fruit of thy bosom shall I set upon thy throne. If thy children will keep my covenant and my testimonies, those things shall I teach them. Their children also shall sit upon thy throne until the age. For the Lord hath elected Zion; He hath chosen her for his dwelling-place. This shall be my rest for ever; here shall I dwell, for I have chosen her. I will bless her victuals with a blessing, and will satisfy her poor with bread. I will clothe her priests with salvation, and her saints shall rejoice with joy. There will I make a horn for David to spring up; I have made ready a lamp for mine anointed. As for his enemies, I shall clothe them with shame, but upon him my holiness shall flourish.

PSALM 132

*A hymn of ascents*

**B**EHOLD, how good and joyful it is for brethren to dwell together. Like myrrh upon the head, that runneth down upon the beard, even upon Aaron's beard, which runneth down to the hem of his robe. Like the dew of Hermon, which came down upon Mount Zion, for the Lord commanded the blessing and life for evermore.

PSALM 133

*A hymn of ascents*

**B**EHOLD now, bless the Lord, all ye servants of the Lord, that stand in the house of the Lord, in the courts of the

house of our God. In the nights lift up your hands in the sanctuaries, and bless ye the Lord. May the Lord bless thee out of Zion, He that made heaven and earth.

Glory...



## NINETEENTH KATHISMA

PSALM 134

*Alleluia*

**P**RAISE ye the name of the Lord; O ye servants of his, praise the Lord, who stand in the house of the Lord, in the courts of the house of our God. Praise ye the Lord, for the Lord is good; sing psalms to his name, for it is good, for the Lord hath elected Jacob for himself, Israel for his possession. For I have known that the Lord is great, and our Lord is above all the gods. All that the Lord willed, He did in heaven and on earth, in the seas and in every abyss. Who bringeth up clouds from the ends of the earth; He hath made lightnings for the rain, He bringeth winds out of his treasury; who smote the first-born of Egypt, from man even unto cattle. He sent forth signs and marvels in thy midst, O Egypt: upon Pharaoh and upon all his servants, who smote many nations, and slew mighty kings, Seon, king of the Amorites, and Og, king of Basan, and all the kingdoms of Canaan. And gave their land for an inheritance, an inheritance to Israel, his people. O Lord, thy name is forever, and thy memory is from generation to generation. For the Lord shall judge his people, and He shall be called upon concerning his servants. The idols of the nations are silver and gold, the works of men's hands. They have a mouth, but will not speak; eyes they have, but they will not see. They have ears, but they will not hear, neither is there any breath in their mouth. Let those that make them be like them, and all those that trust in them. O house of Israel, bless the Lord; house of Aaron, bless the Lord; house of Levi, bless the Lord. Ye that fear the Lord, bless the Lord. Blessed be the Lord out of Zion, which dwelleth at Jerusalem.

## PSALM 135

*Alleluia*

**O** CONFESS unto the Lord, for He is good, for his mercy is forever. O confess unto the God of gods, for his mercy is forever. O confess unto the Lord of lords, for his mercy is forever. To him who alone hath done great wonders, for his mercy is forever; to him who hath made the heavens with understanding, for his mercy is forever; to him who hath established the earth upon the waters, for his mercy is forever; to him who alone hath made great lights, for his mercy is forever; the sun to rule the day, for his mercy is forever; the moon and stars to rule the night; for his mercy is forever; to him who smote Egypt, with his firstborn, for his mercy is forever; and brought Israel out of the midst of them, for his mercy is forever; with a mighty hand and a high arm, for his mercy is forever; to him who divided the Red Sea into parts, for his mercy is forever; and brought Israel through the midst of it, for his mercy is forever; and overthrew Pharaoh and his hosts, for his mercy is forever; to him who brought his people through the desert, for his mercy is forever; to him who smote great kings, for his mercy is forever; and slew mighty kings, for his mercy is forever; Seon, king of the Amorites, for his mercy is forever; and Og, king of Basan, for his mercy is forever; and gave their land for an inheritance, for his mercy is forever; for an inheritance to Israel, his servant, for his mercy is forever; for the Lord remembered us in our humility, for his mercy is forever; and delivered us from our enemies, for his mercy is forever; who giveth food to all flesh, for his mercy is forever. O confess unto the God of heaven, for his mercy is forever.



