

TYPICA SERVICE

To Be Read at Home When One Cannot Attend Divine Liturgy on Sundays or
Great Feasts

*If you don't read the Third and Sixth Hour, or at least the Third, it would be good to begin
with the usual beginning:*

*Through the prayers of our Holy Fathers Lord Jesus Christ Son of God have mercy on us.
Amen.*

Glory to Thee, our God, Glory to Thee.

O Heavenly King...

Holy God...

Glory...now and ever...

All Holy Trinity have mercy on us...

Lord, have mercy. (3)

Glory...now and ever...

Our Father

*Through the prayers of our Holy Fathers Lord Jesus Christ Son of God have mercy on us.
Amen.*

Read the Third Hour and Sixth Hour (and the Ninth if desired) and then begin thus:

First Antiphon, Psalm 102 (103)

Bless the Lord, O my soul! Blessed art Thou, O Lord.

Bless the Lord, O my soul, and all that is within me bless His holy name.

Bless the Lord, O my soul, and forget not all His benefits:

Who cleanseth all thy transgressions, Who healeth all thine infirmities,

Who redeemeth thy life from destruction, who crowneth thee with mercy and
compassion,

Who satisfieth thy desire with good things, thy youth shall be renewed like an
eagle's.

The Lord worketh mercies and judgment for all that are wronged. He made
known His ways unto Moses, His will to the children of Israel.

Compassionate and merciful is the Lord, long-suffering and of great mercy.

He will not be wroth until the end; nor will He keep His anger forever.

Not according to our sins hath He dealt with us, nor according to our
transgressions hath He rewarded us.

For as high as the heaven is above the earth, the Lord hath strengthened His
mercy toward them that fear Him.

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As far as the east is from the west, so far hath He removed our transgressions from us.

As a father is compassionate to his children, so is the Lord compassionate to them that fear Him.

For He knew our frame, He remembered that we are dust.

As for man his days are as grass; as the flower of the field so shall he flourish; for the spirit passeth in him, and he shall not be: the place thereof shall know it no more.

But the mercy of the Lord is from ages to ages on those that fear Him; and His righteousness upon children's children, to such as keep His covenant and remember His commandments to do them.

The Lord hath prepared His throne in heaven; and His Kingdom shall be master over all.

Bless the Lord, all ye His angels powerful in might, that do His word hearing the voice of His words.

Bless the Lord, all ye His powers, ye servants of His that do His will.

Bless the Lord, all ye His works, in every place of His dominion.

Bless the Lord, O my soul!

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

Bless the Lord, O my soul! and all that is within me bless His holy name; blessed art Thou, O Lord

Second Antiphon, Psalm 145

Glory to the Father, and to the Son, and to the Holy Spirit.

Praise the Lord, O my soul! I will praise the Lord in my life; I will sing unto my God as long as I shall be.

Trust not in princes, in the sons of men, in whom there is no salvation.

His spirit shall go forth, and he shall return to his earth; in that day all his thoughts shall perish.

Blessed is he who hath the God of Jacob for his helper, whose hope is in the Lord his God,

Who made heaven and earth, the sea and all that is in them,

Who keepeth truth forever, Who worketh judgment for them that are wronged, Who giveth food to the hungry.

The Lord looseth them that are fettered; the Lord maketh wise the blind; the Lord setteth up them that are cast down; the Lord loveth the righteous.

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The Lord watcheth over the stranger, He shall uphold the orphan and the widow, but He shall destroy the way of the sinner.

The Lord shall be King forever, thy God, O Zion, from generation to generation.

Now and ever, and unto ages of ages. Amen.

Only-Begotten Son

Only-begotten Son and Immortal Word of God,
Who for our salvation didst deign to be incarnate
of the holy Theotokos and ever-Virgin Mary,
who without change didst become man
and wast crucified, O Christ our God, trampling down death by death
who art one of the Holy Trinity,
glorified with the Father and the Holy Spirit:
Save us!

