Troparia of the Resurrection for Sunday

Resurrectional Troparion, tone 1
When the stone had been sealed by the Jews / and the soldiers were guarding Thine immaculate body, / Thou didst rise on the third day, O Savior, / granting life to the world. / The powers of heaven, therefore cried to Thee, O Giver of life: / Glory to the Resurrection, O Christ! / Glory to Thy Kingdom! / Glory to Thy dispensation, O only Lover of man.

Resurrectional Troparion, tone 2
When Thou didst descend to death, O Life Immortal / Thou didst slay Hell with the lightning-flash of Thy Divinity, / and, when from the nether regions Thou didst raise the dead, / all the powers of Heaven cried out: / ‘O Giver of life, Christ our God, glory to Thee!’

Resurrectional Troparion, Tone 3
Let those in Heaven rejoice, / let those on Earth be glad; / for the Lord hath wrought a mighty act with His arm. / He hath trampled down death by death; / He hath become the first-born of the dead. / From the womb of hell hath He delivered us, // and hath granted the world great mercy.

Resurrectional Troparion, tone 4
Having learned the radiant proclamation of the Resurrection from the Angel, / the women disciples of the Lord cast off the ancestral curse, / and, boasting, told the Apostles: / Death hath been despoiled, Christ God is risen, / granting the world great mercy.

Resurrectional Troparion, tone 5
Let us the faithful hymn and worship the Word / who with the Father and the Spirit hath no beginning, / and was born for our salvation of the Virgin; / for He was pleased to ascend the Cross in the flesh, / and to endure death / and to raise the dead / by His glorious Resurrection.

Resurrectional Troparion, tone 6
The angelic powers were at Thy tomb / and the guards became as dead men, / Mary stood by Thy grave, / seeking Thine immaculate body, / Thou didst despoil hell, not being tempted by it, / Thou didst go to meet the Virgin granting life, / O Lord, who didst rise from the dead, / glory to Thee.

Resurrectional Troparion, tone 7
By Thy Cross Thou didst destroy death. / To the thief Thou didst open Paradise. / For the myrrh-bearers Thou didst change their lamentation into joy. / And Thou didst command Thine Apostles, O Christ God, / to proclaim that Thou art risen, / granting unto the world great mercy.

Resurrectional Troparion, tone 8
Thou didst descend from on high, O tenderhearted One. / Thou didst accept the three-day burial to free us from our passions. / O Lord, our life and resurrection, glory to Thee!
Kontakia of the Resurrection for Sunday

Resurrecional Kontakion, tone 1
Thou hast risen from the grave as God in glory / and Thou didst raise the world with Thee, / and human nature hymneth Thee as God, / and death hath vanished. / Adam exulteth, O Master, / and Eve, delivered from her bondage, now rejoiceth, crying: / Thou, O Christ, / art He who granteth to all the Resurrection!

Resurrecional Kontakion, tone 2
Thou didst rise from the grave, all-powerful Savior; / and Hades, seeing the wonder, was affrighted; / and the dead arose; and creation, beholding, rejoiceth with Thee; / and with Thee Adam also is glad; / and the world, O my Saviour, hymneth Thee forever.

Resurrecional Kontakion, Tone 3
Today Thou didst rise from the grave, O compassionate One, / and didst lead us away from the gates of death. / Today Adam exulteth, and Eve rejoiceth. / Together with the prophets and patriarchs // they unceasingly hymn the Divine might of Thine authority.

Resurrecional Kontakion, tone 4
My Saviour and Deliverer as God/ hath raised out of the grave the earth-born from their bonds / and He hath shattered the gates of hell / and as Master / He hath risen on the third day.

Resurrecional Kontakion, tone 5
Thou didst descend to Hades, O my Savior; / and, having shattered its gates as all-powerful; / Thou as Creator didst raise the dead with Thee; / and Thou didst destroy the sting of death, / and Adam hath been delivered from the curse, O Lover of Man. / Wherefore, we all cry: Save us, O Lord!

Resurrecional Kontakion, tone 6
With his life-originating palm, from the valleys of gloom, / the Life-giver Christ God hath raised all the dead. / He hath bestowed resurrection on the human race, / for He is the Savior of all, the Resurrection, and Life, and God of all.

Resurrecional Kontakion, tone 7
The dominion of death can no longer hold men captive, / for Christ descended, shattering and destroying its powers. / Hell is bound, while the prophets rejoice and cry: / the Savior hath come to those in faith. / Enter, ye faithful, into the Resurrection.