## PSALM 136

*To David, of Jeremiah*

**B**Y the rivers of Babylon, we sat dawn and wept, when we remembered Zion. Upon the willows in the midst of it, we hung our harps. For there our captors asked us for the words of a song, and our abductors for a hymn: Sing for us one of the songs of Zion. How shall we sing the Lord's song in a strange land? If I forget thee, O Jerusalem, let my right hand be forgotten. Let my tongue cleave to my throat, if I remember thee not, if I prefer not Jerusalem as the beginning of my joy. Remember, O Lord, the children of Edom in the day of Jerusalem, who said, Raze it, raze it, even to its foundations. O daughter of Babylon, the miserable, blessed is he that shall reward thee with the reward with which thou hast rewarded us. Blessed is he that shall seize and dash thy babes against the rock.

Glory...

## PSALM 137

*A psalm for David, of Aggæus and Zachariah*

**I** WILL confess thee, O Lord, with my whole heart, and before angels will I sing psalms to thee, for thou hast heard all the sayings of my mouth. I will worship toward thy holy temple, and I will confess thy name, because of thy mercy and truth, for thou hast magnified over all things thy holy name. In what day soever I shall call upon thee, hear me speedily; thou shalt greatly increase thy power in my soul. Let all the kings of the earth confess thee, O Lord, for they have heard all the sayings of thy mouth. And let them sing in the ways of the Lord, for great is the glory of the Lord. For the Lord is high, and He looketh down upon the humble, and the high things He knoweth from afar. If I walk in the midst of tribulation, thou

wilt give me life; against the wrath of mine enemies hast thou stretched forth thy hands, and thy right hand hath saved me. O Lord, thou shalt reward on my behalf; Lord, thy mercy is forever; despise not the works of thy hands.

PSALM 138

*For the end, a psalm of David*

**O** LORD, thou hast proved me and known me. Thou hast known my sitting down and my rising up. Thou hast understood my thoughts from afar. My path and my course hast thou searched out, and thou hast foreseen all my ways. For there is no unrighteous word on my tongue; behold, Lord, thou hast known all things, the last and those of old. Thou hast fashioned me and thou hast laid thy hand upon me. Thy knowledge hath become too wondrous for me; it hath become strengthened, and I cannot attain to it. Whither shall I go from thy spirit? And whither shall I flee from thy face? If I ascend to heaven, thou art there; if I go down to hell, thou art present there. If I take my wings in the morning and abide at the ends of the sea, even there thy hand shall guide me, and thy right hand shall restrain me. And I said, surely darkness shall cover me, and the night shall be a light in my pleasure. For darkness shall not darken itself from thee, and the night will lighten itself like the day; the darkness thereof and the light thereof are alike to thee. For thou hast taken possession of my reins; thou hast succored me from my mother's womb. I will confess thee, for thou art fearful wondrous; wondrous are thy works and my soul knoweth this well. No bone of mine is hidden from thee, which thou hast made in secret, and my substance in the lowest parts of the earth. Thine eyes saw mine imperfection; and all men shall be written in thy book; by day shall they be formed, and no one in them. Thy friends have been greatly honored by me, O God; their reigns

have been greatly strengthened. I shall count them, and more than the sand shall they be multiplied. I rose up and am still with thee. Surely thou wilt slay the sinners, O God; ye men of blood, turn away from me. For thou wilt say of their plots, They will take hold of thy cities in vain. Have I not hated, O Lord, them that hate thee? and pined away because of thine enemies? With a perfect hatred have I hated them, and they have become enemies unto me. Prove me, O God, and know my heart; examine me, and know my paths. And see if there be in me the way of transgression, and guide me in the eternal way.

