

40 DAYS OF LENT NEW TESTAMENT READING PROGRAM

This program is offered to assist the faithful to embrace the discipline of Spiritual Reading during the Fast. It will take you through the whole New Testament in forty days. If you fall behind, you may use Holy Week to finish up. If reading the whole NT is too much, you may choose either the Gospels or the Epistles.

Clean Week

Mon ___Matthew 1-3 ___Acts 1-4
Tue ___Matthew 4-6 ___Acts 4-8
Wed ___Matthew 7-9 ___Acts 9-12
Thurs ___Matthew 10-12 ___Acts 13-16
Fri ___Matthew 13-15 ___Acts 17-20
Sat ___Matthew 16-18 ___Acts 21-24
Sun ___Matthew 19-21 ___Acts 25-28

2nd Week

Mon ___Matthew 22-24 ___Romans 1-4
Tue ___Matthew 25-26 ___Romans 5-8
Wed ___Matthew 27-28 ___Romans 9-12
Thurs ___Mark 1-3 ___Romans 13-16
Fri ___Mark 4-5 ___1 Corinthians 1-5
Sat ___Mark 6-7 ___1 Corinthians 6-10
Sun ___Mark 8-9 ___1 Corinthians 11-16

3rd Week

Mon ___Mark 10-11 ___2 Corinthians 1-5
Tue ___Mark 12-13 ___2 Corinthians 6-9
Wed ___Mark 14-15 ___2 Corinthians 10-13
Thurs ___Mark 16 Luke 1 ___Galatians 1-6
Fri ___Luke 2-3 ___Ephesians 1-6
Sat ___Luke 4-5 ___Philippians 1-4
Sun ___Luke 6-7 ___Colossians 1-4

4th Week

Mon ___Luke 8-9 ___1 Thessalonians 1-5
Tue ___Luke 10-11 ___2 Thessalonians 1-3
Wed ___Luke 12-13 ___I Timothy 1-6
Thurs ___Luke 14-15 ___2 Timothy 1-4
Fri ___Luke 16-17 ___Titus 1-3; Philemon
Sat ___Luke 18-19 ___Hebrews 1-5
Sun ___Luke 20-21 ___Hebrews 6-9

5th Week

Mon ___Luke 22-23 ___Hebrews 10-13
Tue ___Luke 24 ___John 1; James 1-5
Wed ___John 2-3 ___1 Peter 1-5
Thurs ___John 4-5 ___2 Peter 1-3
Fri ___John 6-7 ___I John 1-4
Sat ___John 8-9 ___I John 5, 2 John, 3 John, Jude
Sun ___John 10-11 ___Revelation 1-3

6th Week

Mon ___John 12-13 ___Revelation 4-7
Tue ___John 14-15 ___Revelation 8-11
Wed ___John 16-17 ___Revelation 12-15
Thurs ___John 18-19 ___Revelation 16-19
Fri ___John 20-21 ___Revelation 20-22



40 DAYS OF LENT OLD TESTAMENT READING PROGRAM: WISDOM LITERATURE

This Old Testament reading program will enable one to read the much of the Wisdom Literature of the Old Testament in addition to Proverbs and Job which are appointed to be read at weekday Vespers during the Fast. One may choose one program or the other, both, or neither.

Clean Week

Mon ___ Ecclesiastes 1-2
Tue ___ Ecclesiastes 3-4
Wed ___ Ecclesiastes 5-6
Thur ___ Ecclesiastes 7-8
Fri ___ Ecclesiastes 9-10
Sat ___ Ecclesiastes 11-12
Sun ___ Wisdom of Sirach 1-2

Second Week (*Sunday of Orthodoxy*)

Sun ___ Wisdom of Sirach 1-2
Mon ___ Wisdom of Sirach 3-4
Tue ___ Wisdom of Sirach 5-6
Wed ___ Wisdom of Sirach 7-8
Thur ___ Wisdom of Sirach 9-10
Fri ___ Wisdom of Sirach 11-12
Sat ___ Wisdom of Sirach 13-14

Third Week (*Sunday of Gregory Palamas*)

Sun ___ Wisdom of Sirach 15-16
Mon ___ Wisdom of Sirach 17-18
Wed ___ Wisdom of Sirach 19-20
Thur ___ Wisdom of Sirach 21-22
Fri ___ Wisdom of Sirach 23-24
Sat ___ Wisdom of Sirach 25-26
Sun ___ Wisdom of Sirach 27-28

Fourth Week (*Sunday of Cross*)

Sun ___ Wisdom of Sirach 29-30
Mon ___ Wisdom of Sirach 31-32
Tue ___ Wisdom of Sirach 33-34
Wed ___ Wisdom of Sirach 35-36
Thur ___ Wisdom of Sirach 37-38
Fri ___ Wisdom of Sirach 39-40
Sat ___ Wisdom of Sirach 41-42

Fifth Week (*Sunday of Climacus*)

Sun ___ Wisdom of Sirach 43
Mon ___ Wisdom of Sirach 44-45
Tue ___ Wisdom of Sirach 46-47
Wed ___ Wisdom of Sirach 48-49
Thur ___ Wisdom of Sirach 50-51
Fri ___ Wisdom of Solomon 1-2
Sat ___ Wisdom of Solomon 3-4

Sixth Week (*Sunday of Mary of Egypt*)

Sun ___ Wisdom of Solomon 5-6
Mon ___ Wisdom of Solomon 7-8
Tue ___ Wisdom of Solomon 9-10
Wed ___ Wisdom of Solomon 11-12
Thur ___ Wisdom of Solomon 13-14
Fri ___ Wisdom of Solomon 15-16
Sat ___ Wisdom of Solomon 17-18

Holy Week

___ Wisdom of Solomon 19