Third Antiphon, Beatitudes

In Thy Kingdom, remember us, O Lord, when Thou comest in Thy Kingdom.

Blessed are the poor in spirit, for theirs is the Kingdom of heaven.

Blessed are they that mourn, for they shall be comforted.

Blessed are the meek, for they shall inherit the earth.

Blessed are they that hunger and thirst after righteousness, for they shall be sated.

Blessed are the merciful, for they shall obtain mercy.

Blessed are the clean of heart, for they shall see God.

Blessed are the peacemakers, for they shall be called the children of God.

Blessed are they which are persecuted for righteousness' sake, for theirs is the Kingdom of heaven.

Blessed are ye when men shall revile you and persecute you, and shall say every evil against you falsely for my sake.

Rejoice and be glad, for great is your reward in heaven.

If you will, read here the prokeimenon (tone of the week on Sunday, for the day on weekdays), the Epistle (on the wall calendar), the alleluia verses, and the Gospel (on the wall calendar) as appointed.

Glory to the Father, and to the Son, and to the Holy Spirit.

Both now and ever, and unto ages of ages. Amen.

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The heavenly choir doth hymn thee and say: Holy, Holy, Holy, Lord of Sabaoth, heaven and earth are full of Thy glory.

verse: Draw nigh to Him and be enlightened, and your faces shall not be ashamed.

The heavenly choir doth hymn thee and say: Holy, Holy, Holy, Lord of Sabaoth heaven and earth are full of Thy glory.

Glory to the Father, and to the Son, and to the Holy Spirit.

The choir of the holy angels and archangels, with all the heavenly powers, hymn thee and say: Holy, Holy, Holy, Lord of Sabaoth, heaven and earth are full of Thy glory.

Now and ever, and unto ages of ages. Amen.

The Symbol of Faith (*Nicene Creed*)

I believe in one God, the Father Almighty, Maker of heaven and earth, and of all things visible and invisible.

And in one Lord, Jesus Christ, the Son of God, the Only-begotten, begotten of the Father before all ages; Light of Light, true God of true God; begotten, not made; of one essence with the Father; by whom all things were made.

Who for us men and our salvation came down from heaven, and was incarnate of the Holy Spirit and the Virgin Mary, and became man. And was crucified also for us under Pontius Pilate, and suffered and was buried; and the third day He rose again according to the Scriptures; and ascended into heaven and sitteth at the right hand of the Father.

And He shall come again with glory to judge the living and the dead; of His kingdom there shall be no end.

And in the Holy Spirit, the Lord, the Giver of life, who proceedeth from the Father, who with the Father and the Son together is worshipped and glorified, who spake by the prophets.

In one holy, catholic, and apostolic Church;

I confess one baptism for the forgiveness of sins;

I look for the resurrection of the dead, and the life of the age to come. Amen.

Remit, absolve, and pardon, O God, our transgressions voluntary and involuntary, in word and in deed, in knowledge and in ignorance, by night and

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by day, in mind and in intention: pardon us all, for Thou art good and lovest man.

Our Father, who art in heaven, hallowed be Thy name. Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our debts as we forgive our debtors. And lead us not into temptation, but deliver us from the evil one. Through the prayers of our holy fathers, Lord Jesus Christ Son of God have mercy on us. Amen.

Kontakion of the Resurrection in the tone of the week or of the Feast

Kontakia of the Resurrection for Sunday

Resurrectional Kontakion, tone 1

Thou hast risen from the grave as God in glory / and Thou didst raise the world with Thee, / and human nature hymneth Thee as God, / and death hath vanished. / Adam exulteth, O Master, / and Eve, delivered from her bondage, now rejoiceth, crying: / Thou, O Christ, / art He who granteth to all the Resurrection!

Resurrectional Kontakion, tone 2

Thou didst rise from the grave, all-powerful Savior; / and Hades, seeing the wonder, was affrighted; / and the dead arose; and creation, beholding, rejoiceth with Thee; / and with Thee Adam also is glad; / and the world, O my Saviour, hymneth Thee forever.