Resurrecional Kontakion, tone 8
Having risen from the tomb Thou didst waken the dead and raise Adam, / and Eve exulteth in Thy Resurrection, / and the ends of the world keep festival for Thy rising from the dead, O Most Merciful One.
Festal Troparia & Kontakia

September 8: Nativity of the Theotokos

_Nativity of the Theotokos, Troparion, tone 4_
Thy Nativity, O Virgin, hath proclaimed joy to the whole universe! The Sun of Righteousness, Christ our God, hath shone from thee, O Theotokos! By annulling the curse, He bestowed a blessing. By destroying, death He hath granted us eternal life.

_Nativity of the Theotokos, Kontakion, tone 4_
By thy Nativity, O most pure Virgin, Joachim and Anna are freed from barrenness; Adam and Eve, from the corruption of death. And we, thy people, freed from the guilt of sin, celebrate and sing to thee: the barren woman giveth birth to the Theotokos, the Nourisher of our Life.

September 14: Elevation of the Precious Cross

_Elevation of the Cross, Troparion tone 1_
O Lord, save Thy people and bless Thine inheritance. Grant victory to Orthodox Christians over the enemy; and by Thy Cross preserve Thine estate.

_Elevation of the Cross, Kontakion tone 4_
As Thou wast voluntarily crucified for our sake, so grant mercy, O Christ God, to those who are called by Thy name; make all Orthodox Christians glad by Thy power, granting them victories over the enemy, by bestowing on them the invincible trophy, Thy weapon of peace.

October 2: Protection of the Theotokos

_Protection of the Theotokos, Troparion, tone 4_
Overshadowed by thy coming, O Mother of God, we, the right faithful people, celebrate today with splendor, and gazing at thine all-precious image, we say with compunction: Cover us with thy precious omophorion, and deliver us from all evil, entreating thy Son, Christ our God, that He save our souls.

_Protection of the Theotokos, Kontakion, tone 3_
Today in the church the Virgin standeth forth, and with the choirs of the saints she invisibly prayeth to God for us. Angels and hierarchs offer homage, and the apostles and prophets join chorus; for for our sake the Theotokos entreateth the pre-eternal God.
November 21: Entrance of the Theotokos into the Temple

Entrance of Theotokos, Troparion, tone 4
Today is the prelude of the good will of God, / of the preaching of the salvation of mankind. / The Virgin appeareth in the temple of God, / in anticipation proclaiming Christ to all. / Let us rejoice and sing to her: / Rejoice, O Fulfillment / of the Creator's dispensation.

Entrance of Theotokos, Kontakion, tone 4
The all-pure Temple of the Savior, / the precious Bridal Chamber and Virgin, / the sacred treasure of the glory of God, / is led today into the house of the Lord, / and with her she bringeth the grace of the divine Spirit. / Of her God's angels sing in praise: // “She is indeed the heavenly Tabernacle.”

Nativity of the Lord, December 25

Nativity, Troparion, tone 4
Thy Nativity, O Christ our God / hath shone upon the world the light of wisdom. / For by it, those who worshipped the stars / were taught by a star to adore Thee, / the Sun of Righteousness, / and to know Thee, the Orient from on high. // O Lord, glory to Thee!

Nativity, Kontakion, tone 3 (By St. Romanos the Melode)
Today the Virgin giveth birth to the Transcendent One, / and the earth offereth a cave to the Unapproachable One! / Angels with Shepherds glorify Him! / The wise men journey with the star: // since for our sake the eternal God was born as a little child!

Theophany of the Lord, January 6

Theophany, Troparion, tone 1
When Thou, O Lord wast baptized in the Jordan / the worship of the Trinity was made manifest. / For the voice of the Father bare witness to Thee, / naming Thee His beloved Son. / And the Spirit, in the form of dove, / confirmed the certainty of that word. / O Christ our God, who hast manifested Thyself and enlightened the world // glory to Thee.

Theophany, Kontakion, tone 4
Today Thou hast appeared to the universe / and Thy Light, O Lord, hath shone on us, / who with understanding praise Thee: / Thou hast come and revealed Thyself, // O Light unapproachable!
February 2: The Meeting of Our Lord in the Temple

Meeting of the Lord, Troparion, tone 1
Rejoice, O Virgin Theotokos full of grace, / for from thee hath shone forth the Sun of Righteousness, Christ our God, / who doth illumine those in darkness. / Be glad also, thou righteous elder, / for thou hast received in thine arms the Deliverer of our souls, / who bestoweth upon us Resurrection.