PSALM 139

*Unto the end, a psalm of David*

**R**EDEEM me, O Lord, from the evil man; from the unrighteous man, deliver me: who have pondered unrighteousness in their hearts; all the day they have arrayed themselves for war. They have sharpened their tongues like a serpent's; the venom of asps is under their lips. Keep me, O Lord, from the hand of a sinner; from unrighteous men redeem me, from them that have plotted to make my steps slip. The proud have hid a snare for me, and have stretched out ropes as a snare for my feet. Across my path have they laid a stumbling-block for me. I said unto the Lord, Thou art my God; give heed to the voice of my prayer. Lord, O Lord, the power of my salvation, thou hast overshadowed my head in the day of war. Give me not up to a sinner, O Lord, according to my desire. They have plotted against me; forsake me not, lest they exalt themselves. That which encompasseth their head, mischief of their lips shall cover them. Coals of fire shall fall on them upon the earth; thou shalt cast them down into misery; they shall not withstand. A loose-tongued man shall not prosper upon the earth; evil shall seek after an unrighteous man unto destruc-

tion. I know that the Lord shall work the judgment of the poor, and the right of the needy. Yet shall the righteous confess thy name; the upright shall dwell in thy presence.

Glory...

PSALM 140

*A psalm of David*

**I** HAVE cried unto thee, hear me. Hear me, O Lord. Lord, I have cried unto thee, hear me; attend to the voice of my prayer, when I cry unto thee. Hear me, O Lord. Let my prayer be set forth as incense before thee, the lifting up of my hands as an evening sacrifice. Hear me, O Lord. Set a watch, O Lord, upon my mouth, and a gate of enclosure about my lips. Incline not my heart to words of evil, to contrive excuses for sins with men that work iniquity; and I shall not join with their elect. The righteous man shall correct me in mercy and reproach me, but the oil of the sinner shall not anoint my head. For my prayer is still against their pleasure; their judges are swallowed up among the stones. They shall hear my words that have prevailed; as clods of earth are broken upon the earth, so our bones are scattered on the brink of hell. To thee, O Lord, Lord, I turn mine eyes; in thee I hope, take not away my soul. Keep me from the snare which they have laid for me, and from the pitfalls of the workers of iniquity. Let sinners fall into their own net, whilst I alone shall pass.

PSALM 141

*Instruction by David, when he was  
in the cave praying*

**W**ITH my voice have I cried to the Lord, with my voice have I prayed to the Lord. I pour forth my prayer before

him, and before him I declare my sorrow. When my spirit departed from me, thou knewest all my paths. In this way where I was walking, they have hid a snare for me. I looked to the right and I saw, and there is none that knew me. A way of escape faileth me, and there is none that seeketh my soul. I have cried unto thee, O Lord, and said, Thou art my hope, my portion in the land of the living. Attend to my prayer, for I am exceeding humbled. Deliver me from my persecutors, for they are become stronger than I. Lead forth my soul from prison, that I may confess thy name. The righteous await me, till thou shalt reward me.

PSALM 142

*A psalm of David, when his son pursued him*

**O** LORD, hearken unto my prayer; give heed to my supplication in thy truth; hearken unto me in thy righteousness. And enter not into judgment with thy servant, for before thee shall no man living be justified. For the enemy hath persecuted my soul; he hath humbled my life down to the earth. He hath made me sit in darkness like them that have been long dead. My spirit is dejected within me; within me my heart is disquieted. I have remembered ancient days; I meditated on all thy works; on the works of thy hands did I meditate. I stretched forth my hands unto thee, and my soul like a waterless land unto thee. Hearken unto me speedily, O Lord; my spirit hath vanished. Turn not away thy face from me, lest I become like them that go down into the pit. Make me to hear thy mercy in the morning, for in thee have I hoped. Make known to me the way, O Lord, wherein I should walk, for to thee have I lifted up my soul. Redeem me from mine enemies, O Lord; unto thee have I fled. Teach me to do thy will, for thou art my God. Thy good spirit shall guide me to the land of uprightness. For

thy name's sake, O Lord, quicken me. In thy righteousness thou shalt lead my soul out of tribulation. And in thy mercy thou shalt blot out mine enemies, and shalt destroy all them that afflict my soul, for I am thy servant.

Glory...