Resurrectional Kontakion, Tone 3

Today Thou didst rise from the grave, O compassionate One, / and didst lead us away from the gates of death. / Today Adam exulteth, and Eve rejoiceth. / Together with the prophets and patriarchs // they unceasingly hymn the Divine might of Thine authority.

Resurrectional Kontakion, tone 4

My Saviour and Deliverer as God/ hath raised out of the grave the earth-born from their bonds / and He hath shattered the gates of hell / and as Master / He hath risen on the third day.

Resurrectional Kontakion, tone 5

Thou didst descend to Hades, O my Savior; / and, having shattered its gates as all-powerful; / Thou as Creator didst raise the dead with Thee; / and Thou

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didst destroy the sting of death, / and Adam hath been delivered from the curse, O Lover of Man. / Wherefore, we all cry: Save us, O Lord!

Resurrectional Kontakion, tone 6

With his life-originating palm, from the valleys of gloom, / the Life-giver Christ God hath raised all the dead. / He hath bestowed resurrection on the human race, / for He is the Savior of all, the Resurrection, and Life, and God of all.

Resurrectional Kontakion, tone 7

The dominion of death can no longer hold men captive, / for Christ descended, shattering and destroying its powers. / Hell is bound, while the prophets rejoice and cry: / the Savior hath come to those in faith. / Enter, ye faithful, into the Resurrection.

Resurrectional Kontakion, tone 8

Having risen from the tomb Thou didst waken the dead and raise Adam, / and Eve exulteth in Thy Resurrection, / and the ends of the world keep festival for Thy rising from the dead, O Most Merciful One.

Lord, have mercy. (12)

All holy Trinity, consubstantial Might, Kingdom undivided, Source of all good things, be gracious also unto me a sinner. Establish and give understanding to my heart, and take away from me every defilement. Enlighten my mind, that I may continually glorify, hymn, and worship Thee, and say: One is holy, one is Lord, Jesus Christ, in the glory of God the Father. Amen.

Blessed be the Name of the Lord, henceforth and forevermore. (*thrice*)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

Psalm 33

I will bless the Lord at all times; His praise shall be continually in my mouth. In the Lord, my soul shall make her boast; let the meek hear and be glad. O magnify the Lord with me; and let us exalt His name together. I sought the Lord and He heard me; and delivered me from all mine afflictions. Draw nigh to Him and be enlightened; and your faces shall not be ashamed. This poor one cried and the Lord heard him, and saved him from all his tribulations. The angel of the Lord shall encamp round about them that fear him and shall deliver them. Taste and see that the Lord is good; blessed is the man that hopeth in Him. Fear the Lord all ye His Saints, for there is no lack for them

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that fear Him. The rich have become poor and hungry, but they that seek the Lord shall not want any good thing. Come, ye children, hearken unto me; the fear of the Lord will I teach you. Who is the man that wanteth life, loving to see good days? Withhold thy tongue from evil and thy lips that they speak no deceit. Shun evil and do good; seek peace and pursue it. The eyes of the Lord are upon the righteous and His ears unto their prayers. But the face of the Lord is upon them that do evil, to blot out their memory from the earth. The righteous cried, and the Lord heard them, and delivered them from all their tribulations. The Lord is nigh to them that are of a broken heart, and He shall save the humble in spirit. Many are the tribulations of the righteous, but out of them all shall the Lord deliver them. The Lord keepeth all their bones, and not one of them shall be broken. The death of sinners is evil, and they that hate the righteous shall offend. The Lord shall deliver the souls of His servants, and none of them that hope in Him shall offend.

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

Lord, have mercy. (3)

Through the prayers of our holy fathers, of our holy [*patron saint(s)*], and of the holy [*saint of the day*], O Lord Jesus Christ, have mercy on us, and save us. Amen.