

## 40 DAYS OF LENT NEW TESTAMENT READING PROGRAM

*This program is offered to assist the faithful to embrace the discipline of Spiritual Reading during the Fast. It will take you through the whole New Testament in forty days. If you fall behind, you may use Holy Week to finish up.*

### Clean Week

Mon \_\_\_Matthew 1-3 \_\_\_Acts 1-4  
Tue \_\_\_Matthew 4-6 \_\_\_Acts 4-8  
Wed \_\_\_Matthew 7-9 \_\_\_Acts 9-12  
Thurs \_\_\_Matthew 10-12 \_\_\_Acts 13-16  
Fri \_\_\_Matthew 13-15 \_\_\_Acts 17-20  
Sat \_\_\_Matthew 16-18 \_\_\_Acts 21-24  
Sun \_\_\_Matthew 19-21 \_\_\_Acts 25-28

### 2<sup>nd</sup> Week

Mon \_\_\_Matthew 22-24 \_\_\_Romans 1-4  
Tue \_\_\_Matthew 25-26 \_\_\_Romans 5-8  
Wed \_\_\_Matthew 27-28 \_\_\_Romans 9-12  
Thurs \_\_\_Mark 1-3 \_\_\_Romans 13-16  
Fri \_\_\_Mark 4-5 \_\_\_1 Corinthians 1-5  
Sat \_\_\_Mark 6-7 \_\_\_1 Corinthians 6-10  
Sun \_\_\_Mark 8-9 \_\_\_1 Corinthians 11-16

### 3<sup>rd</sup> Week

Mon \_\_\_Mark 10-11 \_\_\_2 Corinthians 1-5  
Tue \_\_\_Mark 12-13 \_\_\_2 Corinthians 6-9  
Wed \_\_\_Mark 14-15 \_\_\_2 Corinthians 10-13  
Thurs \_\_\_Mark 16 Luke 1 \_\_\_Galatians 1-6  
Fri \_\_\_Luke 2-3 \_\_\_Ephesians 1-6  
Sat \_\_\_Luke 4-5 \_\_\_Philippians 1-4  
Sun \_\_\_Luke 6-7 \_\_\_Colossians 1-4

### 4<sup>th</sup> Week

Mon \_\_\_Luke 8-9 \_\_\_1 Thessalonians 1-5  
Tue \_\_\_Luke 10-11 \_\_\_2 Thessalonians 1-3  
Wed \_\_\_Luke 12-13 \_\_\_I Timothy 1-6  
Thurs \_\_\_Luke 14-15 \_\_\_2 Timothy 1-4  
Fri \_\_\_Luke 16-17 \_\_\_Titus 1-3; Philemon  
Sat \_\_\_Luke 18-19 \_\_\_Hebrews 1-5  
Sun \_\_\_Luke 20-21 \_\_\_Hebrews 6-9

### 5<sup>th</sup> Week

Mon \_\_\_Luke 22-23 \_\_\_Hebrews 10-13  
Tue \_\_\_Luke 24 \_\_\_John 1; James 1-5  
Wed \_\_\_John 2-3 \_\_\_1 Peter 1-5  
Thurs \_\_\_John 4-5 \_\_\_2 Peter 1-3  
Fri \_\_\_John 6-7 \_\_\_I John 1-4  
Sat \_\_\_John 8-9 \_\_\_I John 5, 2 John, 3 John, Jude  
Sun \_\_\_John 10-11 \_\_\_Revelation 1-3

### 6<sup>th</sup> Week

Mon \_\_\_John 12-13 \_\_\_Revelation 4-7  
Tue \_\_\_John 14-15 \_\_\_Revelation 8-11  
Wed \_\_\_John 16-17 \_\_\_Revelation 12-15  
Thurs \_\_\_John 18-19 \_\_\_Revelation 16-19  
Fri \_\_\_John 20-21 \_\_\_Revelation 20-22



## 40 DAYS OF LENT OLD TESTAMENT READING PROGRAM: JUDGES TO BABYLON

*This Old Testament reading program will enable one to read the history of God's people Israel from the time of the Judges to the Babylonian Captivity, giving one a broad sense of the flow of Hebrew History.*

### **Clean Week**

Mon \_\_\_Judges 1-3  
Tue \_\_\_Judges 4-5  
Wed \_\_\_Judges 6-8  
Thur \_\_\_Judges 9-12  
Fri \_\_\_Judges 13-16  
Sat \_\_\_Judges 17-21  
Sun \_\_\_Ruth 1-4

### **Second Week** (*Sunday of Orthodoxy*)

Sun \_\_\_I Kingdoms (Samuel) 1-3  
Mon \_\_\_I Kingdoms (Samuel) 4-6  
Tue \_\_\_I Kingdoms (Samuel) 7—8  
Wed \_\_\_I Kingdoms (Samuel) 9-11  
Thur \_\_\_I Kingdoms (Samuel) 12-14  
Fri \_\_\_I Kingdoms (Samuel) 15-16  
Sat \_\_\_I Kingdoms (Samuel) 17-19

### **Third Week** (*Sunday of Gregory Palamas*)

Sun \_\_\_I Kingdoms (Samuel) 20-22  
Mon \_\_\_I Kingdoms (Samuel) 23-25  
Wed \_\_\_I Kingdoms (Samuel) 26-27  
Thur \_\_\_I Kingdoms (Samuel) 28-31  
Fri \_\_\_II Kingdoms (Samuel) 1-3  
Sat \_\_\_II Kingdoms (Samuel) 4-6  
Sun \_\_\_II Kingdoms (Samuel) 7-9

### **Fourth Week** (*Sunday of Cross*)

Sun \_\_\_II Kingdoms (Samuel) 10-12  
Mon \_\_\_II Kingdoms (Samuel) 13-14  
Tue \_\_\_II Kingdoms (Samuel) 15-17  
Wed \_\_\_II Kingdoms (Samuel) 18-20  
Thur \_\_\_II Kingdoms (Samuel) 21-24  
Fri \_\_\_III Kingdoms (I Kings) 1-2  
Sat \_\_\_III Kingdoms (I Kings) 3-5

### **Fifth Week** (*Sunday of Climacus*)

Sun \_\_\_III Kingdoms (I Kings) 6-7  
Mon \_\_\_III Kingdoms (I Kings) 8-10  
Tue \_\_\_III Kingdoms (I Kings) 11-14  
Wed \_\_\_III Kingdoms (I Kings) 15-16  
Thur \_\_\_III Kingdoms (I Kings) 17-19  
Fri \_\_\_III Kingdoms (I Kings) 20-22  
Sat \_\_\_IV Kingdoms (2 Kings) 1-3

### **Sixth Week** (*Sunday of Mary of Egypt*)

Sun \_\_\_IV Kingdoms (2 Kings) 4-7  
Mon \_\_\_IV Kingdoms (2 Kings) 8-10  
Tue \_\_\_IV Kingdoms (2 Kings) 11-13  
Wed \_\_\_IV Kingdoms (2 Kings) 14-17  
Thur \_\_\_V Kingdoms (2 Kings) 18-20  
Fri \_\_\_IV Kingdoms (2 Kings) 21-23  
Sat \_\_\_IV Kingdoms (2 Kings) 24-25