# TWENTIETH KATHISMA

## PSALM 143

### *A psalm of David, concerning Goliath*

**B**LESSED is the Lord my God, who teacheth my hands to do battle, my fingers to war. My mercy and my refuge, my helper and my deliverer, my defender, and I have hoped in him, who subjecteth my people under me. O Lord, who is man, that thou hast made thyself known to him, or the son of man, that thou art mindful of him? Man hath become like vanity, his days like a shadow pass away. O Lord, bow thy heavens and come down; touch the mountains and they shall smoke. Make the lightning to flash and thou shalt scatter them; send forth thine arrows and thou shalt disquiet them. Send forth thy hand from on high; rescue me and deliver me out of many waters, out of the hand of strange children, whose mouth hath spoken vanity, and whose right hand is the right hand of unrighteousness. O God, I will sing a new song to thee; I will sing psalms to thee with a psaltery of ten strings, to him who giveth salvation to the kings, to him who redeemeth his servant David from the evil sword. Deliver me and rescue me from the hand of strange children, whose mouth hath spoken vanity and their right hand is the right hand of unrighteousness. Whose children are as new plants sturdy in their youth; their daughters are beautified, adorned after the likeness of a temple. Their garners are full to overflowing with all manner of things; their sheep are fruitful, multiplying in their going forth; their oxen are fat; there is no falling down of a hedge, nor going out, nor crying in their fold. Men have blessed the people to whom these things belong; blessed is the people whose God is the Lord.

## PSALM 144

*A psalm of praise of David*

I WILL exalt thee, O God my king, and bless thy name for ever, and unto ages of ages. Every day will I bless thee, and praise thy name for ever, and unto ages of ages. Great is the Lord, and exceeding praised, and of his greatness there is no limit. Generation after generation shall praise thy works, and declare thy power. Of the magnificence of the glory of thy holiness shall they speak, and declare thy wonders. And of the power of thy fearful acts shall they tell, and declare thy greatness. The memory of the multitude of thy goodness shall they utter, and in thy righteousness shall they be glad. Compassionate and merciful is the Lord, long-suffering and of great mercy. Good is the Lord unto all, and his compassion is upon all his works. Let all thy works confess thee, O Lord, and let thy holy ones bless thee. Of the glory of thy kingdom shall they tell, and of thy power shall they speak: to make known thy power to the sons of men, and the glory of the magnificence of thy kingdom. Thy kingdom is the kingdom of all ages, and thy dominion from generation to generation. Faithful is the Lord in all his words, and holy in all his works. The Lord upholdeth all that fall down, and setteth aright all that are cast down. The eyes of all hope in thee, and thou givest them their food in due season. Thou openest thy hand, and fillest every living thing with good will. Righteous is the Lord in all his ways, and holy in all his works. The Lord is nigh to all that call upon him, to all that call upon him in truth. The will of them that fear him will He do, and He will hear their prayer and save them. The Lord keepeth all them that love him; and He will blot out all sinners. My mouth shall speak the praise of the Lord; and let all flesh bless his holy name for ever, and unto ages of ages.



Glory...

PSALM 145

*Alleluia, of Aggæus and Zacharias*

**P**RAISE the Lord, O my soul. I will praise the Lord in my life; I will sing psalms unto my God as long as I shall be. Trust not in princes, in the sons of men, in whom there is no salvation. His spirit shall go forth, and he shall return to his earth; in that day all his thoughts shall perish. Blessed is he who hath the God of Jacob for his helper, whose hope is in the Lord his God, who made heaven and earth, the sea, and all that is in them, who keepeth truth for ever, who worketh judgment for them that are wronged; who giveth food to the hungry. The Lord looseth them that are fettered; the Lord maketh wise the blind; the Lord setteth aright them that are cast down; the Lord loveth the righteous. The Lord keepeth the stranger. He shall uphold the orphan and the widow, and the way of the sinner shall He destroy. The Lord shall be King for ever; thy God, O Zion, from generation to generation.