Meeting of the Lord, Kontakion, tone 1
Thou who hast sanctified by Thy birth a virgin womb / and fittingly blessed the hands of Simeon, / art come, O Christ our God, and on this day hast saved us. / Give peace to thy commonwealth in time of battle / and strengthen the Orthodox people whom Thou hast loved, / O Thou who alone lovest mankind.

March 25: Annunciation

Annunciation, Troparion, tone 4
Today is the crown of our salvation / and the revelation of the mystery which is from before the ages! / The Son of God becometh the Son of the Virgin, / and Gabriel announceth the glad tidings of grace. / Wherefore, with him let us cry out to the Theotokos: / Rejoice, O thou who art full of grace! / / The Lord is with thee!

Annunciation, Kontakion, tone 8
O victorious leader of triumphant hosts! / We thy servants, delivered from evil, / sing our grateful thanks to thee, O Theotokos! / As thou possessest invincible might set us free from every calamity / / so that we may sing: Rejoice, O unwedded Bride!

Entrance of our Lord into Jerusalem (Palm Sunday)

Entry of Our Lord into Jerusalem, Troparion tone 1
By raising Lazarus from the dead before Thy Passion, / Thou didst confirm the universal resurrection, O Christ God! / Like the children with the palms of victory, / we cry out to Thee, O Vanquisher of Death: / hosanna in the highest! / Blessed is He that cometh in the name of the Lord!

Entry of Our Lord into Jerusalem, Troparion tone 4
When we were buried with Thee in Baptism, O Christ God, / we were made worthy of eternal life by Thy Resurrection! / Now we praise Thee and sing: / Hosanna in the highest! / / Blessed is He that cometh in the name of the Lord!

Entry of Our Lord into Jerusalem, Kontakion tone 6
Seated in Heaven upon Thy throne / and on earth upon a foal / O Christ our God, / Thou hast accepted the praise of the Angels / and the songs of the children who cried out to Thee: / “Blessed art Thou that comest to call back Adam.”
Ascension of the Lord Ascension, Troparion, tone 4
Thou hast ascended in glory, O Christ our God, / granting joy to Thy disciples by the promise of the Holy Spirit. / Through the blessing they were assured / that Thou art the Son of God, / the Redeemer of the world.

Ascension, Kontakion, tone 6
When Thou didst fulfill the dispensation for our sake, / and unite earth to heaven; / Thou didst ascend in glory, O Christ our God, / not being parted from those who love Thee, / but remaining with them and crying: / I am with you and no one will be against you!

Pentecost Pentecost, Troparion, tone 8
Blessed art Thou, O Christ our God, / who hast revealed the fishermen as most wise / by sending down upon them the Holy Spirit; / through them Thou didst draw the world into Thy net. / O Lover of Man, glory to Thee!

Pentecost, Kontakion, tone 8
When the Most High came down and confused the tongues, He divided the nations; / but when He distributed tongues of fire, He called all to unity. / Therefore, with one voice, we glorify the All-holy Spirit!

August 6: The Holy Transfiguration of our Lord and Savior Jesus Christ Transfiguration, Troparion, tone 7
Thou wast transfigured upon the mountain, O Christ God, / showing Thy glory to Thy disciples as far as they could bear it. / Through the prayers of the Theotokos, / make Thine everlasting light shine also upon us sinners. / O Giver of Light, glory to Thee!

Transfiguration, Kontakion, tone 7
Upon the mountain wast Thou transfigured, O Christ God, / and Thy disciples beheld Thy glory as far as they could see it; / so that when they would behold Thee crucified, / they would understand that Thy suffering was voluntary, / and would proclaim to the world / that Thou art truly the Radiance of the Father.

August 15: Dormition of the Theotokos Dormition Troparion, tone 1
In giving birth, thou didst preserve thy virginity, / in falling asleep thou didst not forsake the world, O Theotokos. Thou wast translated to life, O thou who art the Mother of Life, / and by thy prayers thou dost deliver our souls from death.

Dormition, Kontakion, tone 2
Neither the tomb nor death could hold the Theotokos, / who is constant in prayer and our firm hope in her intercessions. / For being the Mother of Life, she was translated to life / by the One who dwelt in her virginal womb.