PSALM 146

*Alleluia, of Aggæus and Zacharias*

**P**RAISE ye the Lord, for psalmody is a good thing; may praise be pleasing to our God. The Lord doth build up Jerusalem, and He will gather together the scattered of Israel, who healeth the broken of heart, and bindeth up their bruises, who counteth the multitude of the stars and who calleth them all by name. Great is our Lord, and great is his might, and of his understanding there is no measure. The Lord upholdeth the meek; He doth humble the sinner even to the ground. Begin with confession to the Lord; sing psalms to our God upon the harp. To him who doth clothe the heavens with clouds, who maketh

ready the rain for the earth, who maketh grass to grow on the mountains, and herb for the service of man. Who giveth food to the cattle, and to the young ravens that call upon him. He shall not delight in the power of horses, nor is He well-pleased in the limbs of man. The Lord is well-pleased with them that fear him, and with all them that hope in his mercy.

PSALM 147

*Alleluia, of Aggæus and Zacharias*

**P**RAISE the Lord, O Jerusalem; praise thy God, O Zion. For He hath strengthened the bars of thy gates; He hath blessed thy children within thee, who maketh peace on thy boundaries, who doth fill thee with the fatness of wheat. Who doth send forth his decrees upon the earth; his word runneth swiftly. Who giveth snow like wool, who sprinkleth the mist like ashes. Who casteth forth his ice like morsels; in the face of his cold, who shall stand? He shall send forth his word, and shall melt them; He shall breathe his spirit and waters shall flow. Who proclaimeth his word to Jacob, his statutes and his judgments unto Israel. He hath not dealt thus with all nations, and his judgments He hath not manifested unto them.

Glory...

PSALM 148

*Alleluia, of Aggæus and Zacharias*

**P**RAISE ye the Lord of heaven; praise him in the highest. Praise him all his angels; praise ye him all his powers. Praise ye him, sun and moon; praise him all ye stars and light. Praise him, ye heavens of heavens, and the water that is above the heavens. Let the name of the Lord be praised. For He spake and they came into being; He commanded, and they were cre-

ated. He hath established them for ever, and unto ages of ages; He hath laid down a precept, and it shall not pass away. Praise the Lord from the earth, ye serpents, and all ye abysses; fire, hail, snow, ice, stormy winds, which do his word; mountains and all hills, fruit-bearing trees and all cedars, beasts and all cattle; creeping things and feathered birds. Kings of the earth and all people, princes and all judges of the earth, young men and maidens, the old and the younger: let them praise the name of the Lord, for his name alone is exalted; his confession is above earth and heaven, and He shall exalt the horn of his people. A hymn to all his saints is this; to the children of Israel, a people coming nigh to him.

PSALM 149

*Alleluia*

**S**ING unto the Lord a new song; his praise in the church of the saints. Let Israel be glad in him that made him, and let the children of Zion rejoice in their King. Let them praise his name in choir; let them sing psalms to him with timbrel and psaltery. For the Lord is well-pleased with his people, and will exalt the meek unto salvation. The saints shall boast in glory; they shall rejoice in their beds. The exaltation of God shall be in their throats, and two-edged swords in their hands, to work vengeance upon the nations, reproofs among the people; to bind their kings with fetters, and their glorious ones with manacles of iron; to work upon them the judgment that is written: this glory shall be to all his saints.

PSALM 150

*Alleluia*

**O**PRAISE God in his saints, praise him in the establishment of his power. Praise him in his acts of power; praise him

according to the multitude of his greatness. Praise him with the sound of the trumpet; praise him with psaltery and harp. Praise him with timbrel and choir; praise him with strings and organ. Praise him upon well-sounding cymbals; praise him upon cymbals of jubilation. Let every breath praise the Lord.

Glory... now and ever... Alleluia.

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### PSALM 151

*This psalm was written by David himself, and outside the number of the 150 psalms, when he fought in single combat against Goliath*

**S**MALL was I among my brethren, and youngest in my father's house: I tended my father's sheep. My hands made an organ, and my fingers formed a psaltery. And who shall tell my Lord? the Lord himself, he shall hear. He sent forth his angel, and took me from my father's sheep, and annointed me with the oil of his annointing. My brothers are handsome and tall, but the Lord was not pleased with them. I went forth to the meeting with the Philistine, and he cursed me by his idols. But I drew the sword from him, and beheaded him, and took away reproach from the sons of Israel.

THE END  
GLORY BE TO GOD

